
THE DISASTER PREPAREDNESS HANDBOOK

2nd Edition

A GUIDE FOR FAMILIES

DR. ARTHUR T. BRADLEY

- **Store Food**
- **Conserve Water**
- **Find Shelter**
- **Learn First Aid**
- **Provide Clean Air**
- **Stay Warm or Cool**
- **Protect Your Family**
- **Make a DP Plan**

**"A great introduction to disaster preparedness . . .
scholarly and easy to read!"**

**—James Talmage Stevens,
author of *Making the Best of Basics***

Arthur T. Bradley

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If you have only one, this should be it. One point I must say I appreciated: pre-made disaster buckets and products are totally inadequate in true emergencies. There are also the right lists and worksheets to look over in case you haven't considered all the items you might need. Self-explanatory, common sense suggestions without brand pressure of any type. Concern for emergency preparation does NOT mean you're some kind of extremist suffering paranoid delusions (any longer than having a fire extinguisher or an extra tire); it means you certainly are a sensible rational one who recognizes that disaster preparedness consists of a serious issue and legitimate threat to you as well as your family's safety that reasonable and accountable people should completely consider. No politics, but various situations happen all over the place all the time of varying severity -- more often than not less, sometimes more -- where being prepared can mean the difference between mere inconvenience or true hardship regarding the former, and true hardship or survival regarding the latter. Even if you aren't a prepper, this helps you plan for every-time potential emergencies such as bad storms, flash-floods, fires, droughts and so forth. Heck, not in the middle-age groups or antiquity would people live like this. "The very best DP kit is not the one with supplies but the one with the proper materials. What I liked most about this book is that it is relevant to the average person that has a job (s)he really wants to keep, is not independently wealthy and wants to live with the comforts the human race spent the previous few millenia inventing. the book isn't sensationalistic; logical flow of ideas, sensible arrangement of topics and subject material, high quality durable construction (the hardcover in particular), fine color/glossy pages, and overall very high-quality and professional presentation>Bradley does an outstanding work of balancing presenting plenty of information to be useful and making a person truly informed but nonetheless remaining relatively brief and to-the-point (i. I was very amazed to see a Financial Preparedness section including many great suggestions for saving cash and handling the money you save. How many other disaster preparedness book have you read that discusses food poisoning in detail, citing specific bacterias and their causes/remedies? Well done!. An excellent book for new preppers or outdated pro's. amazingly complete; the book is simply chock-full of really helpful tables, charts, pics, etc. that condense the information and make it efficiently available> it presents a reasonable and responsible perspective>works great mainly because an encyclopedia-type reference, to learn straight through as a book, or even to read "a la carte" mainly because stand-alone chapters/subjects On a single end of the extreme you have got your apocalypse prepper types; on the other extreme you have those who are either oblivious to any potential threat to their protection at all, or even worse those who criticize and denigrate the notion of disaster preparedness as "weird" or "extreme". All too often you find one or the other extreme. Bradley's reserve is an extremely welcome breath of oxygen that injects some sanity and responsibility in to the subject. Although I certainly have no official or professional clout in this context, I'm a reasonable person, concerned citizen, and discriminating consumer, and also have read more than my share of this kind of material, and I could confidently say that this is the best single publication I've ever continue reading the subject of disaster preparedness. If your family only has one book about them, this would be an excellent choice. A fantastic resource for beginners, a good review for the more capable One of the best books about them. In this era of hype and doom-saying, it's a welcome message. The techniques taught in the reserve are realistic and conveniently attainable for many people. If you're new to the prepping community, this is a wonderful primer, specifically for individuals in a more suburban or simply Urban setting. Should you have studied disaster prep somewhat already, this is a good review with perhaps some ideas you haven't thought of. Finally, a demand communities to be proactive instead of loners to react!

