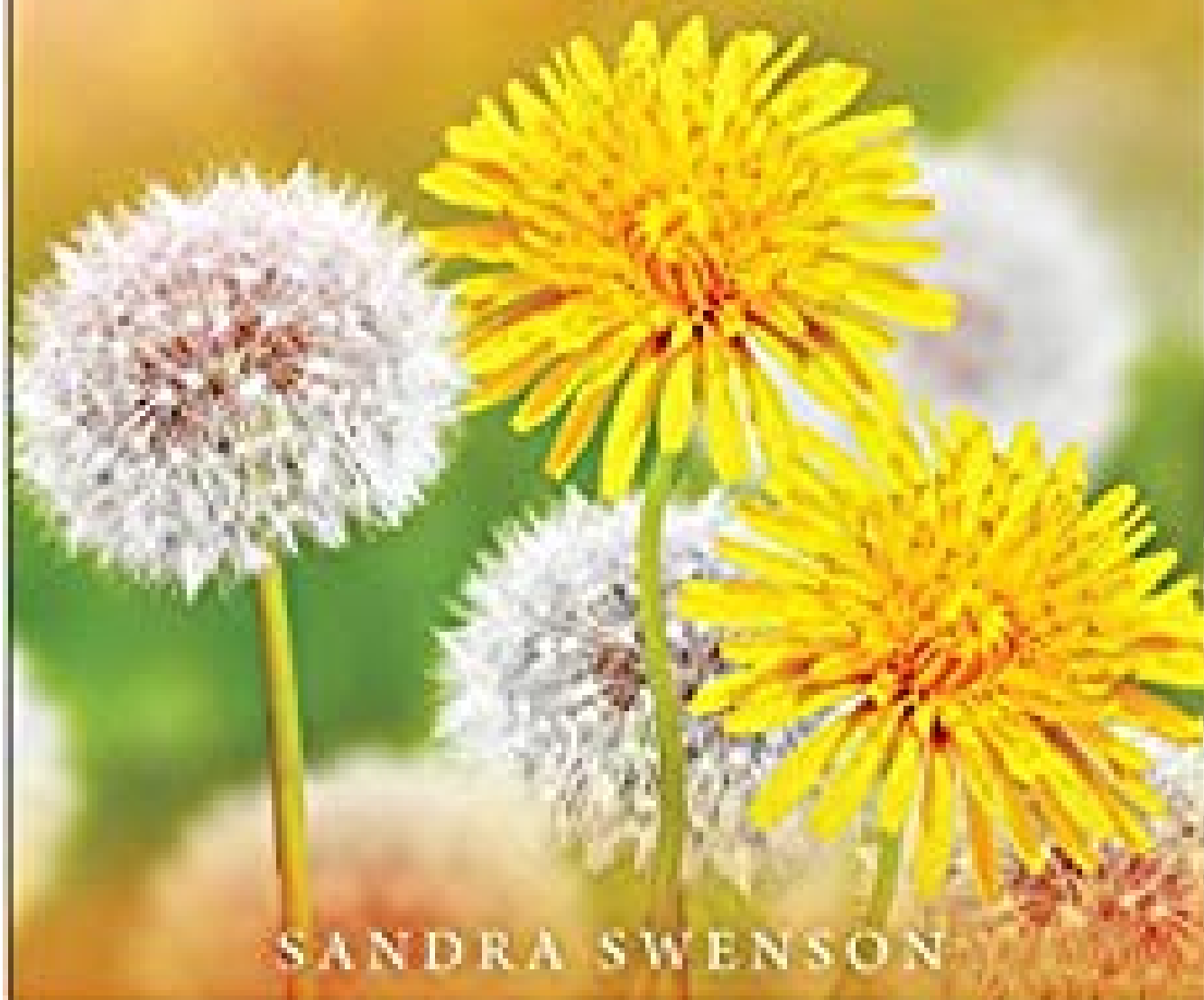


# TENDING DANDELIONS

HONEST MEDITATIONS FOR  
MOTHERS WITH ADDICTED CHILDREN



SANDRA SWENSON

( HAZELDEN )  
MEDITATIONS

Sandra Swenson

## Tending Dandelions: Honest Meditations for Mothers with Addicted Children (Hazelden Meditations)



[continue reading](#)

Moms of addicted and alcoholic kids share a deep connection—one that is rarely understood by anyone who have hasn't Sandra Swenson, author of *Sharing our perspectives helps us all grow stronger, together.* "Most of us need to take a closer look at the things we' By posting the realities we under no circumstances expected our family members to face, mothers of addicted kids support each other through experiences that can only end up being feared and imagined by others. Along the way, we plant gorgeous roses only to be wounded by their thorns, and we pull up unwanted dandelions that, at times, are our only source of wishes.by giving moments of recognition, confession, and healing for individuals who are realizing that recovery rarely follows a neat or comfortable route. From our shared struggles emerge possibilities for personal development.Tending Dandelions is an essential way to obtain wisdom, support, and power that helps us start our own trip of recovery.These meditations continue the tradition of Hazelden's beloved group of daily readings ve avoided—the items lurking around in this place where love and addiction meet—so we're seeing that strong as we can be." —t experienced an identical route.Tending Dandelions



[continue reading](#)

