

**BRIAN BOXER WACHLER, MD**

The Brain's Secret to

**PERCEPTUAL**

Seeing Past Illusion, Misperception,

**INTELLIGENCE**

and Self-Deception

foreword by **Montel Williams**

"Brilliant insights and clarity to help you see yourself better and identify when your perceptions might be spun out — or leading you for astray, *Perceptual Intelligence* couldn't be more timely for the chaotic world of today."

— "Dr. Phil" McGraw, host of *Dr. Phil*

Brian Boxer Wachler MD and

## Perceptual Intelligence: The Brain's Secret to Seeing Past Illusion, Misperception, and Self-Deception



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. The Secret Behind Our Perceptions Finally Revealed. Why are some sportsmen perpetual winners and others losers? New Reserve Cracks Code — Why do some people pay out \$100 for a cup of “ Could it be alright to fantasize during intercourse? cat poop espresso” Fine-tuning your PI elevates your video game so you can have what you want in life: better work, better relationships, better sex, more success, more happiness. Why perform we gravitate to items endorsed by superstars? and More! When should you follow your intuition and gut feelings?? . Why do some individuals find Jesus on a Cheeto? Brian (as he’s ability to interpret and seem sensible of the globe, Dr. Brian Boxer Wachler describes how your perception can be actuality or fantasy and how exactly to separate the two, that is the basis of improving your Perceptual Cleverness (PI). With concrete science-based good examples, and case studies, Dr. Exploring the brain’s known to his sufferers) explains why our senses usually do not often match reality and how understanding this may improve decision-making in your life. How do probably the most effective salespeople and internet marketers magnetically attract more clients and business? Without the details in this book you will have a hard time achieving these things because you could keep repeating the same patterns. By reading Perceptual Intelligence you elevate potential achievement in every area in your life. And there is normally an amazing chapter on sex! Do get it now!



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A Sharp View of Individual Psychology Seen Through a Scientific Lens As an analytically trained psychiatrist, I came across the writer succeeds in explaining in very clear language what occupies a large segment of therapeutic work--exam of insight, delusion, projection, idealization. His many colorful anecdotes illustrate the application of "Perceptual Intelligence" in common interpersonal interactions and decision factors we all face in our daily lives. We loved the anecdotes and good examples he mention on this book extremely impressed! The reader is normally under no circumstances bored or overwhelmed by minutiae. His interest for the topic shines through on every page. The author rightly highlights that science has shown health advantages to masturbation, yet when tackling transgenderism does not admit there could be valid nonscientific grounds to frown on the practice.! Boxer Wachler manuals readers over the bridge that passes on the chasm of deceit just like a skillful Sherpa on Everest to help visitors avoid falling off that bridge in the future with the various tools he provides in the book. Congrats Dr. Where the author over-reaches is when he ventures into applying perceptual intelligence to topics not easily explained simply by fine-tuning one's immediate knowing of objective facts on the ground. Sexual practices, for instance, involve complex worth decisions based on religious belief, ethics, and morality. In one of the book's the majority of compelling chapters, the writer excels at explaining how world-class athletes flourish in using mental tools to attain physical dominance within their sport. Relating to unconscious bias, he again can be correct to notice that in the current debate on climate change, hidden self-curiosity skews arguments, yet fails to acknowledge that this occurs not only among the "climate transformation deniers," but also among environment change alarmists, arguably more so in the latter group. Perceptual intelligence, if applied objectively, wouldn't normally take a political placement, nor would it not adopt a moral stance. Definitely an vision opening encounter for all those who get so tangled up with the robotics of lifestyle. That's why we turn to elders, literature, or religious beliefs to enlighten us in areas where research alone cannot display us just how. The backbone on my duplicate was broken. As a Product sales Trainer and a devoted Poker participant I couldn't help but appreciate this topic and it's perspect. When your human brain fills in the gap... BW! To my surprise when I attempted to get up, I saw myself peacefully sleeping in my dorm bed. Great insight of your brain!%, I won't move toward the light, I still hadn't found love yet! It never would have occurred to me that Out of Body experiences were common phenomena until I actually read the author's accounts of his own encounter. In Perceptual Intelligence, the writer ventured where no MDs have gone before to truly get you seeing past illusions, misconceptions, and self deceptions. The chapter on gut feelings and intuition was astonishing. Brian Boxer Wachler. At one point, I acquired to pause and have, "Did he simply eluded to the idea that one may heal with the proper mindset?" Um, yea. And by Montel's account, mind can prevail over matters. Well done! At a minimum, it's your PI that gets you buckling up in the trunk chair to save your daily life and packing TP when traveling to locations where there isn't any toilet chair to save encounter. Bravo, BBW, for letting us peek into your brilliantly unique perspective of a brain. Boxer Wachler clearly includes a talent for weaving well-grounded technology into relatable tales that illustrate his poignant and fresh new points with great, memorable impact I found this book incredibly engaging with its insights, anecdotes, and scientific foundations. Many books that cite clinical tests can be a bit yawn-inspiring. Who would have known Mark Twain gave a speech on this topic? I enjoyed Malcolm Gladwell's books (Blink, Outliers, Tipping Point) and Perceptual Cleverness is in par and in some ways exceeds Gladwell's works because of the breadth of collect points that the reader can incorporate into daily life. The influence of marketing experts and superstars on our PI is certainly on point in today's lifestyle. Having critical thinking abilities is

