

# Live Like Your Nail Color

*Even If You Have Naked Nails*



Discovering  
*Sanity,*  
*Confidence,*  
and *Fun*  
at the Tips  
of Your Fingers  
or Toes!



*Mary Foley*

Mary Foley

Live Like Your Nail Color Even If You Have Naked Nails: Discovering  
Sanity, Confidence, and Fun at the Tips of Your Fingers or Toes!



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Are Your Nails Mild, Wild, or Naked? Find out what your fingernails reveal about you in Mary Foley's latest book *Live Like Your Nail Color, Even If You Have Naked Nails!* And how to proceed if it'll want to multiply the fun simply by calling up your girlfriends and throwing your own *Live Like Your Nail Color Party!*s not.s so not everything you think!t have the ability to wait around to whip out your nail materials or stop by a salon to live like your nail color.s Question Woman. \* A great, easy way to provide yourself an atta female without feeling guilty \* Why base coat is foundational to healthful nails and a happy existence. Who knew? \* How becoming convenient with change is just one nail color apart \* Why you should always pick a polish with an inspiring name. Replace feelings of feelings of tension, unworthiness, fear, and frustration with sanity, confidence, and fun--all while doing all your fingernails!ll learn: \* What your favorite nail color--or naked nails--reveals about you \* The true definition of today' \* The main element to laughing conveniently and often, even though chip happens Between your real-life nail color tales, light-hearted explanations, and smile-worthy illustrations, you received' It' Better yet, you' You'



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Makin' Mamma Happy! WOW Mary! And what a great motto, "Live Like Your Nail Color. My nails have become a constant reminder to me that I must take time out for myself. Mary's energy and passion for helping females be authentic, solid and in-charge of their lives comes through in this reserve with practical ideas and a light, fun and bold perspective.! Once again, Mary Foley reveals herself as one of the most refreshing and fun people in Richmond!. Mary Foley gives us heart-to-heart empowering life suggestions while offering us the inside scoop on manicures and pedicures. With Mary's delightful spunky style and real-existence lessons, you leave from this book inspired to include a bit of Wild Berry, White colored Limosine and Chick Flick Cherry to your lifestyle. This is a great girlfriend gift for the holidays. FANTASTIC! Ever since learning of Mary's idea, doing my nails has never been the same. We'd fun, had good conversations and walked out of the party with freshly painted fingernails and a fresh outlook. My finger suggestions have become small ambassadors of my dreams and wishes. When they want neglected it's a reminder if you ask me to have a big girl's periods. She is powerful and encouraging, down-to-earth and simply plain real! You'll want to present it to all or any your wonder girl girlfriends. Why would you not? You'll also never purchase another bottle of nail polish without flipping it to uncover the name of the color. pure fun I can't think of a woman out there who wouldn't enjoy this reserve. Yes, you are every female and I wish to live like my nail color like any woman worth her polish. Ladies sharing encounters is what gets us all through and makes us appear somewhat normal. Mary Foley is as very much fun as a girl can get.!okay so we aren't normal, but this book made me smile and made me take a little more time for myself. 5 Stars for Mary Foley's latest book I love Mary's new book Live Like Your Nail Color.!!! I've known Mary Foley individually for a few years right now and am thrilled that she put her nail-color philosophy in writing for us! You certainly are a hilariously wonderful writer, inspirational woman, and an amazing motivator. Buy this book.. Who knew doing all your nails could possibly be such a great metaphor for living existence?.Read this book...Share this book!! Really worth the \$15!! Believe me, after reading Mary's reserve you will have such a fresh appreciation for doing your nails. Live Like Your Nail Colr Manicures are a top priority to me, and now I know why!!!! That is such a great book.She "spices up" nail colors and encourages women to use nail color (or lack of nail color) to think about how they are living their lives.Just what a simple and humorous book which has great depth!Selecting names of nail enamel, such as "Mango Mama," "I'm not really a Waitress," "I'm a really supermodel" and, especially, "Chip Happens," Mary highlights how easy it could be to improve our viewpoints and commence laughing at ourselves and CHOOSING to take pleasure from our lives!She doesn't advocate sticking our heads in the sand; she DOES advocate our stepping beyond or outside ourselves also to MOVE AHEAD and make our lives the way we wish our lives to become. We have the power; some people simply haven't awakened or utilized it however. Do we only dream or do we really get moving on how we choose to "be" inside our everyday activities? By using the metaphor "doin' your fingernails"--something we all do, Mary has provided regular reminders that we need to be kind, thoughtful, generous, etc.Live Like Your Nail Color EVEN THOUGH YOU Have Naked Nails: Discovering Sanity, Confidence, and Fun at the Ideas of Your Fingers or Toes! Who thought self-improvement could possibly be so very much fun?. And that fun is normally on every web page of her latest publication.Thank you, Mary!, TO OURSELVES! What a fun go through! The stories are actual and the nail party idea worked well very well for my sorority alumnae chapter." I leave Mary's book sitting on my desk as a reminder to do just that. Thanks, Mary!!! We SOOO want to live like my nail color too! What woman doesn't need that reminder? Mary takes the usual and ordinary manicure (or pedicure) steps and really measures

it up to amazing with her inspiring methods and clever tips on how to put more color and lifestyle into your daily life simply by doing all your nails. Susie Galvez, Author, Speaker, and Beauty Expert In the time it takes for your nails to dry ~ you will never appearance at 'just doing all your nails' the same!



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