

A Room-by-Room Guide
to a Decluttered, Refocused Life

The Minimalist Home



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The Minimalist Home: A Room-by-Room Guide to a Decluttered, Refocused Life



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He both offers useful guidelines for simplifying our lifestyle at home and addresses underlying issues that contribute to over-accumulation in the first place. It's also to turn our life's HQ--our home--into a launching pad for a far more fulfilling and effective life on the planet. A favorite minimalist blogger and author of *The More of Less* shows you how to methodically turn your home into a place of peace, contentment, and purposeful living. The reason is not simply to create a more inviting liveable space. One of today's most influential minimalist advocates uses us on a decluttering tour of our own houses and flats, showing us how to decide what to get rid of and what things to keep.



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