essential when assessing what is real vs fake on social media, the Internet, and somewhere else. The mind-game of competitive sports activities is clearly not really a foreign property for the author, himself a dedicated rower and physician whose individuals include world-class athletes. While not intended as medical advice and hardly the kind of publication one would run into at an ophthalmology conference, Out of Body encounters amongst other amazing mysteries of your brain are explored by ophthalmologist turned neuroscience writer, Dr. Funny, illuminating and especially helpful for me. Producing some decisions predicated on intuition without evaluation is common, but clearly there exists a scientific basis indicating at the very least to pay attention and assess. Boxer Wachler revealed several biases (bad and the good) that societies have had in recent which explains much in our current day. Great doctor! Boxer Wachler obviously has a skill for weaving well-grounded technology into relatable tales that illustrate his poignant and fresh points with great, memorable impact.! Good work Dr. I loved the anecdotes and examples he mention upon this book . If you prefer a better knowledge of how our brains and decision-making work, you'll love this book and I am certain read it many times. Three Stars It's okay, though a little unsophisticated. Adequate for the uninitiated. We thoroughly enjoyed Perceptual Intelligence and recommend the book to all those interested in what drives our decision-making and assessment of everyday experience. Great reserve! I laughed out loud on the section talking about what chastity belts had been REALLY for – and it's not everything you think. Dr. Brian offers been our ophthalmologist for many years and he's great! His book, "Perceptual Intelligence" is insightful and very well written. Really fascinating and enables you to think. Brian! His composing is normally engaging, friendly, and informal.! Visualization techniques empower them to excel beyond the obvious limitations of their god-given talents. Very refreshing to understand how Dr Brian uses his encounter and expertise knowledge on the human body and present it in a simple and understandable language how we can learn from it . We thoroughly enjoyed the self-test by the end of the book and found area for improvement. Amazing I am obsessed with this book! Too many times our perceptions are influenced by our desires or fears, leading us in to the realms where we end up shaking our heads and questioning why we do what we did. I highly recommend it. In talking about how PI influences outcomes in professional sports activities, he's clearly in the zone. My 2nd 12 months at USC, I had a falling dream whereby I hit the ground. Seeing the world because infinite Living in a global in which our perceptions will be the target of believe tanks and a variety of organizations with subversive agendas, I think it's secure to state that we need to sharpen our perceptions and find a touchstone inside ourselves to know what's correct or wrong. It opens up your brain to new encounters and possibilities never considered before. It's definitely time and energy to clear the zoom lens of perception and see the world since it is and this book will do exactly what it says. Rahasya Poe, Lotus Guide Perfect for me personally, the avid poker player! Holy \$#! This book was fantastic! I appreciated the confirmation by scientific studies that support the idea that we should focus on these feelings because, more often than not, they lead to correct decisions including in gambling and investing. The reserve is well-written, well-considered, and hard to place down. Two thirds in to the book, I am keenly aware that with an awaken PI is a great thing. Absolutely among the best books I have ever read Absolutely one of the best books I have ever read! I pre-ordered the book having read earlier books the writer had written. The easy things we encounter daily and how exactly we pecieve them explained gracefully. It could be intelligent, nonetheless it lacks wisdom. Looking forward to seeing more out of this author. Relatively Interesting I lost interest after the second chapter.



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