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# get positively beautiful

the ultimate guide to looking  
and feeling gorgeous

# carmindy

Makeup Artist for TLC's #1 Show *What Not to Wear*

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Carmindy

## Get Positively Beautiful: The Ultimate Guide to Looking and Feeling Gorgeous



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According to a recently available study, just 2% of women explain themselves since 'beautiful.' (Dove Global Research 'The Actual Truth About Beauty: A WORLDWIDE Report', 2004) The media instructs women how to 'look ten years younger,' 'cover up lines and wrinkles,' or 'get fuller, plumper lips.' And even cosmetic makeup products play off womens' insecurities, promising to conceal perceived flaws, define cheekbones, or make eyelashes fuller and longer.' Carmindy demonstrates easy make-up techniques for eye, brows, lashes, lips, cheeks, and skin, and how exactly to adapt looks to different climate and 'beauty moods. In GET POSITIVELY BEAUTIFUL, makeup artist Carmindy from TLC's hit plan What Never to Wear shows you how to change your mindset from unfavorable fault-finding to a positive beauty philosophy. You find out where to find and concentrate on your very best features and how exactly to combat mental poison about your appearance. That there's something inherently incorrect with just how women look and that they have to spending some time, money, and energy keeping up with all the methods they ought to 'fix' themselves. The underlying message?



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I love her as a make up artist because she achieves the natural beauty look so effortlessly so I thought maybe buying this book there would be actual useful tips on how to make that happen look, but most of her answers had been very cookie cutter and answers you can accomplish a magazine at the bookstore, great for killing time, not very effective unless you like really listening to self-confidence gurus. In the event that you look in the mirror and think, "Why bother?" or "Where do I start? After all it's great for somebody who is just starting to like and get into make up or perhaps you haven't placed on make up for a while and your jumping back into the saddle, or maybe your that female or girl who needs to pull yourself and your confidence back again up this book and various other books in the (Carmindy Series) are for you." this is actually the book for you personally. Carmindy's advice is heavy on pep talk. This book is wonderful. She also delivers precise, clear tips (with a product list behind the book) for specific issues.) In "Get Positively Beautiful," I really liked Carmindy's picture illustration showing exactly what makeup she carries when she travels. -- are also useful and cover an array of ages, epidermis types, and skin tones and shades. I'm a former model and now "of a certain age". That's best for all of us. for more information. My favorite part of this book included the before & Inspirational But Not Instructional Carmindy is a delightful woman with an infectious smile and positive, upbeat attitude." issues, and her Q&A section answered many questions for me, this wasn't my favorite makeup book. (I extremely recommend The Makeup Wakeup: Revitalizing YOUR LIFESTYLE at Any Age for anybody over 40, and certainly for 50+, 60+, and beyond. The question-and-answer sections -- damaged into sections such as for example eyes, epidermis, etc. I also appreciated her advice for air travel, including getting on board wearing no make-up and a lot of moisturizer. (I routinely do this, knowing I don't appearance my greatest at the boarding gate.) Carmindy's five-minute face advice was intriguing a sufficient amount of that I've ordered her book, The 5-Minute Face: The Quick & Easy Makeup Information for Every Female . meaning over 50. after photos. Useful companion to the 5-minute face For someone not used to make-up, I find that this book is a useful companion to Carmindy's 5-minute face. Another experienced my skin type (and related issues), so I learned from what I noticed there, as well. All in most, I like this book but it didn't offer as many "ah-HA!" moments as I might have liked. "Obtain Positively Beautiful" is probably a great choice for any woman who's not sure about her appears or the very best makeup to bring out her most attractive features. This book needs a few even more specifics on how best to go for and apply the makeup. Great tips which are practical and helpful! It's that -- a long time ago -- having spent considerable time in a seat, having someone develop a "appear" for me, to fit a specific developer or show, I've noticed lots of this before. I wanted a bit more from the nuts-and-bolts side of encounter design.) Followers of "What Never to Wear" will practically hear Carmindy's voice in the written text, and the book design is quite stylish. She says things such as (paraphrasing right here) "Honey, you were beautiful before you sat down in my chair. That's generally a good decision for an author. She's speaking to a specific audience, and doing so beautifully. We don't regret buying this book, because I picked up some useful suggestions and encouragement. WOW! But, for a little of everything, a gentle introduction to your best looks, and a lot of Carmindy-ish encouragement, "Get Positively Beautiful" is a great choice. FEEL GREAT Yes, Look Great Maybe. This book carries a lot of positive tips about how a woman "should" feel about her features with tips about how to get to that point. I have no idea if that sounds silly, but when you have under no circumstances worn make-up, it certainly helps to get a concept of how it really is supposed to look, or give you a range of how it could look -- there's never any pictures on packages to give you a concept, and my friends began to think

