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A Mom's Sensational Journey With
Sensory Processing Disorder (SPD)

Chynna T. Laird

*"Chynna's memoir is sure to encourage other parents to advocate
with the same determination for their own exceptional children."*

—Carol Kinnaman, *The Out-of-Sync Child*

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Her memoir validated the mind-boggling feelings I went through myself with my own daughter's struggles with her SPD. And imagine if your cries for help fell on deaf ears at every switch? You'd follow your gut and fight until someone listened. And that's what Chynna Laird did. When she was simply three months old, Jaimie's reactions to people and circumstances seemed odd.ca Another empowering reserve for parents from Loving Recovery Press www. By the time she turned two, Jaimie was so fearful of her world they spent most times inside. What was incorrect with Chynna's miracle girl? Why wouldn't anyone help her amount it out?LovingHealing. When Jaimie was identified as having Sensory Processing Disorder (SPD) at two-and-a-half, Chynna believed she had "the solution," but that was just the beginning of a three-year search for the right treatments to provide the Jaimie she enjoyed so very much out for others to observe.LilyWolfWords. Not Just Spirited will fill up your soul with spirit and present you the strength needed to endure your own child's challenging behaviors, leading you on an enlightening journey of acceptance, power, hope, and healing. As Chynna says frequently, "Understanding breeds understanding. And that is so powerful. Despite the fact that my child and I live with this every day, I learned a whole lot from this book, and will return to my family with renewed hope and energy!" --Carol Kranowitz, author The Out-of-Sync Child "I just wish I had this reserve previously." Parents and Therapists Praise NOT ONLY Spirited "Chynna's memoir is sure to encourage other parents to advocate with the same perseverance for their own sensational kids." --Nancy Pfortmiller "Chynna's words touched my heart.What would you do if your child had to endure something so severe it affected every aspect of her life? Raising and loving a kid with severe SPD is certainly draining for both your brain as well as your physical body. Nevertheless, with a solid faith in God and the instincts only a mother might have, there is wish. Not Just Spirited is certainly one mother's journey to finding peace for her child, Jaimie." --Diane M. Renna, author Meghan's World: The Story of 1 Girl's Overcome SPD Learn more at www. With the proper diagnosis and treatment suitable for Jaimie, this family finally felt wish. She refused any form of touch, she gagged at smells, she was clutzy and threw herself around and spent most of her time screaming with her hands over her ears and eyes. Jaimie wasn't "just spirited" as her physician suggested nor do she lack discipline at home.com FAM012000 Family & Relationships : Children with Special Needs PSY004000 Psychology : Developmental - Child HEA046000 Wellness & Fitness : Children's Health



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. Chynna's publication reassures all SPD parents they are truly Not by yourself. The heartwarming story of her and her husband Steve's journey to get help for their daughter Jaimie is usually inspiring and shifting. I could easily relate with the paths they had taken, the disappointments, and was in tears with each of Jaimie's triumphs. In case you are raising a kid with SPD, or someone close to you is, this reserve is a great way to see the real perseverance, dedication and love that switches into the SPD trip. Many thanks Chynna!Hartley Steiner[. Laird does an excellent job documenting her tale and Jaimie's struggles with this disorder.A Heartwarming Story About Parenting a Child With SPD It really is all too easy for a family raising a child with Sensory Processing Disorder to feel just like they are by itself on this trip. She wasn't sleeping correct and the sound of her fathers tone of voice produced her scream... This book made me disappointed and angry sometimes, but I also discovered myself crying both tears of sadness and joy as I read this amazing trip through discovery and coping with SPD. Personally, I do not know anyone with SPD nor have I ever met anybody with this disorder, therefore honestly I could just imagine what it might be like. SPD is frequently misdiagnosed and parents are at a reduction as to why their child is behaving that way and what they are able to do to help their child. Many times Mrs. Jamie couldn't enjoy things most children do due to the SPD. SPD was not a term I got heard of until recently and awareness definitely must be brought to the public's attention. She would scream all night and bang her mind against a wall structure or the floor leading to bumps and bruises to herself because these normal things weren't normal on her behalf.The moment Jamie was created, Chynna knew something wasn't right because Jamie would pull away and wouldn't even look at her.][. When Chynna confronted the physician about this, he stated "She's simply Spirited". It required two-and-a-half years for the physician to finally listen to Chynna and in fact do something about it. As a parent, that angered and frustrated me just reading it. I could only imagine how it must have felt telling the doctor many times something was wrong, and him doing nothing.Though the book Not Just Spirited is approximately SPD, as a parent, I would recommend it to anyone that has children. As it shows you that a mother's intuition is usually right and really should be paid attention to. Laird was no different. She actually is a true inspiration to not only parents of children with SPD, but to all parents in general.] Ok Ok A Must Browse for Any Parent In the book NOT ONLY Spirited, you follow a mother on her trip through discovering her daughter has Sensory Processing Disorder (SPD), and the struggles both parents and also the child go through when coping with SPD. An honest and informative book about SPD "not just spirited" by Chynna T. Mrs.This was a heart wrenching story. And also then, I'm sure it's not even close. Laird is certainly a compelling book about her girl, Jaimie, who is suffering from Sensory Processing Disorder (SPD) and her journey to locate a diagnosis and ways to help her daughter cope. I came across it definitely amazing the power Chynna could find within, also in the toughest of that time period. When Jaimie was a baby, Mrs. Laird knew there was something wrong at around 90 days. Talking over her issues with her pediatrician, she walked apart being informed that it was normal and she was just a nervous first-time mom. And thus began her search for what was really wrong with her girl. This is a moving reserve about the love of a mother and the lengths she will choose her child. Jaimie got into my heart and I'd love to understand how she learns how to cope as she matures. Having a child who doesn't want to be touched or hugged, or screaming due to something she smells or sees, is incredibly frustrating and challenging. But as a parent, I could experience the heartbreak both Chynna (the author and mother) and Steven (the father) were feeling simply because their daughter Jamie more than simply struggled with normal, everyday points. Laird and her spouse were informed that it was insufficient self-discipline or that it was their fault. Perhaps if they read this publication those people would recognize that Mrs. Hopefully this book will touch base and make others conscious that SPD is actual and educate them in what it means to possess SPD or even to have a kid with SPD.Mrs.. Consuming most foods, wearing many clothing, even going for a bath or hugging her parents had been simply too much for her to bare. Laird and her spouse are doing everything they can for his or her child and that compassion from others is actually what is needed rather than judgment. Even though Jaimie now

has a analysis doesn't intended that her sensitivities are certain to get better, but it means she can obtain help learn how to cope with them. It will be interesting if Mrs. Laird did a follow-up reserve when Jaimie is older so the reader can easily see how she is doing. Although I really felt for the mom, Jaimie's relationship (or insufficient a romantic relationship) with her father was completely heart breaking.



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