

THE POCKET

FIRST-AID

FIELD GUIDE



**TREATMENT AND PREVENTION
OF OUTDOOR EMERGENCIES**

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**The Pocket First-Aid Field Guide: Treatment and
Prevention of Outdoor Emergencies (Skyhorse Pocket
Guides)**



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With common sense suggestions, and in a helpful, portable package, this is one little book that no one ought to be without in a campsite or in their forest hideaway. Here is information useful on a hike or for any angling trip, including step-by-step instructions on coping with fractures, suturing wounds, treating eye and ears, managing allergic reactions, and more. Useful advice for the on-the-go outdoorsman, this field-friendly guide is vital for anyone interested in first-aid preparation and care.



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Not just a field instruction, unless you're in your back yard and in town. Not full of practical info, but has some good factors for first responders. Very good for iPhone and iPad. In instances where you would really need to have quality information because a doctor isn't available (shock, head trauma, gunshot wounds) it advises you to seek professional medical treatment. Good information and easy access Handy size. Good details and quick access. It does possess several instances where it is helpful in saying what never to do and going through routine procedures (Heimlich, broken bone) but I'll probably just stick to my USAF Survival Handbook. NOT THE CASE unless you have the ability to contact medical providers for following level care.. Good book; An Updated Edition Might be Good? This was a fair deal for the purchase price and definitely will have its uses while it lives in my medical kit, however I just wish it was a far more updated version (I believe this is printed over 5-6 years ago). Basic medicine hasn't changed THAT very much, but specifically for its set of recommended first aid/survival tools - which are adapting at all times - having an updates copy might be nice. Most of us know how to deal with a bug bite or a sunburn and to stay hydrated, but how would you collect drinking water or sterilize it in the event that you didn't have any? Hopefully I won't need to use it but a good guide I have about my Iphone and iPad. Most of the sections just explain about the task rather than how exactly to do it. OK field guide Book ok. Not really detailed enough to have as a real field guide if this reserve is all you have Great book This book has a ton of useful information even. I switches into detail on how to deal with wounds. I highly recommend this book. The majority of the sections simply say to get the person to a health care provider. I just ordered the digital copy. not what i was hoping for This is not really what I was hoping for. An extremely poor field manual. Five Stars Perfect for my Emergency kit Five Stars A MUST have! Completely worthless Completely worthless and very dated. Save your money. I was hoping this would truly be a "field guide" that may be used if walking or camping remotely..



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