

**The "Executive Skills" Program for Helping
Teens Reach Their Potential**

Over 100,000 in Print!

SMART *but* SCATTERED TEENS

Boost Any Teen's Ability to:

- ✓ Resolve conflict
- ✓ Assess risks
- ✓ Control emotions
- ✓ Work independently
- ✓ Pay attention
- ✓ Get organized
- ✓ Resist peer pressure
- ✓ Follow through
- ✓ Manage a schedule
- ✓ Plan ahead



**Richard Guare, PhD, Peg Dawson, EdD,
and Colin Guare**

Richard Guare

Smart but Scattered Teens: The "Executive Skills" Program for Helping Teens Reach Their Potential



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" size. I'll do it later on." "I forgot to turn in the stupid application. Winner (Third Place)--American Journal of Nursing Book of the Year Award, Consumer Health Category " Executive skills experts Drs. We can't Now you have an alternative solution to micromanaging, cajoling, or ineffective punishments. " I missed the bus once again. I can't walk the dog--I have an excessive amount of homework! teen, trying to help her or him grow into a self-sufficient, accountable adult may feel just like a never-ending battle. If you're the parent of a "wise but scattered" 11" independence by building their executive skills--the fundamental brain-based abilities needed to get arranged, stay concentrated, and control impulses and emotions. Could you drive me personally to college? Richard Guare and Peg Dawson are becoming a member of by Colin Guare, a young adult who has effectively faced these issues himself. Learn step-by-step ways of help your teen surpass their potential now and in the future--while making your romantic relationship stronger. Helpful worksheets and forms could be downloaded and imprinted in a practical 8 1/2" This positive guide provides a science-based system for promoting teens' I told you, We' Discover also the authors' Smart but Scattered (with a concentrate on 4- to 13-year-olds) and their self-help instruction for adults. Plus, Work-Smart Academic Planner: Write It Down, TAKE ACTION, designed for middle and students to use in conjunction with coaching, and related titles for experts."



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Excellent look at the unusual child I have a kid who's gifted & This books provides the tools to help parents function in a confident way to teach their teens skills that they absence or are fragile with. Understands higher level principles, but can't work out how to organize his locker or have the ability to turn in his homework - despite the fact that he's finished it. They provide very good and useful advice with concrete good examples to work with the different executive abilities targeted. This reserve describes him to a T. A must have! the ensuing methods to offer are enlightening &. This reserve was a god-send. This ok is certainly geared towards parents, and I can see how the book is written and arranged with that audience in mind. More Ideal for Parents (Not Designed for Professionals) I heard Richard and his son speak at a meeting and enjoyed his presentation so made a decision to buy his book to see if it had more information that I possibly could use with customers. I recommend this book for anybody who has a twice gifted child.5 stars that 3 stars. It was suggested by his gifted instructor after she spent period with him. As a professional, I was still in a position to glean some info that I could use with clients, so it wasn't a complete waste. I would recommend this book for any parent raising kids of any sort because all of mine exhibit some or all of the the behaviors.! in gifted classes. Superb resource for parents of teens with ADHD or ADD As a clinical psychologist I treat this as one of the best resources for parents of teenagers. This helps parents to look at the teen with ADHD as having some executive skills impairments that require remediation and understanding. Parents also price their very own executive skills and can try to be a better easily fit into parenting these adolescents. There are plenty of constructive suggestions in this book and I recommend it. This is probably a great book to use in conjunction with a therapist who . useful.

Complicated. This is probably an excellent book to use in conjunction with a therapist who is able to help analyze, interpret, and use the family. This is created as a practical guide for teens and parents who need a little bit of guidance and help because of their brilliant teenager who cannot quite get their life on monitor whether it be at school or in the home. Therefore important information to follow along isn't there. Great resource Superb resource for parents of teens that are needing some extra help at college and in life. But sooner is better than later when it comes to implementing the suggestions. Excellent for Parents of Twice Gifted Children Excellent book for just about any parent and gifted teen who's scattered or has attention issues. Wouldn't normally recommend as a DYI But sooner is preferable to later with regards to implementing the suggestions I wish We had known about this book when my daughter was 12 rather than 17. I'd state the book is certainly more 3. Devoid of the frontal lobe of his brain maturing at the same price as his peers is a straightforward, logical explanation & I have read the first book "Smart but Scattered", that one, and "Smart but Scattered, Guide to Success", plus they are all amazing!! A must browse for parents with teenagers with ADHD I've been dealing with my boy with ADHD for ten years trying to find a thing that really works. Both Dawson and Guare understand how to present these topics in a way that parents can simply understand and work with. It's been bandied about maybe he has autism or Insert, but those didn't match. Missing printed pages The book is missing several printed pages. If there is any observation that your extremely bright child cannot appear to get it all done, that is essential READ. Some children are forgetful naturally others by choice, but this reserve is a superb read to work with all kinds of kids irrespective his/her weakness. It provides insight as well as some helpful hints. Use it for my 14 year old son ok unless you know anything about adhd This is an ok book to determine where in fact the exact problems are, however the "follow-up" is really more for teens who don't have adhd, just behavior problems. If indeed they can't take action, trying to teach them into carrying it out anyway will not help, you will need a method around the problems, this book didn't provide this. Great product! Loved the surveys to greatly help me cue in on what his strengths and weaknesses had been. Enjoyable read. Easy read with the right insight. Three Stars Didn't find this publication particularly helpful Great Book, definitely recommend We originally purchased this book to help me with my son with Asperger's, but rapidly realized it was about my oldest daughter. She got the same memory space and executive skill weaknesses my

youngest child with Asperger's demonstrated. She was later diagnosed with dyslexia which definitely causes short term memory reduction, inability to multitask, and irritating answers such as for example "I forgot". If you're a parent of a child with ADHD and are not already dealing with a professional to address your child's struggles, I think this book would be helpful. Uncertain how it is going to end up being useful. I still choose this book up and glance through the webpages I've marked as a refresher. Good go through for parents of teen I used this book to help me figure out why my "clever" kid was struggling to get himself motivated to get his function done begin to finish! Great product!!



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