



LOST IN MY MIND

RECOVERING FROM TBI

KELLY BOULDIN DARMOFAL

Kelly Bouldin Darmofal

Lost in My Mind: Recovering From Traumatic Brain Injury (TBI) (Reflections of America)



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Lost in my own Mind is a sensational memoir describing Kelly Bouldin Darmofal's journey from adolescent girl to special education teacher, wife and mother -- in spite of severe Traumatic Brain Damage (TBI). Spanning three years, Kelly's journey is exclusive in its concentrate on TBI education in America (or absence thereof).silent illness" She continues the narrative in her very own humorous, poetic tone of voice, describing a victim's relentless seek out success, love, and acceptance -- while combating bureaucratic reddish tape, aphasia, bilateral hand impairment, and loss of memory. Encounter what it's prefer to be a caregiver for somebody with TBI. Kelly also abridges her mother's journals to describe forgotten experiences." Discover coping strategies which enable TBI survivors to wish and achieve. Readers will: Learn why TBI is usually a " Recognize that the majority of teachers are sadly unprepared to instruct victims of TBI. Find out how relearning ordinary duties, like walking, writing, and driving require intense dedication. "This peek in to the real-life trials and triumphs of a woman who survives a horrific motor vehicle accident and struggles to restore academic excellence and meaningful social relationships is a worthwhile read for anybody who needs information, inspiration or escape from the isolation so common after traumatic brain injury." -- Susan H. Frank Balch Real wood, Professor Emeritus of Neurology-Neuropsychology, Wake Forest College of Medication From the Reflections of America Series at Contemporary History PressKelly Bouldin Darmofal's accounts is exclusive, yet widely relevant: she teaches any who've suffered TBI-and all who love, care for, and teach them--insights that are not only novel but revolutionary. The book isn't simply worth reading; -- Dr.• for learners in addition to soldiers and athletes. it is necessary reading for individuals, poets, professors, preachers, and teachers. Connors, President/CEO, Brain Injury Association of America "



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stemming from the uncertainty of her daughter's long term. It will help you both If you have a member of family that is experiencing a traumatic human brain injury especially a mild one, please please please read this reserve. I suffered a moderate tbi, and non of my children or close friends understood anything about what was heading on with me. The first 6 months had been the hardest six months of my entire life and I sensed so alone. Scanning this will help you to understand what your liked on is going through. In switch, it will help you cope with the problem, and better help you support your loved one. heart-breaking and proof that a mother's love and intuition are forces to end up being reckoned with I have a particular place in my heart for Kelly and her mother. They both reached out if you ask me after my son suffered a TBI this past year. The story is enhanced by the mixed perspectives of both mom and daughter, making use of their respective sights of events, people, and ultimately and thankfully, a reasonably total recovery and restored lifestyle. *_Lost in my own Mind_* should be the go-to source for victims and their caregivers. I wasn't diagnosed until about 7 years ago! Her mother's journal is normally thoughtful, heart-breaking and proof that a mother's like and intuition are forces to be reckoned with. She is my heroine! *_Lost in My Mind_* should be required reading for all those in the neurological field (doctors, nurses, physical therapists, etc. It's a long, tough street to recovery but we've hope. This is a must examine! Kelly's story is one of change, triumph and new beginnings. I'm determined to stay by her aspect throughout. I have an interest in dealing with traumatic brain injury population and it was great to hear both sides of the tale. Reading this book helped me understand issues from her viewpoint and helped me experience less alone as we're exceptional same things her family went through.) and also families of those facing disabling injuries. I think I sat and stared at the cover, at Kelly Bouldin Darmofal, for at least five minutes. Most of all, if you or a loved one suffer from Traumatic Brain Damage, Kelly Bouldin Darmofal is definitely an effective living testimony that there surely is HOPE! My best friend since childhood was assaulted Dec 2 My best friend since childhood was assaulted Dec 2, 2015 and suffered a serious Traumatic Brain Injury. Thank you for sharing your tale. An edifying tale of a mother's discomfort, and a daughter's recovery in the face of adversity. 'Lost In My Mind' is painful to learn. The first half of the publication is informed from the perspective of the author's mom, and chronicles an event no mother or father should ever have to go through. You can truly get a sense of her emotions; frustration, anger, and melancholy. That is a location of medicine that people know so little about..If you or a family member is suffering from a severe concussion or a TBI, that is a must read! Wish builds as Kelly awakens and starts her long recovery. The narrative adjustments to the look at of the author, who's clearly trying to patch together a time in her life near impossible to remember. Her globe was woefully unprepared, and in some cases completely unwilling, to accommodate the requirements of a bright youthful girl attempting to reclaim any semblance of her former life. It had been through sheer willpower (and lots of stubbornness, with some denial) that she was able to pick up the pieces and state back the near future she had before the tragedy. Her tale is sadly not unique, with literally a large number of these brain accidental injuries occurring every year. It could happen to any one folks. One amazing story! An inspiring memoir, this book chronicles the author's courageous battle, with her mother's unflagging love and support, to recover from a tragic auto accident. Today, having read Kelly's book, I more fully understand the devastating toll a TBI assumes the injured one as well as his or her family members. I was struck by the sheer will of the mom on her behalf daughter to "keep coming back", and in addition by the daughter's awakening response to that willpower. It had been interesting to see how important and required it was for both mom and daughter to be able to start to see the occasional humorous side of things during recovery. I am

