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foreword by AMYLEE, Founder, Her Native Roots Herbs

the GREEN Medicine Chest

Healthy Treasures FOR THE Whole Family



JUDITH BOICE, N.D., L.Ac.



Judith Boice

The Green Medicine Chest: Healthy Treasures for the Whole Family



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Food allergies, Do you want to use safe, earth-friendly medicines? Have you any idea how exactly to effectively use supplements and natural remedies to build optimal wellbeing? S. t know how to use these methods effectively. "Bed-wetting, Childhood vaccinations, Depression, Exhaustion, Are pharmaceutical drugs making you or your loved ones sick?Headaches, Insomnia, Boice has such a warm and friendly voice, and the information she relays is thorough and practical in every sense of the word.Low thyroid, Menstrual cramps, Prostatitis, Dr.and much moreBoth scholarly and soulful, both intellectual and entertaining, this gem of a reserve has inspiring info for general readers, as well as more than enough scientific rigor to appeal to health care professionals.Diabetes, Maintain this on hand in the family members library, or on the waiting area table for your patients. I keep carefully the Green Medicine Chest close at hand so when I hear the first sneeze, issues of exhaustion, or of encounters with poison ivy, I can come to the rescue with the programs I favor. This family health companion shows you how to address: Pimples, Dr Jillian Stansbury, N.D. It's rare to locate a nonfiction book about self care that reads like a good collection of short stories. 66% of the U.Teething, Low libido, Strongly suggested! population consults alternative health care providers and over 70% take products, but many people don'Colds, ??Leigh Fortson, Embrace, Release, Heal



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I also experience it helps keep me better informed whenever I must interface with the traditional medical . Good Read.. This book may be the ultimate field guide for whole health. I refer to it over and over again as different problems arise in my own health or in associates' of my family's wellness. The areas covered appeared incomplete. I cannot recommend this research-powered and whole-hearted book highly enough! Basically, The Green Medication Chest is a must for each and every household. Judith! Easy to navigate and quick summaries of information This is my go-to guide for information regarding homeopathics, oils, or herbs. An easy task to navigate and quick summaries of details. Don't miss this! I've one hard copy and one electronic. Five Stars great Nearly what I expected A whole lot theory and it appeared to wander. An index would have been good. I also feel it can help keep me better informed whenever I have to interface with the original medical community. I went to go choose the author's newest reserve and realized that We never submitted an assessment for this publication. Judith Boice can be a known professional in her field. In the current age, we all think of ways to "live green" with various areas of our life - our health should be no exception. Dr. Judith Boice provides forth a plethora of information in this reserve. Nature provides us many equipment to assist in our health and wellbeing, and Dr. Boice presents them in a thoughtful and practical format. Highly recommended! If I need more detail I could look elsewhere within this publication or another resource.. The publication has natural remedies that can help people improve their lifestyle, live healthful and save money. This book can be an all-inclusive guide for families to build optimal wellbeing by utilizing natural medicine. The techniques shared are a culmination of cutting-edge contemporary medical science and ancient natural remedies. Everyone needs to own this book! I'd most likely not buy this reserve easily had it to accomplish again. Discover the great things about going green with your health! Our family has traditional healthcare and we've and usage of Judith's understanding through her books - thus giving us the best overall total care. Thank you, Dr.



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