

# What's Making Our Children SICK?

How Industrial Food Is Causing an  
Epidemic of Chronic Illness,  
and What Parents (and Doctors)  
Can Do About It

EXPLORING THE LINKS BETWEEN  
GM FOODS, GLYPHOSATE, AND GUT HEALTH

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# What's Making Our Children Sick?: How Industrial Food Is Causing an Epidemic of Chronic Illness, and What Parents (and Doctors) Can Do About It



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After slicing gluten and dairy out of my diet plan, I've lost 20 pounds. It is informative, readable, easy to understand and provides concrete steps for parents to try improve their child's health. Perro and Dr. Perro and Adams have written an informative, well-researched and thought-provoking reserve for parents and health care professionals alike. They prescribe a simple, radical treatment: a food-focused method of treatment. It is extremely well researched but shown in a readable and understandable fashion. This is an important book that explores the far-reaching implications of how our food is produced and helps to describe the frightening rise in gastrointestinal, autoimmune, and psychiatric ailments among American kids. I also was struggling for 2 years with infertility and experienced 3 early losses. Its spirit is impassioned however even-handed, closing with a contact to activism. Highly recommended reading for parents of young children and also the general public. Perro provides repeatedly demonstrated, by adopting a food-focused approach to medicine, we can enhance the mental and physical health of our households by making better meals choices and clearing up our kids' guts. Adams give a clear, compelling and very readable dialogue of what's making too many of our kids sick. It's easy to read (much to my surprise and delight) and will be offering some typically common sense and simple solutions to help to make ourselves and our kids healthier (consume organic, non-GMO foods to begin with). Clearing up the industrial meals supply in the United States is a monstrous challenge, but as Dr. Read this book for your child's sake!. After looking for help from a specialist who wanted to pump me full of hormones it had been a wake up call to get to the main of my problems. Dr. I desire I had these details when my very own children were small! Great book!! An excellent & I've experienced chronic knee pain for about 15 years (I'm just 29!) And since I've made these changes in my diet, most of my joint pains possess gone away. It's a must for everybody who cares about what's in your food & how it affects us all, children & adults. Because the diet change I am able to successfully get pregnant minus the help of God only knows which kind of drugs, and am well directly into my second trimester with a wholesome pregnancy. Five Stars Amazing and required book by 2 trusted professionals definitely read! Great read and spot on with what she discusses! My 8-year-old son provides PANDAS (an autoimmune disease) and developed medicine has already established few answers to explain why he became ill, how exactly to treat his illness and prevent future "flares. This book was eye-opening, and quite honestly, frightening. You are what you eat. informative book. Great read. Its well-researched arguments are backed by technology and rendered accessible to the lay reader, enlivened by scientific case research from pediatrician Perro's practice in northern California. I gifted this book to all my relatives with young children and I highly recommend it for your family too.. "Must Read" for all Parents This book has become my "go to" gift for new parents. I highly recommend this book. This publication is existence changing and well worth the read! Must read, whether you certainly are a parent or not! A compelling book from begin to finish, guiding you through the complicated conditions that affect not just our kids but us aswell. Whether you are a medical professional or a parent searching for some insight in to the chemicals we are allowing ourselves to be poisoned by, this reserve is for you. In case you are skeptical about the the whole organic and non GMO movements this reserve will go quite a distance in at least making you query everything you thought you understood and encourage you to look in the mirror at what you and your family consumes. A must go through for everyone I am about p. 154 of this 210 page reserve and I am currently convinced that it's a must read for everyone. As Perro and Adams explain why our children's bodies (and our own) stagger and stumble under the toxic load in the genetically altered and pesticide-laced food we placed on the desk, they stress the benefits of organic meals and the worthiness of eliminating indigestible and/or harmful staples

of the American diet. Finally documented scientific and medical evidence addressing this chronic health epidemic I just attended a publication talk with the authors at an area bookstore and voraciously go through this book the next day. I've a Master's in particular education and I have been following national rise in kids with chronic health conditions such as asthma, autism, food allergy symptoms, etc.. We all should be VERY alarmed. Eye opening, existence changing, totally worthy of the read!" We found answers through naturopaths and chiropractors (it seems that strep throat visited his human brain via leaky gut and perhaps abscess under root canal). Michelle is a highly accomplished physician and scientist who provides made the very real and scary connection between your epidemic of gut and immune-related issues that have their root in commercial agricultural practices like the use of GMO crops and harmful pesticides designed to kill bugs in the more subtle ways that we are seeing children's bodies getting damaged.



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