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"A GEM OF A BOOK. HONEST AND FUNNY . . . A JOY TO READ."

—SHARON SALZBERG, author of *Real Happiness*



FIND THE GOOD

UNEXPECTED LIFE LESSONS
FROM A SMALL-TOWN OBITUARY WRITER

HEATHER LENDE

author of *IF YOU LIVED HERE, I'D KNOW YOUR NAME*

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Heather Lende

Find the Good: Unexpected Life Lessons from a Small-Town Obituary Writer



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Now she's Child "John Straley, Shamus Award champion and former writer laureate of Alaska" — Heather Lende is the kind of person you want to sit across the dining room table from on a rainy afternoon with a bottomless glass of tea. Quirky and profound, individual and universal, *Find the Good* offers up short chapters that help us unlearn the habit--and it is a habit--of seeing just the negatives. Lende reminds us that people can choose to observe any event--starting a fresh job or being laid off from a vintage one, getting married or obtaining divorced--as an opportunity to find the good. As she says, "We all have been writing our own obituary each day by how we live. The best news is certainly that there's still life." Since Algonquin published her first book, the brand new York Times bestseller *IN THE EVENT THAT YOU LIVED HERE*, *I*. The LA Moments called her "part Annie Dillard, component Anne Lamott," and that comparison hasn't been even more apt as she offers us a fresh, positive perspective from which to view our human relationships, our obligations, our priorities, our community, and the world. An antidote to the cynicism and self-centeredness that people are bombarded with every day in the news, in our politics, and even sometimes in ourselves, *Find the Good* assists us rediscover what's just what a brave and beautiful thing Heather Lende has made with this reserve. on the beach, walking her granddaughters, in the stories of common peoples' —s small city is populated with big hearts--she finds them " — ." lives, and knits them into unforgettable tales. Jo-Ann Mapson, writer of *Owen's* distilled what she's *Find the Good* is excellent company in unsteady occasions. d Know Your Name, Heather Lende has been praised for her storytelling talent and her plainspoken wisdom. *Find the Good* is normally a treasure.s that simple--and that hard. When stuff go wrong, when things go ideal, her peaceful, commonsense wisdom, self-examining frankness, and good-natured humor provide a chance to reset, renew, rebalance.s still time for additions and revisions before it goes to press. Because the obituary writer in a spectacularly beautiful but often dangerous spit of land in Alaska, Heather Lende knows something about last terms and lives well lived. —Pam Houston, author of *Contents May Have Got Shifted* "With gentle humor and empathy [Lende] introduces numerous people who provide types of how to live well . . . [*Find the Good*] is easy yet profound." —Booklist "In this cynical world, *Find the Good* is a tonic, a literary wellspring, that may continue to operate, and nurture, actually in instances of drought.s best with the globe." Heather Lende's learned about how to live a more exhilarating and meaningful lifestyle into three phrases: find the good. Heather Lende is usually a terrific writer and terrific company: intimate, authentic, and as quirky as any of her subjects." It's Marilyn Johnson, writer of *The Dead Beat*



