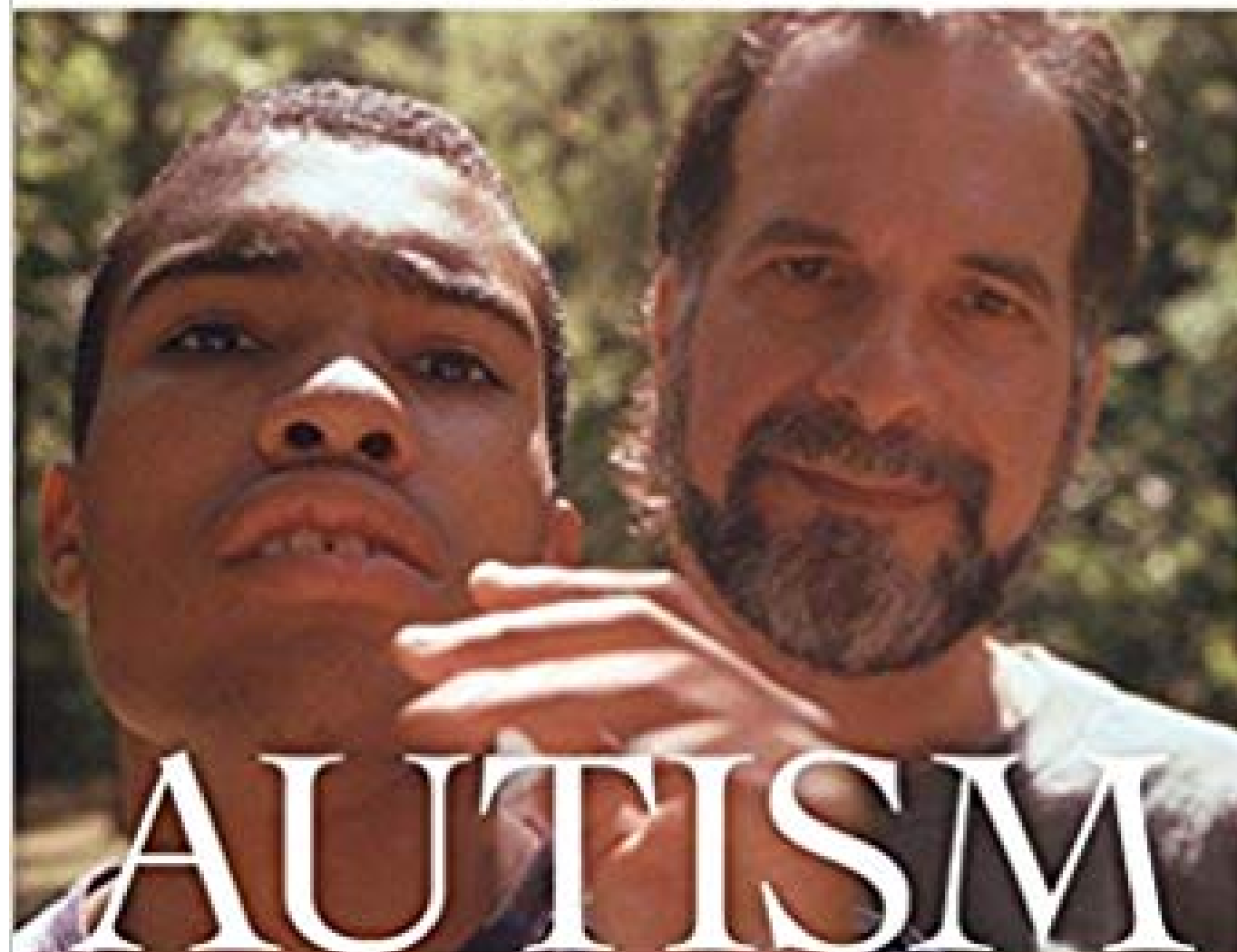


Robert A. Naseef

Foreword by Susan Levy



# AUTISM

— IN THE FAMILY —

*Caring and Coping*  
TOGETHER



Robert Naseef Ph.D.

## Autism in the Family: Caring and Coping Together



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s a query faced by every mother or father of a kid on the autism spectrum, which reserve answers it with keen insight, reassuring honesty, and practical guidance.and ensure that the complete family's needs are met? It'How do parents supply the best support for their kid with autism— A psychologist and father of a grown-up child with autism, Dr. Robert Naseef offers both personal and professional expertise to share with overwhelmed families. A warm, down-to-earth, and useful instruction for parents—this book is a valuable companion as families love and support the youngster with autism.s popular Particular Children, Challenged Parents seeing that a starting place, this completely reworked and revised new book reflects 10 years of transformation, both in the author's lifestyle and in the autism field.and an enlightening read for the professionals who work with them—s adolescence and adulthood, expanded and updated info on autism, and rare in-depth insurance coverage of the needs, emotions, and parenting encounters of fathers. Weaving wisdom from years of scientific practice with candid first-hands insights on parenting a child from birth through adulthood, Naseef helps parents navigate the complex emotional journey to acceptance information their child' Parents will reap the benefits of new chapters on navigating their child's behavior and development at every age group maintain a solid and mutually supportive relationship understand the requirements of siblings and provide sensitive support collaborate effectively with experts address specific issues like meltdowns, meals sensitivities, sleeping, and toileting manage stress build a strong circle of support with family and friends Using Naseef'