This is the disaster preparedness handbook for the average American. There exists a decent run-straight down of MEDICAL, and although I keep other references for medical advice I suppose it doesn't hurt to have mainly because much information around as possible. It is well-organized and more importantly addresses the why of certain topics rather than simply the how. Dr. Arthur Bradley lays out the issue of disaster preparedness (DP) in an accessible manner that lots of can appreciate, in language that's easy to get through. That is no wild-eyed "fight off the cannibals!" treatise on right-wing nuttery. He advocates a balanced, rational method of real scenarios that even so refuses to buy its mind in the sand and doesn't excuse those that choose never to prepare. Bradley highlights that you going overboard on food storage won't help you; It's effective plenty of, but I doubt anyone that picks this publication up demands convincing. We've all viewed the news and gotten the heebie-jeebies when we realized just how unstable the globe can be. My biggest criticism of the book is that the majority of the sections went into more detail than necessary, presenting all options rather than just recommending the main one or two best ones. There are a few sections that I possibly could most likely do without (a complete chapter on Sleep, and repeated speculation that terrorists might go after our food supply). Best advise when an emergency looms on your own family Worth it. The knowledge on sanitation and water treatment is the most thorough I've read. Staying hydrated and not getting sick are much more vital that you me than how to build a fallout shelter or which type of ammo to use on looters. Dr. In early stages, the book attempts to help the reader wrap his head around the many disaster possibilities and their likelihood, based on recent history. you need to stay balanced. He also includes plenty of good info on meals poisoning and how to avoid it. there's minimal filler. Yet it's a huge problem in disaster areas. It creates a handy reference, and this was one section I didn't mind the excess level of details. Its premise is usually that you don't have to be a hardcore prepper to be ready for a wide variety of probably the most likely disasters you may face. This is another subject most DP/Prepper publications skip over.. Better than nothing, sure, but if you believe buying a \$40 pre-packaged kit from Wal-mart covers you, you're going to become hurting.. "I must say i enjoyed the variety of test scenarios by the end, encouraging you to do something them out at some level together with your family to see how it could really be and what holes there are in your preparedness.. Certainly worth a few bucks for the e-book, and having a paper copy readily available would be a lot more practical in a disaster! Basic enough for comprehensive beginners but with plenty of information on a number of subjects for veteran preppers to sink their tooth into. All in all, a very informative and practical guidebook. Loving it so far. practical Books covering TEOTWAKI & zombie apocalypse type scenarios certainly are a dime a dozen nowadays as are the blogs and community forums on this issue. What all these have as a common factor is they are totally impractical for the vast majority of the populace. You cannot expect everyone to suddenly buy 40-80 acres of land in the middle of nowhere and live completely off-grid.. But, this is what most survival assistance books recommend.> Highly recommended EDC, BOB, and In . bag essential. This book is highly informative, very detailed and an excellent book for those who are either old pro's at prepping, or simply getting started. This is actually the the only hardback I'll carry when SHTF. We also have squirreled away ebook copies of the on all backup gadgets, and my daily phone/ereader carry. Excellent Reference I truly enjoyed this publication and I will keep it as a reference. Disaster preparedness isn't "doomsday preppers". Everybody remembers things like Katrina etc.. mostly solid useful information that's not too long-winded)> Great reference. Okay, here's the scoop. I recommend it. A small quibble, though, compared to how much valuable info is contained here and just how much common sense comes with it. Greatest advise when an emergency looms on your own

family. Four Stars Filled with quite a bit of tips and tricks. Worth the price and delivery was quick. Excellent Disaster Preparation Help An extremely comprehensive and helpful function laying out the ways to protect yourself as well as your family from various threats to your welfare. NOT just for 'preppers' or 'survivalists' this books will help anyone be better prepared forever very pragmatic and practical publication for anyone. NOT just for 'preppers' or 'survivalists' this books will help anyone be better prepared for LIFE. One Star Does he spell "Forward" wrong deliberately in the beginning of the book? Haven't finished it nonetheless it seems well curved and is an easy read. Realistic & Haven't completed it nonetheless it seems well rounded and is an easy read.



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