

# Understanding the NICU

**What Parents of Premies and Other  
Hospitalized Newborns Need to Know**

Features  
family stories  
and guidance



Jeanette Zachon, RN, MN, NNP-BC, Editor in Chief

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*"An articulate, sensitive, empathetic, and very accurate book that will help pave the way for parents as they and their newborn find themselves living in the NICU for weeks and often even months."*

Jane Kormanik, MD, DABP  
Scott M. Wilson, MD, FAAP

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Understanding the NICU: What Parents of Preemies and other Hospitalized  
Newborns Need to Know



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Common NICU devices and tests • Parents of preemies and additional hospitalized newborns frequently feel dropped and powerless amidst this "new world" of medical vocabulary, technology, and numerous health care providers. Home finally • Scanning this book and learning about what goes on in the NICU will help you gain self-confidence and feel even more reassured about your baby' Special health issues for premature infants • It will also provide important info about how to treatment for your child after you leave a healthcare facility and head house with your small one. Caring for your baby in the first season Intensive care is demanding by nature and overwhelming sometimes. Understanding the NICU provides you with everything you need to learn about: •Most parents do not be prepared to begin life with their newborn in the neonatal intensive care device (NICU). Common medical complications for infants in the NICU •s care and attention. Who's who all in the NICU and how exactly to work with the team • Mother-baby factors: effects on newborn wellness • Feeding your baby • Parenting in the NICU • Birth defects and medical procedures • Heading house from the NICU •Understanding the NICU can guide you through your NICU journey, assist you to communicate with users of the NICU group, and find out about your baby' Contained in the reserve are inspirational stories from parents who have had their own NICU experiences, bringing hope and ease and comfort to additional parents with a child who's premature or hospitalized.s condition so that you can inquire questions and participate seeing that a very important partner in your baby's caution in the NICU—and in the home.



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Exceptional book that covers the medical and emotional trip of NICU life. Provides personal stories in it This is actually a good book. The information might help healthcare providers explain procedures and disease procedures to fresh parents in nonmedical method. Great for a fresh NICU nurse. Offers personal tales in it. Superb book that covers the medical and psychological journey of . Phenomenal book - clear, relatable, not heavy Having a 24 weeker in the NICU this book provides proven to be invaluable! love this book Parents in the NICU that work in, love this reserve. Of all the premie books I've examine so far, this one was probably the most helpful.It really is clear, accurate without having to be terribly overwhelming, and incredibly relatable with personal accounts. Extremely hopeful, but also communicates reality. Thankful to the authors, parents and publishers because of this book My son was created at 30 weeks, 6 days and we are on time 45 of his NICU stay.I would recommend it to any NICU parent and anyone else supporting a NICU parent. The mother or father accounts of children who have been born earlier, later on and at the same age as my child were extremely comforting. Some of the tales were so familiar – unforeseen early medical center admittance, cataloguing new advancements being unsure of what they designed, learning the ecosystem of the NICU. Furthermore, I liked the book's format - informative and not shying from technical descriptions, but in brief, digestible blocks. I have no idea if I could have had the opportunity to take it all in at the start of our NICU stay, but as a parent with an extended stint it was ideal for me to go through at this point in the process. Enjoy it...This is actually a good book. I get this one for any friends who expect a NICU stay or who property there unexpectedly. I wish I had it when my very own son was there.



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