



RAQUEL

*Beyond the Cleavage*

Raquel Welch

## Raquel: Beyond the Cleavage



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Part autobiography, part personal philosophy, and full of practical advice for ladies of all ages, Raquel: Beyond the Cleavage is a publication that skimps neither on entertainment nor on great plain advice. Searching back on her life, she lets women in on her behalf childhood, dominated by a volatile father;t hatch out of an eagle's nest, circa One Million Years B.C.s fantasy, Raquel Welch was best known for her beauty and sex charm. She didn't aspire to fame as a sex symbol. Yet, for several years after making her Hollywood entry as every man', clad in a skimpy fur bikini.s younger era of women about the importance of carrying themselves with dignity and self-respect. Now, Raquel Welch is ready to speak her brain. and her daring decision never to lie about her age group. Along with bringing baby boomers into her confidence--she offers essential tips for staying motivated and positive past fifty, in addition to divulging her secrets for fantastic hair and makeup--she also foretells today' She didn' her first love, marriage, and divorce; her early struggles as a single working mother in Hollywood; her battles for roles and respect as an actress; And, with the blissful luxury of hindsight and the advantage of experience, she has plenty to share about the art to be a woman--even guys will see it enlightening to read in what makes her tick. Deeply personal (Welch wrote every phrase herself--no ghostwriter), Beyond the Cleavage can be Raquel Welch' In Beyond the Cleavage, Raquel Welch talks, woman to woman, about her sights on all that is included with being a person in the feminine sex--love, sex, style, wellness, body image, career, family members, forgiveness, aging, and arriving of age. An exclusive person, she allowed visitors to draw their very own conclusions from her open public picture. With warmth, humor, conviction, and honesty, Raquel reveals her approach to preventative ageing, her life-changing commitment to yoga exercise, her recipe for eating right, her skincare regimen, her flair for fashion, plus much more. Looking forward, she offers women a compass to steer them at every crossroad of life, from menopause through the empty nest years, to dating younger guys and beyond.s gift to every girl who longs to look and feel her best, and become at peace with herself.



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Exceptional Read for the Inquiring Woman! The read is Excellent/Very Good. Absolutely Loved This Book! The advice is sincere. She doesn't dish very much gossip out on her leading males - taking the high street, but this could have been of some curiosity to the reader. The health and beauty advice is valuable from a specialist. The discuss hormones is helpful.. She has also established her spirituality and her religious beliefs again which is refreshing. In that regard, she fortunately for the rest of us mortals, retains nothing back and provides the lowdown on brand names and makeup techniques. This is a fun browse. The tips for aging well are worthwhile. Five Stars great Five Stars INTERESTING READ Great Beauty Tips I picked up lots of beauty tips that I've tried therefore far they all have worked. I don't use them much, but I start to see the instant difference. The supplement recommendations and diet tips are also very great. Classy Lady I purchased this book as type of a lark since it was extremely inexpensive. Also, you can find far better photos of her from her collection than she chose. What's so upsetting is that whenever I watch a vintage film of Raquel's, I recognize how much before her period she was and how Hollywood did keep her back from using her on her behalf real potential. Some people think she is simply complaining - but she was the first sex symbol to accomplish outdoor actions, such as for example riding a horse but she was knocked in the past as being unfeminine - not really athletic and progressive. I've been a BIG lover of hers and now EVEN more! Her natural beauty and her attractiveness originated from becoming multicultural but her natural attributes were questioned instead of being accepted as actual. She had a minor function in Bedazzled but well-remembered- but look today, how Elizabeth Hurley experienced the starring function in the remake and nobody remembers the remake film! Raquel was regarded an aging sex symbol (People Magazine) that had a need to find a program what to do at 34 in 1974- but look at Sharon Stone learning to be a sex symbol at 34 in 1991. There should be some form of award Raquel Welch should receive from Hollywood and an excellent new movie part to end all functions. Raquel is so much more refreshing than than Marilyn Monroe. Raquel is really as very much as a woman's girl to become a mentor to all of us, not just a sex symbol for males to look at. but they can't hold a candle to the Raquel Welch - the icon and the woman!. So many actresses did the Raquel Welch design today - from Elizabeth Hurley to Cindy Crawford - to Angelina Jolie- to Hillary Swank, etc. Raquel starred in her personal spy films and roller derby flicks, as well as spaghetti westerns! She was great at serious television movie roles, comedy, foreign films, dancing and singing on stage displays - including Broadway, NYC. Raquel is certainly feminine but a woman's libber before her period. An extremely nice read! Browse the publication! Raquel lets women find out about how ladies used to communicate, how they communicate now and how to better achieve this as women should in society. I was VERY pleasantly surprised by it. It's not so much a biography since it is a book about Raquel's opinions as a female in Hollywood and in the world, in general. She seems to be quite candid about where she stands on morals, actually admitting her faux pas throughout her lifestyle, without revealing every gory details. I guess I usually considered her to be just another celeb bimbo, but she's an extremely smart businesswoman and appears to have been able to keep everything together through the years. She has allure, style and great insight. The book is a straightforward talk to women that allows you to obtain familiar with Raquel the person. I bought this publication after seeing Rachel about a recently available video and was blown away by how great she looked! After reading the book, I can see why she still looks so excellent. As a 50 something woman, I must say i wanted to know what her secrets had been to looking so fantastic. Her diet plan and beauty ideas are something every woman can easily incorporate to make a difference. Raquel has such a great outlook on life and imparts a few of the fantastic wisdom she's obtained along her journey. Truly gorgeous

