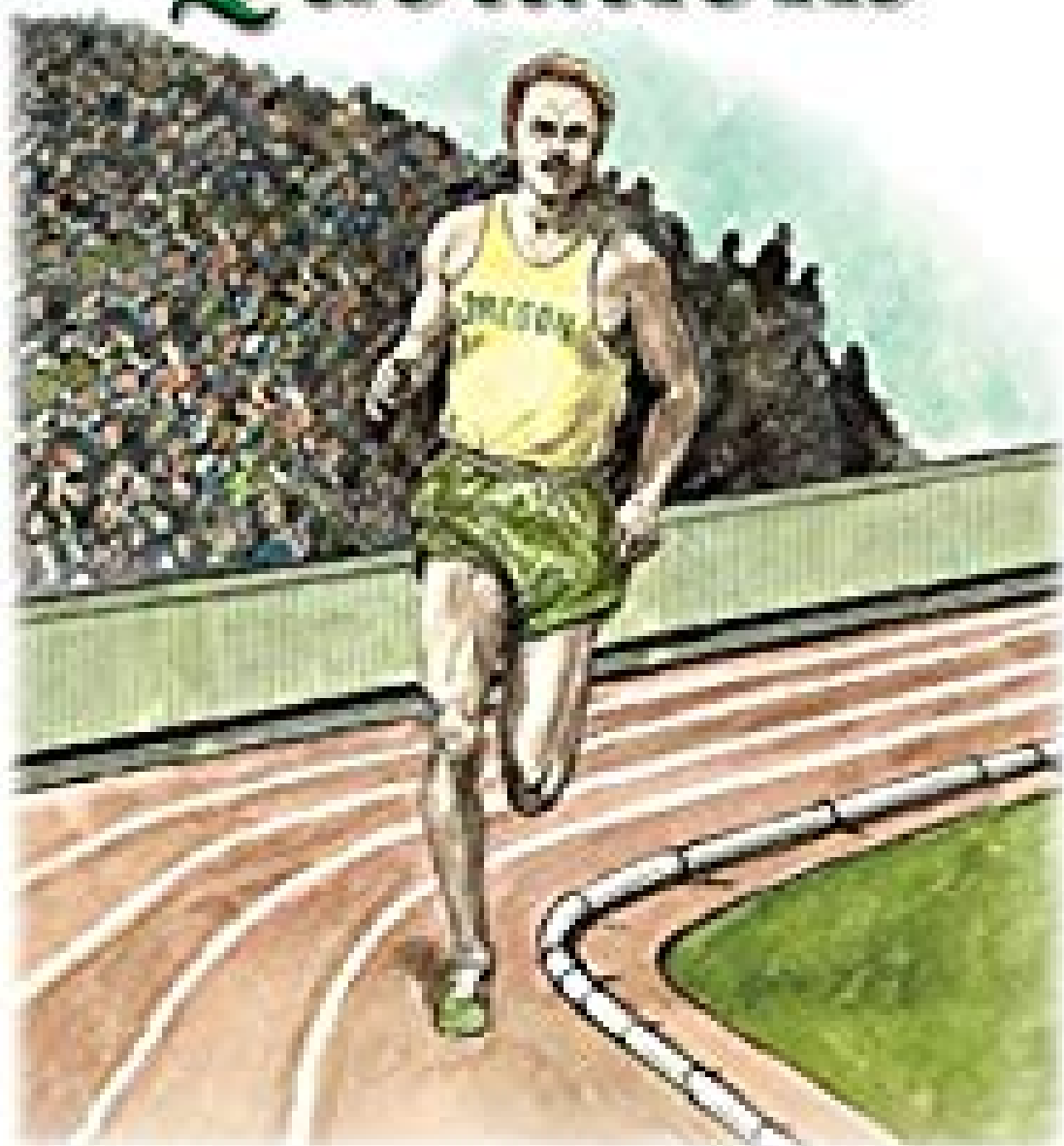


The **GIGANTIC BOOK** of
RUNNING
Quotations



Edited and Introduced by Hal Higdon
Foreword by Amby Burfoot

Hal Higdon and
The Gigantic Book of Running Quotations



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Book by Higdon, Hal



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Great quotes Quotes for all events, great to get motivation. Great publication for a runner I purchased this book as a Christmas reserve for my daughter. Bought as Xmas present for 16 calendar year old X-country runner and he loves it. Plenty of motivational quotes for your runner. Lots of quotes! I actually ordered this for my hubby who is a track and cross-country coach. He loves to add inspirational estimates to things he gives to his sports athletes. This book is fantastic! It is full of short simple running-based quotations. They are split into categories so he is able to find ones for beginning of training, overcoming obstacles, etc. Although this book is second-hand, it such as a brand-new one! It reminds me of a large dictionary/encyclopedia. Must have for any runner! She is definitely a very serious monitor and field athlete. She has actually read this very thick book, and estimates from the book appear to appear frequently in her Facebook postings. The book is good quality. Good assistance! The reason I only gave it a 4 is because it really is quite large and large.



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