I was getting weird staring at their make-up. There are plenty of pictures of at least one beautiful woman, Carmindy.. The "positively" part of the title is key: Carmindy is being very upbeat and positive when she assures readers that no one has a perfect encounter, and highlighting your very best features can transform any (and every) woman. Probably the most helpful part to me is seeing photos of real people wearing make-up. What perform I do? Great strategies for enhancing natural beauty!Best for women who also need encouragement This is a superb book for women who feel out-of-touch with cosmetics, colors and trends, or struggling a little with self esteem. One woman for the reason that section had my coloring and design, so I learned from it. Pleasant, but falls lacking the 5 star category If you need a "Pick out ME Up" in the Confidence division this reserve is for you Probably I'm being to harsh but I felt however once again for being such a great help to make up artist I hope this wouldn't fall under the group of fashion/help to make up books where in fact the professional artist actually doesn't give you tips about doing anything. The actual make up tips seem relatively generic and could probably make use of better illustrations. Positive message for teens I always enjoy Carmindy on reruns of WNTW.Carmindy didn't write this book for absolutely everyone. Advice about handling blemishes, too. It's full of positive communications about everyone's inherent beauty.. And her message for youthful teens is, as I browse it, put on an SPF item and use a tinted lip balm. The rest is merely for experimenting." I purchased this publication for my tween granddaughter who is interested in the world of makeup. Thanks, Carmindy! While I have some "Where do I start? BUT, this book isn't for anyone who already knows the fundamentals of makeup software. And, actually, it could not even be highly relevant to make-up newbies since there is very little step-by-step instruction. I believe this book is more inspirational, than informative, and is usually targeted towards those ladies who are prepared for "a new you" but who are feeling insecure. Those of us who have confidence inside our look and just want to learn some new tips, tips, and techniques have to look elsewhere. Great Book and Great Deal Love your body positive useful attitude of this book. I equate this publication to an even one starter book in case you are truly trying to up your game on learning about make-up. Bought this as a gift for my sister and took a sneak peak just before she took it house. I believe her "5-Minute Face" book is probably the 1 I'll enjoy more.(Note: I'm not suggesting that rave evaluations have come from women with self-esteem issues. It's an extremely positive book. I really like the easy and strategies on . It is usual of the TLC approach to hair, makeup and clothing in that it attempts to create women comfortable with whichever body they have and steps to make the best of great features while ignoring or minimizing the bad.. This book is wonderful. I love the easy and creative ideas on different make-up looks and I really like the photos of the true women. My favorites in the makeover section had been Michelle and Joy because I really like playing up my eye. Both women are simply stunning. Someone needs to inform Ivonne to smile more- her smile actually lifted her face also without the makeup. Very disappointing. Great Makeup Book This book gives great advice on makeup and also lets you know which products will continue to work good with your skin tone. This reserve was no help, and was filled with the same outdated, same exact. Good book to give the younger set which are just applying makeup for the very first time Should anyone ever watched the show What Not to Wear, you have seen the contents of the book in Carmindy's segments. Five Stars well i simply learned how to put eye make - up on correctly. After reading reviews that are positive I actually purchased this book to greatly help update my make up look. Four Stars Great good sense. The pictures were really small and not helpful.



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