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There were several parts I'd have rated 4 celebrities, but overall this publication was a big disappointment. Would recommend this to anyone searching for a little inspiration on living an excellent life. I'm not a lover of Dillard or Lamott to whom Heather Lende is definitely compared. A Mixed Handbag. The insights are earnest, some quirky, some lackluster. Heather Lende's essays/obituaries/blog posts are wonderful insights along with inspirational thoughts for living life fully and in today's. I keep among Heather's books .. The explanation of this publication intrigued me and it didn't disappoint. Now, that one.. Perform IT! in my own Kindle App as a daily devotional and a motivation to "Find the Good" in my life. Seriously good stuff right here. At least for me personally. Overall, Disappointing. All of this is important, and Lende writes in a comfy, easy style. I found myself unable to do this, however. Arrive when needed. Not really a casual thought about something said, but this publication had me tearing through old text conversations and emails with people We haven't spoken to in years for just one cause or another. Requesting my close friends about their lives and goals and dreams and what signifying they get out of life. A book of reflection. More insight into lifestyle, and Haines Alaska, from Heather Lende Heather continues her saga mainly because an obituary writer in small-city Haines, Alaska. Visualize what my life will look like in my final times and what people might say about me after I expend my time; What a lovely reminder to search out the goodness around us! I have to admit, that challenging recent domestic political turmoil, international drama and a grand case of "the wintertime doldrums" to boot, I am significantly less than cheerful. Make your life matter. Life is normally brief and beautiful. Life is Good This is a brief, quick read." This publication was just what I needed, when We needed it. It's so well written. Cultivate friendship. Get yourself a dog. Workout. Practice safety. Stay close to your loved ones. Time flies by. Personally I think re-involved and re-energized with the hope that The Good is still there, just waiting for me to look just a little deeper, a bit further beyond the newspaper headlines and as close as in my own heart. My mom is gone right now, but I am certain she'd have loved this one as very much as I've. About every four web pages of reading, I would be forced to set the publication down and deeply ruminate over it's contents. Function hard. Tell the types you love how you feel. Consider the stars. Spend time in nature. This book was an ideal read for me. A book of forced reflection We tried to blaze through this publication, as it is about 150 web pages.! It had been easy to read a couple of essays place it down and pick it up when I got another instant. A light, tepid read. I do not believe Heather Lende must be in comparison to anyone! From underneath of my heart - Thank you, Heather. Not only does the author provide insight into life within the last Frontier, she does some deep soul-searching in this fresh volume, soul-searching that people should all consider every once in awhile. Good Stuff I have loved most of Heather's books in addition to her blog, I was expecting a reserve that shared the wisdom gained from people understanding they were going to die and in addition wisdom from family and friends of those who had passed. While there was some of that, I'd estimate it at roughly fifty percent of the reserve. The book was disorganized and covered a lot of unrelated topics (e.g. a chapter on cats). It's too bad, because this concept had the potential to be a really great book. She puts a good spin on sometimes bad situations I have followed Heathers writings since her initial reserve. I wreaks of humanity in all forms. Her town sounds like an excellent place. Her first reserve was I believe the best "In the event that you lived here I would know your name" But this book is true to form. A unique writer in a unique place. Laugh, cry, be filled with the good that Heather writes approximately. I found myself underlining something on more pages than not. It's full of inspiration and wish. The messages are sincere, but good sense. The tiny snippets of additional's lives as she researched their obituaries were therefore interesting.

She puts a good spin on sometimes bad situations, and its own fact like, translation is awesome. Therefore chill out and revel in the ride while it lasts.e I am a FAN! Find the good. and if I will care.. A mixed tote. The only real problem with this reserve is that it leaves the reader, or me anyway, already longing for another new installment. Not really what I thought. Memories My mother and I fell deeply in love with Heather's writing with her first publication and could hardly wait for the next one to be written. Life and disease are hard. With today's news filled up with anger, fear, sadness, it is such a satisfaction to get positive, loving thoughts on page after page of the lovely book. You will not be sorry you browse it! Find the Good!! Good quick read! Do Better, Be Better Find THE NICE is a collection of down-to-earth, uplifting essays written by Heather Lende who also occurs to write the obituaries for her little town of Haines, Alaska. Through her tenure, she has delved deep in to the lives of her fellow townfolk and offers easily found the nice in them. Without seeming preachy, Ms. Lende offers her readers a way to consider the positive side of most things in our lifestyle. Her tales of crusty, salt-of-the-Earth folks in a little Alaskan town show that you can't judge a reserve by its cover and that you hardly ever know where you'll find inspiration to do better and become better. I definitely shed a few tears. This reserve is well worth your time. Narrative was all over the place with homespun sentiment. Author not qualified to provide advice. Really touched my heart "Palm to palm. Heart to heart. Warm, little town stories about finding the good in existence. Heather Lende hardly ever disappoints and this book is one I'll read again and again.. Inspiring This is a very quotable book. When you have go through her 1st two books, this third installment is definitely a must-read..but primarily, take her advice and stick it firmly, gently into your own heart. Existence is SO MUCH BETTER whenever we practice looking for the nice and miraculously are gifted with acquiring it. Quick read A book that brought a smile. That's very good for a publication on death. This is a nice, sparse book that serves as a reminder to understand life. Different I usually read completely different books- sci-Fi and battle stuff.. An interesting, heartwarming story of , not only an obituary writer, but a individual experiencing all life has to give her.



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