

HERBS for NATURAL BEAUTY

Create Your Own Herbal Shampoos, Cleansers,
Creams, Bath Blends, and More



Rosemary Gladstar, author of
Rosemary Gladstar's Medicinal Herbs

Rosemary Gladstar

Herbs for Natural Beauty: Create Your Own Herbal Shampoos, Cleansers, Creams, Bath Blends, and More (Storey Basics)



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Miss the harsh commercial ingredients and use character's closet to keep the body healthy and gorgeous. In this Storey Fundamentals® guidebook to holistic beauty, Rosemary Gladstar shares more than 30 simple quality recipes for cleansers, moisturizers, and creams made up of essential oils and herbs. Make unique shampoos for lustrous, fragrant locks and learn Gladstar's amazing five-step program for glowing skin. Look great, smell great, and feel great as you make your have homemade natural body maintenance systems.



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