



Prepping for a Pandemic

Lifesaving Supplies,
Skills and Plans for
Surviving an Outbreak

Cat Ellis

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Prepping for a Pandemic: Life-Saving Supplies, Skills and Plans for Surviving an Outbreak (Preppers)



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Prepping intended for a Pandemic supplies the vital information and life-saving measures needed before and after an outbreak, including:•Outbreak Warning Signs•Preliminary Symptoms•Convenience of Transmission•Quarantine Process •First Aid Abilities•Medical Treatment•Upcoming Threats•Home Remedies With detailed info on deadly illnesses, tips about stockpiling supplies and programs for bugging out, this book offers everything necessary to keep your household safe. And they can simply spread all over the world?overpowering doctors and hospitals. Are you considering ready whenever a deadly epidemic hits your town?AN IN-DEPTH Guideline TO PREPARE YOUR HOUSEHOLD FOR A WIDESPREAD OUTBREAK OF ANY DEADLY DISEASEEvery year pandemics strike!



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I've heard advantages of this book and made a decision to pick it ... I've heard great things about this book and made a decision to pick and choose it up and see if there was anything worth looking into. You never know when an epidemic might happen therefore it's always a good idea to know what that you can do to safeguard yourself. I treasured the intro to Ebola – it gave the book a certain amount of reliability knowing about things more in depth from the government response to protocol etc – the info itself was very useful. In general I really loved the formatting of the reserve – it goes from helpful to educational and does a great job of earning sure you know conditions before diving in. Keep this near your medicine chest. I got no idea about half the things that could cause series outbreaks and for that understanding could be scary but knowledge is also power. Great book. Great book for Preppers! In this book Cat Ellis has compiled a bevy of information regarding what to do in the event of an infectious outbreak following a disaster.. So, an unknown bacteria or virus looming in the shadows in our future is an awful possibility. Of course, you need to not get ill in the first place, and Ellis contains the most common means of getting sick, and how to prevent them, for each kind of sickness she addresses... Ms. Cat Ellis provides written a fantastic book outlining many types of Pandemic scenarios and how best to deal with them, she's gone so far as detailing different illnesses and their danger level. Five Stars A MUST Go through for anyone who is concerned about preventing diseases, the near future, and their family's wellness. From Influenza and Staph to the plague, this publication covers it all. Very informative.be prepped Prepping pertaining to a Pandemic Lifesaving Supplies, Skills, and Plans pertaining to Surviving an Outbreak Cat Ellis Ulysses Press www.ulyssespress.com With the recent Ebola outbreak causing tragedy after tragedy, the world has come in person with the very real threat of a pandemic. Ellis lays out the many needs and skills you can need for a lot more than 72 hours of survival. From meals to medical supplies, medicinal plant life and preserving foods, and of course water. United States, and Russia (and anyone else that could have stolen some) Author goes about helping you discover what herbal treatment you can use to avoid some of these diseases. A book for your long term library! Very interesting book!ulyssespress. Every 'prepper' should read this book! I love Cat Ellis's books I love Cat Ellis's books. "Prepping for a Pandemic" is just as informative and clear to see as "Preppers Natural Medication" that is my head to manual, it is underlined, doggie eared and stained. Among the docs pointed out that it would be a tragedy if Vancamycin halted working. I can't wait to discover what's next. If you worth your daily life then you might want to read this publication (.. Keep this near your medication chest. A good, informative, important book.ah literally) Cat is among my friends through the Independence Outpost (Facebook Group) - I've always enjoyed her contributions. I don't believe you will end up disappointed with her publication. It has a substantial amount of depth to it and it's an incredibly fascinating read too. There is a tremendous amount of history and mistakes we've made from days gone by. The question is not if you will see another pandemic but only once and where it will happen. I highly recommend picking up this book, probably one of the few truly lifestyle saving books on the market today. This publication gave me practical understanding of staying away from the contraction of various diseases in addition to ways to avoid the spread of stated diseases. Very informative. This is a great book but certainly has me a bit more fearful i quickly did before. I believe this is a great book to read, if only to raised inform yourself upon this very important topic.. Then, God help us. I cherished this book. I felt the writer understood what she was talking about. There are still diseases out there that may mean toast to anyone not really immune. There are only a few of us in a certain generation, for instance, that got vaccine for smallpox. Any bioterrorism using smallpox virus would kill off a lot of people. There are only a couple places in the world that still

retains onto this virus. I intend to use this book in my own disaster prep classes. But, how do the average individual, with just a rudimentary knowledge of medical and quarantine procedures, prepare themselves and their loved ones for an epidemic that, at several points throughout background has threatened to get rid of a good portion of humankind? Only supportive care. Pandemics are scary Short and to the point. Pandemics are increasing. She details various kinds of pandemic diseases, which she divides from threat level 1 to danger level 3, which may occur, and what to do if modern medicine/facilities are not obtainable..Prepping designed for a Pandemic: Life-Saving Supplies, Skills and Plans designed for Surviving an Outbreak (Preppers) A truly common sense prepper's guide A fantastic book for the beginning prepped or even those who think they're prepared. It raised several ideas about that i had not regarded as.com Reviewed by: Josh Haney Zero Fate Survival www.nofatesurvival.com Diseases of pandemic proportion seem to be everywhere these days; Zika, MERS, Ebola, and an array of influenza outbreaks have grown to be nightly headlines on every news broadcast. She does state with some of these , that she will not understand of any natural treatment. Herbalist Cat Ellis attempts to answer this query in her new reserve Prepping For A Pandemic: Lifesaving Supplies, Abilities, and Plans for Surviving an Outbreak. an unknown bacteria or virus looming in the shadows in our future is a terrible possibility. A follow-up to her outstanding Prepper's Natural Medication: Lifesaving Herbs, Essential Natural oils and Natural Remedies for When THERE IS ABSOLUTELY NO Doctor, Prepping For Pandemic requires some of the preliminary lessons, like illness specific herbal treatments, and hones them right into a primer on fighting infections with what is available. Ms Ms. Ellis has truly gone above and beyond in this reserve. She has taken a serious subject and presented it in conditions for all readers in order to comprehend. It is obvious a significant amount of analysis was done because of this publication.guess what, we've VRSA. From ebola to the flu, she reaches the point with information regarding the illnesses, symptoms, self-protection, what remedies could/should be used, and leaves out the "scare" methods. I appreciate the self-explanatory way she presents these details. As there is always one atlanta divorce attorneys bunch, this is simply not a reserve about every possible disease on the planet, this is a compilation of what Ms.. Her last pick is usually what she calls "The Surprise". I am aware that concept. When I was an RN back in the day, we had to cope with MRSA. I examine these two books essential for anyone seeking to learn more about herbal medication. Ellis has established to be her top picks due to her research into current situations. This should be needed reading for everyone! (love going back to her references and reading more). I really like the amount of natural treatments and preventions there are in this book, plus they are all explained in a no nonsense straightforward way. Ms. Ellis has provided some of the best information around in this book to get you prepared before a pandemic happens.



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