pleased with what Kelly has written and this book may be the blueprint for both learning about TBI and learning how to cope. Highly recommended! Lost IN MY OWN Mind Offers HOPE Lost In My Mind chronicles a woman's struggle to find her way back to a full lifestyle after suffering Traumatic Brain Injury (TBI) because of a car crash. I've a long way to go, this publication has helped start to get there. Lost In My Mind raises knowing of how traumatic TBI actually is. It brings to light that not only the Military and sports players are potential victims of TBI, but that regular people on their way to get a hamburger could be abruptly robbed of their life as they know it. She's lots of friends and may reduce some as she undergoes her recovery but I'll not really be one of these. A masterpiece that will leave you informed, touched, and proud This book is a testament to the diligence and strength of the Bouldin family and undoubtedly Kelly herself. I knew Kelly when this occurred and still proudly call her a great friend today. Amazing heartfelt story This book was amazing. Any one that has ever known a person who has experienced a TBI will be doing themselves an injustice by not scanning this book. It really is both a tale of emotional and psychological triumph, while certainly not masking the innumerable challenges on the way. Besides getting inspirational, the reserve is in itself a pleasure to read. Reads just like a novel but is quite factual. Look forward to hearing from the author at our March . Makes me want my teenage grandson weren't playing football although this individual sustained a TBI in a car accident.. It reads like a novel but is very factual. But her recovery can be, and this publication should serve as a beacon for any family going right through a TBI. I was seated on the porch when I opened the cushioned envelope and I was simply mesmerized. This book, helped me realized what was going on with me. The hospital was helping me survive my injuries and surgeries. I was extremely weak and confused. I kept falling and hurting my self and finding yourself in the ER. It has almost been a 12 months. Any who have suffered (TBI), their loved ones, caregivers, and teachers will find support, information, and motivation in Kelly's book. Thank you for writing this book I actually also received a TBI at age group 14, so I have traveled a similar road in the 60 years since! Kelly's perseverance and grit shine in her narrative tale of life after a traumatic injury. It was comforting to learn that the TBI ignorance in our universities and in the medical community wasn't simply isolated to my situations, and that ignorance can be finally be dragged into the light. I thank all you dear soles who are working to take action! Despite having known Kelly as she recovered and ultimately became a loving mother and wife, I was still blown away by the struggle and natural commitment that it took on her behalf to get back to school--to get back to life. She is still in the hospital after 5 months unable to chat or walk and includes a feeding tube and a large section of her skull missing. Exceptional account of Traumatic Brain Injury (TBI) compiled by both mother and affected person.. I didn't expect this book and much to my shock, there it was! Look forward to hearing from the writer at our March Publication Club. I knew very little about TBI and found it extremely informative. Everyone showed so much fortitude, resilience, and wish during such a hard time. Five Stars Good book, insight from what it's like after TBI I highly recommend. Worth reading for anybody. I highly recommend. A Very Intimate Look Into TBI ** I received a duplicate of this book in return for my honest review. All opinions are my own. ** I have no idea what it is but something about the chance of a head damage making you be completely different rather than remembering your own family or even having the same passions that you once experienced. I didn't even know I was chosen among the reviewers, so, about 5 days later, a bundle arrived. (I have Tripp Halstead's Facebook web page occur my notification alerts) I was scrolling through a summary of books on an assessment list 1 day and, Lost IN MY OWN Mind Recovering From TBI, caught my instant attention and I applied to have this possibility to read and share my thoughts on this

courageous story. Then, I think I think to much and I end up reading stories on the web about TBI and the horror tales and how it affected people and I cannot help but experience horribly sad for these people.. Keep pushing forward. It has been heartbreaking to learn but totally worthwhile to discover what it's like for her.



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