



"Well researched and exceptionally well written, *The Herbal Apothecary* is a brilliant addition to any herbal library."

— ROSEMARY GLADSTAR, herbalist and author

# THE HERBAL APOTHECARY

100 Medicinal Herbs  
and How to Use Them

- Techniques for making teas, tinctures, salves, and syrups
- Treatments for common health concerns

**JJ PURSELL**

with photos by Shawn Linehan

JJ Pursell

## The Herbal Apothecary: 100 Medicinal Herbs and How to Use Them



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“A library. With the assistance of naturopath JJ Pursell, herb aficionados can learn to safely create their very own remedies using plant life they know and appreciate. Incorporating traditional wisdom and scientific information, The Herbal Apothecary provides an accessible and comprehensive introduction to plant-based medication. Rosemary Gladstar, herbalist and bestselling author Increasing numbers of people are exploring the healing possibilities of plant-based medicines, and health shops across the country now stock their shelves with natural treatments, but treatments can simply be made at home. The Organic Apothecary profiles 100 of the very most important medicinal plant life with striking photographs and step-by-step instructions for making herbal teas, tinctures, compresses, and salves to treat everything from muscle stress to the common cold or anxiety. This holistic guideline also contains advice for the house gardener on growing and foraging for medicinal plants. outstanding addition to any —”



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Good book however, not sufficiently edited/researched(at least for just one herb) It's an excellent reference plus some interesting recipes. Deducted stars for the access on Red Root which is known as *Amaranthus Retroflexus* in the book nonetheless it looks like the writer is talking about *Ceanothus Americanus*. *Amaranthus Retroflexus* could be medicinal but doesn't support the spleen. At worst, it may be laxative. Not really a fatal mistake but it's wrong however.. To writer and publisher: Please be aware correction and vet the rest of the book! pretty happy with everything when I got to Red ... Oh dear.. Which the writer specified as *Amaranthus Retroflexus* and went on to say that other common brands are New jersey Tea.,thanks.Both of these things, *Amaranthus* and the medicinal Redroot, aren't even in the same family, There is a red rooted pigweed (*Amaranthus*) but it isn't the redroot of herbal medicine.As the sort of crimson reason behind Amaranth won't hurt you - it is considered a nutraceutical, if not really a medicinal - it really is extremely different from the proper medicinal herb redroot. Redroot is normally in the Buckthorn family members and is categorised as NJ Tea.Errors like this are unacceptable.I'd like my money back. ?Valuable Resource about Making Herbal Medicine The Herbal Apothecary is a fantastic book that covers various herbs and methods of using them for medicinal purposes, including herbal tea blends, tinctures, etc.. Overall, this is one of my favorite books on natural herbs, one that any herbalist should have.I'm alert to the mistake the writer originally made out of Red Root, but the whole book does NOT deserve to end up being negated due to this one mistake. Therefore, I can sincerely say that this book is by far one of the best that I have read. This book is not worth one or even 3 stars at all and I think it's irrational. Merlin 101. Five Stars Nice book Got the Kindle version, liked it sufficiently to buy a difficult copy for reference I initially got this book as an extremely inexpensive Kindle publication to see how it had been. Like the photos and how easy it really is to check out along but definitely have some prior reads before purchasing this one. I raise my own herbs and this is an extremely handy and informative reserve to have in your library... Bought the book on a whim since it's been something that I am interested in for some time. Very informative The Natural Apothecary is a fantastic book that covers various herbs and methods of with them for medicinal purposes, including herbal tea blends, tinctures, etc.Absolute wonderful that the writer even mentions *rauwolfia* and its own responsible use. The in formations shared were valuable and personal if you ask me. Unfortunately, a few of these recipes include herb ingredients that aren't detailed in the publication which is why I provide this reserve 4 starts instead of 5. I'm sure there was a reason which is an introduction book, but why list a herbal recipe in your reserve but leave fifty percent of the herbal products in the recipe from the book?Still, that is a very good introductory publication and the parts which were explained where explained perfectly. So to create up for the 1 stars, I'm giving 5. Train yourself right here but.. Continue steadily to motive also to teach the fans of natural healing like myself.find another after. great book.. will have to find another book, can't ever be too careful. Love this book I have browse many herbal books in my own life;Otherwise, photos are nice identifiers. That is clearly a rare factor for me, but I prefer books I'm going to make use of for reference as hard copies. trust me. There are beautiful photos, useful charts, great recipes, and instructions on how to use various herbal products and infusions. shows large amount of detail, only want it had more information for each plant. Unless you're extremely educated and knowledgable about medicinal herbs, this book isn't for beginners. I am a beginner with an excellent interest in medicinal herbal remedies but the herbal remedies they shown in this book are some that you can't even acquire in the states. It's packed with really useful details for anyone thinking about herbs and

natural healing.! Excellent cheap kindle book, full of good information! Excellent very cheap kindle book, full of good info!! I enjoyed it so very much I decided to buy a paper copy for my library of herbal reference books.)..... Therefore to create up for the 1 stars, I'm giving 5..so many herbals never mention this plant.. Not really acceptable in a 'herbal apothecary' book.....Tincture 2 to 5 drops (not dropperfuls) while neededPursell, JJ. The Organic Apothecary: 100 Medicinal Herbs and How to UTILIZE THEM (p. 151). Timber Press. As others have observed, it isn't a perfect book, nonetheless it is a very great one, and I liked the design of the book.Does not show enough details on it's uses and how exactly to prepare them for every use. I am a newbie with a great curiosity in medicinal herbs but the herbs they listed . The access provides been edited since. It had been very easy to learn and not boring. Scanning this publication made me believe that it was written especially for me. Additionally, there are a handful of typical quality recipes for different conditions listed in the back of the book. The book contains an abundance of life saving information written by someone who enjoys and respect the trade of herbalism and natural living. I've learned so very much about herbal healing and remedies just by reading this book in a week ,than seated in workshops for weeks and also years.. etc. The access offers been edited since.. Eternal blessings ! This is definitely an awesome introductory book that provides an intensive introduction both to normal herbs that one might find, their effects, and the traditional methods in which they were administered (teas, tinctures, etc. There are beautiful photos, useful charts, great recipes, and guidelines on how best to use various natural herbs and infusions. Overall, this is one of my favorite books on herbal products, one which any herbalist should have. I'm aware of the mistake the writer originally made with Red Root, but the whole book will not deserve to be negated because of this one mistake. Much thanks a lot and gratitude. This book isn't worth one as well as 3 stars at all and I think it's irrational.. This book is a valuable herbal resource. It's filled with really useful details for anyone thinking about herbs and organic healing. GOOD BOOK Good book Four Stars Interesting, informative reserve. This book is a very important herbal resource.I was flipping along, pretty happy with it all when I got to Crimson Root.Also, doses informationWill not regret this for a moment, also very clear kindle book that is not necessarily the case.An excellent herbal book could have Photo, usage, details, symptoms and interactions with herbs. Kindle Edition. Worth the price Great book I raise my very own herbs and this is an extremely . And the price tag on the book is quite economical;. This is definitely an incredible introductory book that provides an intensive introduction both to .



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