Best book for trying circumstances I actually don't write many evaluations. I have no doubt this book will change lives for the better. The author's power and resilience when confronted with her own personal struggle with her addicted son give hope and inspiration to those suffering a similar battle.. And maybe, most significant, to keep loving their child through the ravages of a disease that leaves no-one unscathed. The writer has turned her deep pain into a precious present for others. A beautiful book of heartfelt and honest reflections for anybody who has a child whose lifestyle has been overtaken simply by addiction. Loved "The Joey Song" and also love Sandy's newest book ... This is a comfort to me to read one section every night as I try to put all the uncertainties and fears apart for another day. I've had this reserve for a long period and I still pick it up every day and read a passage. Many thanks Sandra. Thank you, Sandra Tending Dandelions may be the first book I have encountered which deals with the confusion, discomfort, guilt, shame, fear, and love that people mothers of addicted kids face every day. Loved "The Joey Song" and also love Sandy's newest book "Tending Dandelions"! Thank you, Sandra, for this book. Medicine for Mother's of Addicts An epidemic of grieving, broken, distraught, conflicted, and confused family members follows in the wake of the current opioid addiction epidemic in america. Nothing can prepare households for the challenges of loving an addict. All family members and friends are affected when a loved one crosses from what Swenson describes because the line of Attempting to get high to Having to get high.. Swenson is among these mothers. A mom for whom, a fellow parent of a grown-up addict lately quipped, "no one provides a casserole." Addiction is a secret subject, a disease viewed as a moral shortcoming. Family and friends don't know what to say. Loving an addict is definitely a lonely place. And that your best is enough. I've enjoyed Sandy Swenson's books so very much I've liked Sandy Swenson's books so very much. This should maintain every counselor's bookshelf.. It's such as a hug when you need it the most. She's felt my discomfort and my wish. This is THE greatest book to read of applying for grants addiction from a mom's view. I lost my child in April to an overdose. .. This reserve is no different.. This reserve is so truthful in what families especially moms proceed through with the addiction problem. She hits the nail on the top with each page. I admire the author's mission to break the silence encircling addiction by educating about the disease and guiding parents of addicted children to find their method to serenity.. Our Thoughts Many thanks Sandy for putting the thoughts and lives of so many of us moms into words. Recommend this small but highly effective book to moms/parents who love and live their lives through addiction. Very helpful to parents and to all the members of the family of an addicted person. I gave this book to many friends and it had been very useful to them. Cathartic actually, to read and know they are not alone. Sandra puts into terms so a lot of things about the disease of addiction; Incredible book. Actually emphasizing how exactly to help the person rather than the addiction, and mainly, how exactly to help oneself if you're the parent or sibling or friend of an addicted person. More often than not, these things have become hard to place into phrases, but Sandra will it beautifully, in a compassionate, non-judgemental way. The Joey melody is wonderful I suggest that to everyone who has a loved one who is in energetic addiction. We WILL be together again and for the time being I'll do my best to live my life to the fullest just as my son could have wanted his family to do. You have helped many by sharing your experiences and emotions through this book. It will give a tone of voice to all or any the thoughts you haven't had the opportunity to vocalize. Very good read Wife loved it Healing journey for moms I found this publication at the exact moment in my life that We needed it, If your mother of an addict, this publication says what we think, puts into phrases what we cannot, touches our

core, and helps us in our very own healing journey. I can pick up either publication, browse a paragraph and get the perfect reminder to take time for myself, understand that I did so not cause my child's addiction and, despite the fact that we lost our boy to this horrific disease, feel a sense of peace overcome me. I lost my child in April to an overdose. But there exists a special place in this hellishness, I really believe, for mom's. It always appears to be exactly what I have to hear. how it affects a mother or father and other family members. Sandy never disappoints. Great book. Extremely supportive for us mothers going through tough times with our addict kids and losses there of. I also recommend "The Joey Song" Writer Sandy Swenson with her psychological story about her child and "How to let move" of your addict. I'm not alone Such a poignant and heartfelt account of 1 Mother's journey through the affects of addiction. Daily reminders that we are in this together and no one should face addiction alone. Thank you Sandra for sharing. A beautiful reserve of reflections that provide hope and inspiration for any one who includes a kid with addiction. Too lazy. If you're going through this, you will notice yourself on nearly every web page. I can't say enough good about this compilation of thoughts! I really like this book. Too active. Wishing you the most effective! And it will make one feel as if you've completed the best you can with the trial you've been given. Tender Dandelions is in no way a feel great read, nonetheless it is filled up with nuggets and based on the reader, your day, one's Mind-set, can shed some light on the seemingly impossible job of loving an addict, not really the addiction, Loving but not enabling, and living with a broken heart. I'm producing an exception. Beautifully told by a mom who loves this child under no circumstances ... That is about the journey of losing your child to drug overdose. Beautifully told by a mom who loves this child never to see again. Its ok to grieve and live in a world who therefore looks down on drug addiction and moms who have lost the youngster or children. Five Stars Good book for Mothers of addicts.



[continue reading](#)

download free Tending Dandelions: Honest Meditations for Mothers with Addicted Children (Hazelden Meditations) fb2

download Tending Dandelions: Honest Meditations for Mothers with Addicted Children (Hazelden Meditations) fb2

[download free Breathing Under Water Companion Journal: Spirituality and the Twelve Steps pdf](#)

[download free Almost Anorexic: Is My \(or My Loved One's\) Relationship with Food a Problem? \(The Almost Effect\) ebook](#)

[download free Conquering Shame and Codependency: 8 Steps to Freeing the True You djvu](#)