

COGNITIVE-BEHAVIORAL  
INTERVENTIONS  
FOR EMOTIONAL AND  
BEHAVIORAL DISORDERS

SCHOOL-BASED PRACTICE

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# Cognitive-Behavioral Interventions for Emotional and Behavioral Disorders: School-Based Practice



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It explains the basics of cognitive-behavioral intervention and reviews exemplary programs that offer powerful methods to reach at-risk kids and adolescents. Leading authorities completely describe the procedure of assessment, treatment planning, implementation, and program evaluation. Proof based and practical, this publication presents state-of-the-science techniques for helping K–12 students who struggle with intense behaviors, anxiety, depression, ADHD, and autism. What makes the book exclusive is its focus on the nitty-gritty of school-based intervention, including how exactly to integrate mental health services into the special education program, overcome obstacles, and provide needed skills to school personnel.



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Informational This book is wonderful for background information and to learn a little in what types of interventions may be available, but I expected there to be specific interventions that may be applied in a clinical setting. Five Stars many thanks. Great background and descriptive psychology to aid various behavior intervention efforts. This source is an excellent primer for developing solutions with the persons we serve. Happy with the services I received. This presents information on available programs you can purchase, but we "shoes or boots on the ground" practitioners have to have affordable equipment at our fingertips. The book is informational, but I wouldn't recommend it if you are looking for things you can apply directly. Excellent resource--will be my regular classroom companion! I really like this book! A good primer Complications are complex requiring sophisticated interventions tailored made for the client. That is just like a cookbook for mental health! Textbook Received this textbook quickly. the condition was just as it was described. Five Stars okay Informative but lacking While informative, I wanted some practical, ready-to-use strategies not found in this book.



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