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Naseef's writing-ethic attracts me. Robert Naseef offers resided through the trials and tribulations which he provides therefore competently discussed here,2) Robert Naseef, Ph.D., writes from his heart and from his very own experiences. p. As the father of a son on the spectrum, I really appreciated the range of the publication in covering so many topics in appropriate depth. More Than A Memoir: A Guide For Families

1) That is a Love Tale-- "Autism In The Family members: Caring and Coping Together" is a book made up of real life experiences of parents who've an autistic or PDD child, and who demonstrate "love doing his thing" because they overcome, endure, and cope. It is very clear, thoughtful, and sincere. This reminds me of what Ernest Hemingway stated about his very own "ethic" for writing, and paraphrased by me, Hemingway said that he wrote one accurate thing, and another true issue, and another. I read and observed this mode all throughout Naseef's book,4) This total Second Edition is definitely up-to-date about the existing research and best-methods for the field of both Autism and Dr.p. The reader gets a situation that frames the remaining segments. There's the personal connection with the author's, or a real-life personal or family members anecdote, that introduces each brand-new Chapter..7) Finally, in the interest of Total Disclosure, I must show you that I have already been a friend of the author's that began in college. What they can do is relate with their lives differently. Each chapter offers therapeutic and educational explanations of the "Caring and Coping",6) Furthermore, there exists a quality of depth and breadth in this 2nd Edition that is built on an additional 10 years of research, collegial discussions, attendance at conferences, and sheer knowledge and practice in this, his field of experience.. Also, he is a Family Therapist, and he offers helped, guided, and validated the difficult trials and passages with which families need to cope,3) Dr. He brings the perspective of a specialist psychologist blended with his own personal experience with autism. I'd go as considerably to state that this is a must read for any parent, relative, or other one who cares for an autistic person (no matter severity). Very useful help dealing with autism Very helpful guidance that transcends the clinical and makes the family members struggle personal. Naseef teaches the truths that "people cannot control their thoughts or emotions within themselves or the universal truth that everything evolves and adjustments. That's how I experienced when I examine this book! There is a credibility not found in many scholar-like books. 216 - "Which means this is not just a story about me and my son; everyone can reap the benefits of finding links to occasions within their own lives.84 - "People cannot control what autism can perform with their lives." Some people have already been rendered powerless by the autism, but even the most challenging situations faced by households with autism are usually unfolding, leaving us options how we can react to our suffering. "I didn't want to believe what had happened to my baby but I found it happen with my own eye and when the physician said the term "autism" I don't remember feeling anything at all - I was just numb." Dr. I thought it was my job to become Annie Sullivan - I was going to repair the autism. I really thought autism was about getting my son to sit in his seat and fold his napkin. It had been like that for a long time, like declaring battle on autism, compounded with additional family problems. I was the mom whose son didn't sleep through the night for pretty much eight years (p.23) and broke every windows in our house (Chapter 5). I also "laid hands" on my child and prayed that God would give him a new brain and I thought it was my fault when he didn't change because I didn't have sufficient faith (Chapter 11). Naseef's practice of Family/Individual Counseling Therapy,5) In particular, I liked the way each chapter began.... As the dad of a son on the spectrum, . I went home and watched Rain Man and Helen Keller. Wow!. You will find understanding for yourself and the family you came from, the most up-to-date study taught in parent-convenience by way of a masterful therapist who is able to and does talk with parents worldwide, some stories about other families, truths that medicines and diet plans can only do so much to help (or not), helpful suggestions for all of us who want a relationship with somebody with autism, therefore much more. When we are collectively he likes to compose the alphabet and sing Barney songs. When my child asks me for points repeatedly that he can't have because they cause him harm, it really is

now much easier for me to state "no" to him. He's 19 and I still have no idea where he will live after age 21. For me and for all of the additional parents with children like mine, I am therefore grateful that Dr. Naseef provides published once again and advocates highly for services for our children. Regardless of what age your child is, if your child has autism, this book will help you. Today, my son also is safe and happy and We "stumble on happiness" when I visit him in his residential school in Bancroft in Haddonfield, NJ. Deb Auerbach "The woods - of autism (mine) - are lovely, dark and deep. But I have promises to keep, And miles to proceed before I sleep, And miles to move before I sleep." adapted from Robert Frost's (1874-1963) poetry



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