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# HOW TO GET DRESSED

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**A Costume Designer's Secrets  
for Making Your Clothes Look, Fit,  
and Feel Amazing**



**ALISON FREER**

Alison Freer

## How to Get Dressed: A Costume Designer's Secrets for Making Your Clothes Look, Fit, and Feel Amazing



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In *Ways to get Dressed*, Alison distills her secrets right into a fun, comprehensive style guide centered on rethinking your closet like a fashion professional and producing what' She provides real-world tips about everything style-related, including: s in your closet work for you. The scoop on tailors and which alterations are worthwhile • Making every garment you own suit better The undergarments you truly need • s styling package is a magical handbag of tricks, created to solve every single wardrobe malfunction on earth. • Television and film productions await nothing, therefore her solutions have to work fast. Costume designer Alison Freer' • Mastering closet company • Buying thrift and vintage like a rockstar Instead of repeating boring design "guidelines," Alison breaks the guidelines and gets real about from bras to how to approach inevitable fashion disasters. Including helpful info such as how to skip ironing and the dry cleaners, remove every stain beneath the sunlight, and help clueless guys get their sartorial acts together, *How to Get Dressed* has a huge selection of insider guidelines from Alison's arsenal of tools and expertise.



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i'm not even disorganized, nor do I try to look hot, nonetheless it still helped a LOT! It jumps through topics just a little faster than I'd prefer, and may use more text-illustrative-images (even now trying to figure out what a "circle skirt" is), but it has answered questions I've held for years (do I really need to dried out clean? Alison makes no judgment on different designs, and is certainly supportive of everyone's unique style. Therefore, as a result, I've bought a whole lot of multi-tiered hangers (slips, tank tops, petti pants, workout capris), replaced fat plastic material hangers with felted space savers (35 for \$10; many thanks, Costco! Her personality and voice are clear in her writing, and you feel just like you are BFFs with her by the finish of the publication. leggings on clips, tank and gown atop, belt on the hook). The majority of the material out generally there about fashion is usually regurgitated from the same sources. Useful, Practical Tips from a Witty, Funny Chick Alison Freer is a Hollywood costume designer, and I've followed her design articles on the site xoJane for a long time. Her advice online hasn't led me astray, and I've used a lot of her tips to great achievement (including making my very own wax-coated denim). This book was a complete exception. Ways to get Dressed is like Lucky Magazine or Cosmo, if either of these periodicals were actually remotely useful. Where fashion magazines fall short, How to Get Dressed delivers. I will be adjusting my wardrobe this time I will know what to look for. Loved this so much that I experienced to get a hard copy Really excellent tips on everything about dressing, style, and care of clothing. I believe my favorite section of the book is the chapter on closets. It's about searching great, but nonetheless being yourself. What even more could we ask for?! I didn't feel like I needed to change who I am in order to appearance great, or buy a bunch of new expensive clothing. It isn't about following fashion rules, but about breaking them to great success. As a person with too many clothes and clutter in my own life, I miss organization, and Alison's strategies for organizing one's clothes and closets are in fact useful and doable, and make me think that even \*I\* could be organized (that remains to be observed, but that's due to me, not Alison's awesome tips)! Worth Every Penny I was hesitant to purchase this book because I have a zillion books on design, most of which We regret to say haven't been of great use if you ask me.), and discovered a great many ideas on storing other types of garments that I didn't know about. That's the thing about Alison: she REALLY knows her stuff. She isn't only a style blogger who can come up with a pretty ensemble; the physics behind a bra; how darts and other alterations work). If there's a problem with your clothes that you can think about, Alison likely has a quick fix in her publication. The best section of How to get Dressed is Alison herself.), and stored the majority of items as clothes in a single hanger bundle (pants on clips, clothing and sweater layered atop; i must say i didn,t want. But with How to Get Dressed, Personally i think like I curently have a lot to work with, the majority of my clothes simply need some extra want to really sing. I love this idea, because without a signature style at heart, Personally i think like I am simply buying whatever I discover in stores, but not really putting my own spin onto it, which outcomes in me dressing exactly like everyone else. In fact, some clothing that you may think are unflattering can be hugely flattering if they were properly fitted to you! When I read fashion magazines, I experience like I have to get rid of all my clothing and begin over, which is of course totally impossible and cost prohibitive. It's not just a reference book to look factors up in for long term use, but also just a pleasant, entertaining browse (and I hardly ever read nonfiction for pleasure). Alison really works with every woman (or guy) as an individual. As she says in her publication, the fashion "rules" we've noticed all our lives are actually just to make people dress and appearance the same, which is so boring I could scream! Alison includes a chapter about obtaining and nurturing your signature style. Unlike those fashion magazines I mentioned before, Alison doesn't make an effort to say