outside but her writing reveals how beautiful she actually is on the inside as well. Loved her writing design because it's like she actually is right there speaking with you like among your greatest girlfriends. I assume she's a "lady. Ok if you would like toe-curling Hollywood insider tell-almost all, obtain the Merv Griffin Book a Life in the Closet. Gave the publication to a patient. I wished Ms. Raquel acquired dished a little more about the guys she'd been with. Hard to learn , boring ! Recommend this publication to anyone, male or female, wanting to gain an improved perspective on living a healthy and fulfilled life Not Quite What I Was Expecting but an Okay Read. I simply wish she'd provide Andre Weinfeld authorization to re-release the yoga exercises tape in dvd movie format! In this reserve ( which I found to be more of an instructional guideline than an actual Biography ) she tries to exceed the genetic structure that launched her. I find sizzle in her eye and a simmering sensuality on display, that set her aside for certain. I do relate with overcoming whatever God, nature and your parents whip up showing the world you have more depth for you. She's gone on to sell wigs and sunglasses and she's a scorching representative of contemporary sexy elderhood in women and shows what's possible if you keep up your appearance and health. She explores some touchy early areas like an angry, imperfect Father and her first marriage ( simply too young ) and motherhood regret, but she barely mentions any of her additional marriages and I would've loved to have known what she'd discovered from those and when she felt these were mistakes or not. A good however, not great read! Wonderful Womanly Wisdom I feel like I understand more about Raquel, the true person right now, and am impressed by the fact that she did not use a ghost writer, she wrote every phrase of this publication herself.. Her insights are interesting, at times thought provoking, and her beauty guidance is great. The pictures were normally good overall. I couldn't survive on no more than what she eats, nonetheless it sure was interesting to discover what her diet program consisted of. As a man I'm glad I read this." Few women have that level of beauty and one thing I've often liked about Raquel is normally that she appears to know she's beautiful and used it to her best advantage but I usually thought she was getting a secret giggle from the result it had on others. I'm experiencing 'Raquel: Beyond the Cleavage' Book Quite definitely . They can pose in a fur bikini, obtain exotic, etc. It's like seated and having an individual conversation with her. I'm experiencing 'Raquel: Beyond the Cleavage' Book Quite definitely and getting the opportunity to know her! Then, she kept her heritage under wraps until she was established. It's troubling, nevertheless, when she admits carrying out all she could in order to avoid living her mother's existence however she proceeds to badmouth feminists who are simply fighting for the right to select one's own lifestyle. Thank you for providing me the chance to share my thoughts! Nice pictures She was our dream lady in the Vietnam period until Ann Margaret arrived and stole the hearts of the guys in DaNang. I think she actually is for real nevertheless, somewhat self absorbed as each is I assume. I'll never look at men in Hollywood the same! Be yourself -- take pride that women possess fought for this right.. The pictures are interesting but what I was hoping for was even more updated pictures of Raquel's kids - these pictures will be the same as her exercise publication from 20 years ago. In this autobio, Welch admits she's made some mistakes and shares a few of the things that have worked for her, that is great. I've found and learned plenty of her beauty tips and advice.. Insightful into women's world. Fathers forget that each woman is someone's daughter. I have always enjoyed Raquel and admired her, however now I love and respect her a lot more.. Five Stars Upbeat easy to read. Very enjoyable, and insightful. Can't put it down. I purchased the Frownies upon her suggestion to relax my face muscles. Great Read. Boring publication ! I'm sure plenty of them aren't right here any more so why not? An excessive amount of focus on looks and little content on her behalf actual life.



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