

Connie Jo Smith and

Growing, Growing Strong: A Whole Health Curriculum for Young Children



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body treatment, fitness and nutrition, sociable and emotional well-being, community and environment, and security ideas— This five-publication set teaches kids from age 3 to kindergarten about essential topics— This updated whole-health and safety curriculum contributes to children's wellness and growth. Each book provides An summary of the topic Suggested interest area materials and works with for creating the learning environment Learning objectives and vocabulary words Suggestions for evaluating children'as they develop lifelong healthy behaviors. s knowledge of the topic More than 30 classroom activities Family details and take-house activities This series includes one copy each of Body Treatment, Fitness and Nutrition, Protection, Sociable and Emotional Well-Being, and Community and Environment.



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