

## Tanya Remer Altmann MD FAAP

Baby and Toddler Basics: Expert Answers to Parents' Top 150 Questions



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Parents of very young children from birth to age group three will find answers with their most-frequently asked questions about kid health and wellness in this easy-to-understand quantity. Tanya Altmann, MD, FAAP, assists parents with friendly, straightforward guidance within an easily digestible query and reply format. Baby and Toddler Basics focuses on parents' top 150 questions, based on Dr. Baby and Toddler Fundamentals's years used. An internet search of the questions could yield a large number of answers, many from dubious sources. Breastfeeding • Stomach ache and disease • Topics covered in Baby and Toddler Basics include • Tanya' very clear Q& Tanya' Developmental stages • issues with the knowledge of a pediatrician backed by the trusted authority of the American Academy of Pediatrics. Dr.s just as fast as Googling, but with answers parents can trust, based on medically-sound AAP plan. Fever • MEDICAL and injuries • General baby treatment • Poop • Safe and sound sleep and sleep problems • Tanya addresses parents' Vaccines Dr.A design means it's clear answers to these frequently asked questions will help parents take the proper actions at home and alert them when it might be best to call their pediatrician. With Baby and Toddler Basics parents can keep their own "portable pediatrician" in their diaper bag or on the nightstand, always ready with reassuring answers.



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The parents are pleased to have such simple information at their fingertips Gave this book because a shower present. The parents are pleased to have such basic details at their fingertips. User friendly and covers basic answers and strategies for new parents. All your top pediatricianrelated, 2am questions answered in this book!. Yay! without the usual PC fluff. Tanya and supported by the American Academy of Pediatrics! I have always considered Dr. jmg Good read Concise and helpful . great! Tanya when I want child health insurance and parenting suggestions, but her new publication, Baby and Toddler Essentials is normally a lifesaver for parents of babies and toddlers. My toddler caught a stomach bug last weekend and couldn't keep anything straight down. After following recipe for hydration that I'd learned from Dr. Tanya's (in the "vomiting chapter" normally), my baby was finally in a position to keep liquids down that night... I'm a doctor myself, and have with all this book to additional moms of small children - it's a necessity for all parents of very young children. Evidence-based, compiled by the fabulous Dr. I can't recommend this book highly enough As a pediatrician, I cannot recommend this publication highly enough. New Mom must Great gift for fresh or expecting Mothers with practical information in the care of a new baby or toddler great! Three Stars I expected more information on babies Five Stars Very very good reading for first-time parents!



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