

Elaine K. Sanchez

Letters from Madelyn: Chronicles of a Caregiver



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These wonderful letters became my choice for "morning hours affirmations" I loved this book for the honesty, humor, and power shown by Madelyn Kubin, who for six years was the caretaker on her behalf husband of more than fifty years on a Kansas farm. Like anywhere else in life, that the truth comes with liberal dosages of laughter helps it be all of the better. Just as Madelyn Kubin was empowered by Unity, Reiki treatment, and "innovative indifference" to keep her from getting emotionally ravaged by the progression of events she had to cope with, I got a good start from her amazing letters. (It's worth noting, as well, that her favorite avocation was reading, followed by writing letters! Though the letters were written over 15 years back, the feelings in them are classic. She's practical and thrifty ("\$1. Great read for understanding the emotions of that! In case you are considering scanning this publication, it can be assumed that you know that caregiving is HARD. You'll be fascinated by her husband's sudden "pursuit" (needing her help) of Avis, the lady he got to the prom 61 years earlier, and Madelyn Kubin's method of dealing with it. She also paints a sympathetic picture of her invalid hubby, before his stroke a solid and vital guy, who feels helpless, vulnerable, grateful, and reliant on her. This is a volume that should be read, treasured, and shared for several years to come (and yes, those years should come)! I can understand why it could be a requirement in a gerontology class--even one not really led by the author's girl, Elaine K. Sanchez! It requires a very close look at aging, proving the adage that "ageing isn't for sissies." It does make us the readers consider options in how to end up being a caretaker and when to let someone else take over in addition to what provisions to make for our own care. I am grateful to the author's child for compiling these letters and making them available, but I would like to claim that Madelyn Kubin ought to be listed as the writer, and Elaine K. I have been exhausted, scared, angry, content, loving and awful. Amazing book. Having experienced the part of caregiver in my own personal life, and also in my professional life, when we show up to a support group, or grab a book, I've learned that what we all can't seem to get enough of is truth. I brought my dad to my home to live 2 a few months ago. Madelyn's letters illustrate that you don't need to be young, solid, or healthy to do remarkable things. Sanchez should be credited with composing the prologue and the epilogue as well as going through all of the priceless letters (with Laurel Dryden) to choose the 10% we have the privilege to learn! The letters are funny, sometimes just a little profane but always center felt. This book offered me the courage to not be ideal, reassurance that this is typical, hope for my stamina and a serious reminder and methods to help me cope. Many thanks so much for sharing your mother's story! A Real Read I have been a caregiver for more than 15 years, once we deal with my husband's chronic and increasing medical issues. I couldn't put this publication down, but when i finished, I believe I should have! For pretty much seven years, as Madelyn looked after her husband she by no means lost faith in God or her capability to do what had to be performed. I could actually feel and see myself in similar situations and delimmas as I look after my husband. It is sometimes difficult for those not really in a caregiving situation to understand what life is similar to in that part.75 for that lousy little bit of pie! I would recommend this book to any caregiver struggling with their "new normal". Just having access to the internet and Amazon 2-day delivery alone makes a huge difference in my life, not to mention the wealth of assets available to us through the hospitals, clinics, mental health professionals, and community in general. Great read for me, but I should took smaller doses =)! Playful and powerful Highly recommend this book to everyone no matter age - fantastic read, quick, and immensely enjoyable. Love the website for caregivers aswell So touching and incredibly helpful guiding others through very similar journeys. I cannot recommend this book plenty of! How could you not adore such a sweet women. Elaine for posting your mother's letters of your father's struggle with us. She certainly

bared her heart and soul, that is a testimony to her romantic relationship with her child, Elaine Sanchez. Bless you Ms. How could you not admire such strength in Madelyn as she watches her dear lovely Quentin's health decline before her extremely eyes. Such a great reading knowledge. Thank You? Kathy Tennessee Helpful Really helpful. Will certainly provide tears to your eye. Love the web site for caregivers as well! Wonderful I am currently going to a gerontology class by Alex and Elaine Sanchez which book was required reading. Its an amazing compilation of letters from Elaine's mother, Madelyn, as she offered as caregiver on her behalf husband after his stroke. Her willingness and capability to maintain a positive attitude in dismal circumstances is amazing and inspiring. A must read Letters From Madelyn:I couldn't end reading once I picked up this book. Awesome read Very inspirational. I am viewing my mom go through dementia and Madeline's letters have got made me recognize that it is still okay to laugh. I'd add that there is so much more on the market than 25 years back, when Madelyn was a caregiver. As an application coordinator in Memory Care I've recommended this book often to the wives who are struggling with being overwhelmed by the treatment giver role they have found themselves in and with the behaviors exhibited by their spouses. And feeling guilty at the changing times I fall aside. I really believe it helps to know that others possess struggled through the same problems and confronted the same frustrations, despair and second guessing. This book delivers! I read 4 or 5 5 books weekly so it's rare for me personally to take time to write a review. And this book delivers! I rationed the reserve out ten webpages at the same time for my morning reading buffet because I wanted it to last a while!) In one letter Madelyn reveals her surprise at hearing a woman describing her as "powerful," but that comes as no real surprise to the reader! Elaine Sanchez, Madelyn Kubin's child, is among the needed voices in caregiving right now, and Elaine's mother's letters to her family--the basis of the book--provide a welcome spot to go when we question if what we are feeling is 'regular'. It is, needless to say."), but she's also on a spiritual quest that never sounds pious or phony or anything but genuine. It's made easier--and you feel so significantly less alone--when you have already been invited in to this family's story. Accept the invitation. Every caregiver should read this book. He provides early dementia and is certainly a handful. Madelyn's letters are this honest insight in to the heart and brain of her own caregiving scenario, that I experienced I was there with her, and was completely drained after completing the book. Madelyn's humor and strength are endearing and I am positive her encounters are relatable to anyone who's a caregiver. Every caregiver should browse this book.



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