"this design is way better for this body type" or "this is unflattering for this physique," but instead she tells you how to make your clothes fit the body.), has so many specific fabric washing directions that I'm going to be adding flags and deploying it as a reference in my laundry space, and it motivated me to kind/ re-organize my closets, boosted by the truth of her argument that it's better to involve some well-coordinated outfits than a huge assortment of varied but badly fitting items. I believe that's what I really like most about Alison, and *How to Get Dressed*. Well, the book offers a lot more than that. The writer gives excellent advice in this area. Buy this book! Buy it right now, and start feeling great in the clothing you already very own! It has helped with my own body image, my capability to store, and my self-confidence as a (and even younger looking) woman professional. so it's rare that I read anything new and educational. That helped me reduce from 2 to 1 closet, and helped me forget about goods that aren't ever worn because they don't have got a mate to end up being worn with. I was obviously super worked up about her reserve, and I have to say, it didn't disappoint! It totally wowed me using its cover to cover ideas and practical advice. Five Stars My closet would cry before, today it smiles at me! Alison shares so much information about tricks to eliminate stains, make clothes fit better, enhance the convenience of your clothes, and so on that could just be collected from years of knowledge. It was therefore refreshing to learn a book compiled by someone who isn't afraid to really share valuable knowledge! An important read for women who wish to look and feel good The just con I can list for this book is that it generally does not say it is woman specific, but it surely is. My husband was kind of bummed. There is a men's chapter but it's centered on suits, and not that applicable for most guys. This book is fantastic. Stylist Approved I am a personal fashion stylist, and consume a great deal of fashion and style-related content on a daily basis from blogs, periodicals, etc. Changes I've made because of reading: my bra size and comfort what underwear I wear my comfort and ease wearing blazers (that fit) capability to confidently buy clothing that actually suit me without feeling poor about my body figuring out how exactly to wear clothes that actually make me look good and feel good figuring out how to use the clothing I have in a way that works my laundry routine how I organize my closet Not what I expected This isn't what I expected it to be. The name is misleading. I discovered a whole lot about fixing wardrobe malfunctions and stain removal, but nothing at all about how to build a wardrobe. she's a professional, unionized costume developer, and she knows how various materials and garments inherently function (nylon doesn't unravel; that was sort of what we were expecting. Explains identifying proper fit, troubleshooting suggestions, and more. easy, fast and pleased with order.. While she actually is incredibly knowledgeable, all this information would be a snooze in the hands of another article writer, but Alison helps to keep the book moving along. It isn't about tendencies, but about making YOUR personal style do the job. There is so much in right here that I've already been in a position to share some new tips with my clients. Smart, practical suggestions for any age I came here seeking information as an amateur stylist for my kids, but even at my age we are not infallible when it comes to judging what's flattering in me. It is the only reserve or magazine I've go through that emphasizes the truth that every style and everyone can look and feel great. The bigger shock was her very helpful tips on shopping, laundering, and keeping clothes; there was even more for me to learn here too. . Great Book! Five Stars Great tips here. It isn't a book about fashion, but about style. It's filled with practical advice, not really reheated, tired older cliches. Fabulous book with a lot of information about how exactly to shop, dress, and look after clothing. Disappointed, but I did so learn some items. As an avid knitter, I jumped with pleasure at her spot-on advice for storing knits (don't hang them up by the shoulders--they'll extend! But almost the moment I opened this publication

and considered a section about a particular issue I had, the publication paid for itself. Loved it.



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