



Unstuck & On Target!

An Executive Function
Curriculum to Improve
Flexibility for Children
with Autism
Spectrum Disorders
RESEARCH EDITION

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target specific skills every student needs to find out more effectively, participate successfully in the classroom, reduce stress, get along with others, set and achieve goals, problem solve, complete tasks independently, and more. Lessons are easy to use and do not require extensive planning. and this how-to manual equips experts with simple, real-world ways to help students with ASD develop this critical facet of executive function. A classroom-based intervention strategy for high-functioning students ages 8–11, this innovative guideline gives particular educators and other service providers ready-to-use lessons that promote cognitive and behavioral versatility in everyday situations, from compromising with peers to handling plan changes. release teacher time. are tested and proven. Students in field assessments reported clear benefits, including increased capability to compromise and concentrate on bigger goals. reflect the training style of college students with ASD. Explicit, step-by-step routines, actions, and scripts build on the organic strengths of college students with ASD and ensure that they make progress. For learners with autism spectrum disorders, problems with flexibility and goal-directed behavior can be a major obstacle to success in school and in life. Developed by a multidisciplinary group of experts and front-line specialists, the 27 lessons in Unstuck and On Focus on! Educators will spend much less time supporting learners with flexibility challenges and additional time on teaching. fit very easily into any curriculum. But versatility and goal-setting can be taught exactly like any other skill—make learning fun, with engaging games, role-plays, tales, and lively course discussions. ensure generalization. Ready for any professional to pick up and use, this total guide gives users obvious instructions, materials lists, and modifications for every lesson, plus invaluable Teacher Intervention Tips that help general educators reinforce the lessons throughout the school day. Take-home worksheets for every lesson strengthen the home-school connection and help learners transfer their new flexibility skills to other configurations. With this effective, user-friendly approach to executive function intervention, learners with ASD will develop the flexibility skills they have to reach their goals, enjoy healthy relationships, and flourish in school and locally. And with the included CD-ROM, it's easy to print all of the game cards, college student worksheets, and other components had a need to perform the lessons. Help college students with ASD handle unexpected events scope with disappointment and frustration keep an open up mind navigate disagreements with friends set and attain goals distinguish a "big offer" from a "little offer" learn to compromise create a Plan B when Program A doesn't work



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