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THIRD EDITION

MOTIVATIONAL INTERVIEWING

Helping People Change

William R. Miller and Stephen Rollnick

William R. Miller

**Motivational Interviewing: Helping People Change, 3rd
Edition (Applications of Motivational Interviewing)**



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This bestselling work for professionals and students may be the authoritative presentation of motivational interviewing (MI), the powerful approach to facilitating change. Miller, and Theresa B. and others' of successful execution in diverse contexts. Highly accessible, the book is usually infused with respect and compassion for clients. The companion Website provides additional helpful resources, including reflection questions, an extended bibliography, and annotated case material. This book is certainly in the Applications of Motivational Interviewing series, edited by Stephen Rollnick, William R. An abundance of vignettes and interview good examples illustrate the "Moyers's" New to This Edition: *Reflects main advances in understanding and teaching MI. *Fully restructured around the brand new four-process model. Pedagogical Features Include: *Online reflection questions and annotated cases, ideal for classroom discussion. *Reviews the growing evidence base and covers methods to assess MI fidelity. The book elucidates the four procedures of MI--engaging, concentrating, evoking, and planning--and vividly demonstrates what they appear to be in action. *Additional case examples and counseling situations. *Extended bibliography and quick-reference glossary. *Engaging boxes with particular topics and personal reflections. *Key points at the end of each chapter.



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Educational and Inspiring This book is very well organized. I cannot put it down. It's like a semester program in reserve format - building on knowledge as you progress through the chapters. Each chapter concludes with a well written summary. Worked Worked Wonderful MI source! Not merely are excellent coaching techniques offered examples, they also offer common mistakes to avoid. These authors provide a lot of real-life examples to help make the information even more meaningful and applicable. Previous courses I have taken spend a lot of time on the history and philosophy and not enough on the useful applications of motivational interviewing. We are taking my time with this book and I am presently half way through. I want I had acquired this background early in my career because the clarity of his thinking is indeed useful in focusing on how therapists can misstep, intervene too early or miss opportunities in supporting a client to a location where they are prepared to progress. Miller and Rollnick describe MI in this easily understood method and give excellent guidance on how to view clients in the process of change. The 3rd edition received significant re-writes predicated on lessons learned and new research that is published since the last edition. I highly recommend it to those attempting to increase their methods of assisting change, no matter what your coaching specific niche market may be. MI 2013 is a superb Update to an Evidence Based Conversational Style I was already acquainted with MI but was taught using the concepts from the 2002 edition. I required this for a course and . It is very detailed and provides step-by-step instructions on the procedure, almost like a how to guide. There are 8 blank pages in chapters 20 and 21 and I am extremely upset that I am not able to return this reserve that is missing valuable information! A great book! For those unfamiliar with MI, this reserve will help you to understand the collaborative conversation style that allows you to inform another to a decision while recognizing their autonomy and evoking their factors to produce a change. If you were to think you will be able to read this book and walk away able to be an immediate expert in MI, you will likely be disappointed. However, if you embrace these teachings and commence to incorporate the methods into your "conversational repertoire," you will be on your way to understanding just how effective Motivational Interviewing could be. I cannot put it down! This book is great so far. Each topic is introduced and explained, and then afterwards chapters explore the topics more deeply. The 3rd addition addresses most of the issues I got reading the 1st addition's preliminary three chapters in graduate college. My personal confidence in my own coaching offers improved and I am enjoying my work more as a result of this book.. This book is a keeper! Love this book! Therefore much to learn.. It is rich with information and good examples on how best to apply it. Awesome book and will definitely find out something you didn't know. This is an excellent book and resource for learning more about motivational interviewing This is an excellent book and resource for learning more

about motivational interviewing. Not only has this publication helped me improve my coaching and motivational interviewing methods, it has inspired me personally to become a better coach and to continue to improve so that I could assist others in making lasting change. The publication is well-organized, clearly written, and illustrations and transcripts drawn from real MI interviews. In case you are interested in MI, this is the book to get! That is an evidence-based approach that is invaluable to any helping professional. William Miller's approach addresses ambivalence as an all natural event in anyone's efforts to consider change. A heavy read! Readable, understand and follow. This is a strength based approach that is found in conjunction with other therapy approaches. It really is seen as an approach very useful initially stages of therapy. I can honestly say I am seeing an improvement in my reference to my customers (engaging) and even more optimism and excitement for switch in my clients. This is a means of thinking as well as a set of equipment ideal for children, adolescents and adults. It can be integrated into working with families work. Excellent book! There are several major changes in this book (the authors states 95% of the publication is rewritten).. Thank you to make work reading enjoyable! Excellent book! I required this for a class and soon realized that it is possible to learn the skills of MI simply by reading the book. Most of the basic principles will be the same, and changes are based upon the results of the authors among others using the methods and discovering what improves the techniques. I wish they might teach this to all or any schools to better talk to not merely clients but with close friends, family and just about anyone. I am not a sophisticated reader and this was apparent when reading this book. While MI is only useful whenever using specific populations, it really is still an excellent skill to have. To the point and clearly written, this text message summarizes his work and others into a cohesive group of thoughtful decision producing strategies allowing your client to believe about what will function for them. Ideal for long term clinicians! For trainers, this book will allow you to easily revise your classes and bring them up-to-date. A heavy read A great book! His strategies are well thought out and researched and so are a base to therapy and discussion with clients.. This content is Amazing! We have begun utilizing the lessons in the reserve and have had better than expected outcomes! The information is also presented in a very practical way - that is important to me as I am currently working as a health coach. Needed this for a course, I'll definitely be by using this when I end graduate school. Bad book - pages blank I ordered this book for a class. The return window closed October 21st and today I got to chapter 20 where several webpages are blank! Miller and Rollnick walk through the different aspects of MI in a manner that makes the information accessible to newcomers yet is still interesting for individuals who are already acquainted with Motivational Interviewing. Informative

Informative Pleased with purchase Great condition Best textbook I personal. This is one of the best books I've read for school. I discovered a ton but it was also simple enough to read. I'm on my method to becoming a therapist but truthfully, almost anyone would gain some really good tools by reading this. Good read Great book!!



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