



Fish oils are harmful for your eyes.

A 10 second test can save your sight.

Sunglasses can actually harm your eyes.

A lotion can reverse years of damage to your eyes.

Edward C. Kondrot, MD

Foreword by Dr. Robert Rowen

## **Edward C Kondrot**

## 10 Essentials to Save Your SIGHT (Healing the Eye Wellness Series)



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Robert RowenA Template for Complete Health Maintenance, Wellness Restoration, and the Prevention of Disease in Any Part of the BodyForeward by dr.



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I enjoyed it quite definitely. Kondrot for his like and compassion for his patients! The author is certainly well credentialed. I would suggest this book to become a must read for everybody.10 Essentials to save your Sight This book is a fast read and takes you to an understanding of your visual acuity. Most likely should read to save your eyesight There's a lot of information in this publication. It includes information on what supplements to consider, different treatments, etc. The doctor can be a Homeopath who uses homeopathic medicine in his practice and provides some suggestions on what to take.? I do think it could be of use to those that seek answers to saving their sight. Five Stars great insight in another application of FSM,. I look forward to future books from this author Please provide some details on this book. Wish it told of plant supply supplements for one offers. The book is well-written, clear to see and informative about alternative methods of preventing and treating various ocular diseases.. Will anyone provide more of a clue in regards to what the "10 essentials" are, etc. was hoping more for specific description/insight into frequencies. I am thankful for doctors however they don't take the place of God, He is our creator and maker. I highly recommend this book. Don't sit back and accept the doctors report! Five Stars Excellent! Excellent Book! I have already been in the ophthalmology field for more than 40 years but are also a believer in alternate therapies. Dr. Kondrot may be the 1st synergistic ophthalmologist I have become familiar with in my own career and so I was very excited to read his book. Very informative My hubby has detached retina. This book is well worth reading to learn how to look after your precious eyesight in a natural way. GREAT Congrats Dr. Kondrot! Love this book! excellent and useful information Just what I was looking for. Well written and clear to see... Bought book to keep other eye healthful, in addition to my eyes. Kondrot's book. Products and homeopathy evidently are part of what the book discusses.. Informative in an easy to understand way. I really can't say more at this stage or give it a lot more than four superstars until I've formed a definite opinion of this publication, because I'm slowly reading it trying to take it all in. (I give the book 5 superstars so as not to harm the high rating of something I know nothing about) Don't go blind! Read this book and have hope! I have glaucoma in both eyes and the publication is full of valuable details that will help me to have better vision and to keep my eyesight issue from getting worse. You possess a say! I prayed about a what I possibly could do to greatly help my eyesight and I believe god, the father connected me with Dr. I've never seen so many reviews, 48 at this time, with so little actual explanation of the contents of the reserve. It's a great starting to my healing process. May the Lord significantly bless Dr. i appreciated the component where they let you know straight up the way you are destroying your eyesight and how exactly to save it. Very pleased!



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