

"Dr. Rosen and Jeff Cohen provide a comprehensive book that doctors and parents can rely on for science-based treatment alternatives. I incorporate natural remedies into my pediatric practice whenever possible and will keep this book handy to help guide my decisions."

—Dr. Bob Sears,

Pediatrician and author of The Portable Pediatrician

Treatment Alternatives *for* Children



Reduce serious side effects with
natural equivalents to conventional
remedies for common childhood ailments

Lawrence Rosen, MD, and Jeff Cohen

Dr. Lawrence Rosen

Treatment Alternatives For Children



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Research Based Clarity I enjoy giving new parents presents of items that I've found indispensable in raising my own daughter. Well this reserve is usually a treasure that will now be near the top of that list! After you have identified the ailment you need to learn more about, the authors do an exceptional job of organizing the information into three simple to use categories: the conventional treatment, the choice treatment (both filled with common dosages and side effects), and a short evidenced based rational for Dr. Organized in a way that makes the answers to your queries easily accessible, it really is missing the needless jargon of several 'how to' parenting and healthcare books out right now there. It is brilliantly written for parents, grandparents, interested aunts and uncles, and doctors alike. Rosen's recommendations. Rosen is our pediatrician and having this as a reference for whenever we don't desire to take him set for every little thing offers been great. Of special interest to me is that it includes a chapter on Behavioral and Developmental Problems, which gives you a nice glimpse into the most typical drug based conventional approaches plus some of the alternatives it is possible to consider. I can't wait around to discover what the authors do with a follow-up to the chapter! Ah, and do not miss the appendixes! Toxins to be very alert to, Top treatment lists like essential oils, foods, herbal products, etc. The list goes on. Thank you Dr. Rosen simply because my very own son's pediatrician. The book is written fairly, clearly, simply and to the idea. You are invited to study your alternatives and develop an informed opinion in regards to what will suit you and your family the best. They made it very easy to look up ailments and start to see the hand and hand comparisons of the dangers of conventional treatments and the advantages of choosing a far more natural route. Phenomenal book for parents and practitioners alike! The greatest gift we can give our children may be the gift of health. As a qualified Holistic Pediatric Nurse Practitioner and fresh mother myself, this book quickly became my best resource. There are so many holistic and natural remedies for our kids that traditional medical methods just do not recognize. I move over every last one of these now, and reach for this guide again and again. It includes everything from conventional treatments for common illnesses to more holistic methods such as dietary changes and homeopathy. Additionally it is easy to navigate through. I am gifting this to every parent and colleague I know. He is amazing therefore i am not at all surprised that the publication is as well. Awesome Book! Dr Rosen is the #1 pediatrician inside our family. The reserve helps us look at alternatives and gives parents comfort that there is in fact "evidenced based practice " to support holistic medicine. His book is so educational, it is like having him at home with us 24 hours per day. "Treatment Alternatives for Children" is a superb book, readable, quick answers and a great reference book for those of us who would rather use organic alternatives. Dr Rosen is definitely amazing! Dr Rosen isn't only very knowledgeable and kind, he's original. Treatment Alternatives for Children is a good compilation of remedies to help common childhood ailments! Great go to guide for brand-new parents!! This is an excellent go to guide for parents seeking to steer clear of the harsh chemicals and additives in conventional and pharmacuedical treatments! It's all you need to begin with on a path of prevention, utilizing the best that the integration of western and option medicine provides. I've used some of the treatments such as breastmilk for blocked tear ducts and garlic oil for ear infections- and they work miracles!! Im so thankful to have found a pediatrician like Dr Rosen in NJ- and today people can reference his great assistance irrespective of where you live! Would Recommend. This book is truly fantastic. My bookshelves are bursting with healthcare books, specifically those of the holistic type. The layout of this book is so an easy task to reference, and covers from bed-wetting to ADHD. Parental Guidance, side-by-side treatment options with unwanted effects and what "technology says", gives all the necessary data for parents to manage their child's treatment and treatment with an educated decision. He has been my children's pediatrician for over a decade and we like him and his staff. For example, my grandmother always used olive oil to relieve an earache after swimming. In the modern world this is viewed as an "older wives consider" when in actuality essential olive oil shares the same chemical properties as anti-inflammatory medicines. As a speech pathologist, I specifically enjoyed the tips for supplementation to aid therapeutic services, and will be posting this book with many of the households I use. Finally the top ten treatment lists in this book are amazing. Five Stars great reference book for use with my patients Five Stars Super useful organic information!. A truly fantastic, must-have source!. It will be the 1st place i will make reference to when my child is sick. Love this holistic approach! Dr. A bonus section on other organic treatments to consider is the icing. I like this book I love this book. An absolute must have for all households ! I was proud that I currently had every essential oil in my medicine

cabinet, but again I also have the pleasure of having Dr. Must have for parents of small kids Prescription drug side affects are often lengthy and aren't worth the risk, especially given that they usually mask symptoms instead of healing them. The section on psoriasis was very short. The recommendation in the book was for the cream we have been using from the dr. Recommend! I love the natural alternatives, very easy to find and effective. This is a great publication to go to when your child is sick. That's why homeopathic, organic, and holistic remedies will be the best way to go with children. Rosen and Jeff Cohen for making this book available to all of us ! Empower yourself with the data of the curing arts and figure out how to strengthen your child's immune system and treat their ailments by using nutrition, homeopathic remedies, yoga exercises and acupuncture. Average reserve- not my favourite read Disappointing content. I was expecting something a little more revolutionary when i downloaded it. His views are interesting but i dont think there is enough detail. not ideal for psoriasis Nothing new here. Aspect impacts aren't the only risk with typical meds. Over 100,000 kids overdose on over-the-counter drugs each year and result in the hospital- over 7,000 of these due to Tylenol. Parents frequently give children under the recommended age doses that are too large or they provide them a lot more than 1 medicine with related ingredients. Conventional medications also contain parabens, questionable preservatives and dangerous dyes. Great reference book Great book! I highly recommend this publication to all parents! i love how the book compares typical remedies to natural ones and clarifies how each works. It gave lots of new information regarding plants and how exactly to cure sicknesses the previous fashion way. Therefore there actually was no "alternative" offered.



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