

"This book should be required reading for all medical students."

—John F. Kurtzke MD, FACP, FAAN, FANA

Emeritus Professor of Neurology, Georgetown University School of Medicine



Healing THE SOUL

*Unexpected Stories of Courage,
Hope, and the Power of Mind*

INTERNATIONAL
BESTSELLER



Award-Winning Finalist
in the "Health: General"
& "Self-Help: Motivational"
categories of the 2015
USA Best Book Awards



"A seamless blend of the scientific and the spiritual."

—Foreword Reviews

Bhupendra O. Khatri, MD

Foreword by Jeffrey N. Givgold

award-winning author of *Facing the Cognitive Challenge of Multiple Sclerosis*

MD Bhupendra O. Khatri

Healing the Soul: unexpected Stories of Hope, Courage, and the Power of Mind



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That s the good news.*** Within the last few decades, Western medication has seen incredible advances in technology to treat the sick.***2015 Finalist in USA Best Book Awards in Health: General and Self-Help: Motivational Classes***
****Eric Hoffer Award 2015 finalist in the category of self-help. The poor news is definitely that with the demands on their time, falling reimbursements from the federal government, improved medications, and restrictions imposed by insurance carriers, doctors often depend more on computers than on their own instincts and encounter in looking after their patients. The many stories in *Healing the Soul: Unexpected Tales of Courage, Hope, and the Power of Mind* describe the lessons the author has learned from his sufferers, along with current analysis about the resiliency of the human being spirit. Bhupendra Khatri has become increasingly alert to the mind-body connection and the amazing power of the subconscious to heal, postpone loss of life, and cope with unspeakable conditions. As a neurologist who offers daily with crippling and occasionally fatal conditions, Dr. Within these pages are stories of courage, inexplicable medical miracles, and disappointing transactions with intractable insurance firms. Dr. Khatri has been encouraged many healthcare providers, journalists, and individuals to share these stories, along with his research into problems he raises in the reserve, hoping of inspiring sufferers and their families and shedding light on little-known contradictions in the U. healthcare program.S.



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I highly recommend the reserve to all looking for a unique approach . 24, 2014 @ St. As well as those who love them. I write very few evaluations but felt this reserve deserved one. There are a huge selection of self-help/motivational type books that have been published, and I thought this can be another one in the same genre. But mainly because was stated in the movie Still Alice. An excellent reserve, both heartwarming and startling. It wasn't just Dr. Khatri providing us his personal formula for curing our soul. The outcome was a poignant assortment of true stories that reflected his interaction with his patients and their different afflictions and how they rose up to cope with them. I dropped my spouse a decade ago to Kidney Cancer @ age 54. Wonderful! Khatri writes may be the same manner he speaks for you in person. Khatri includes a concentrate on medicine that, I believe, only the best doctors keep. Khatri is a kind, caring and sensitive doctor that never rushes via an appointment. We are fortunate to have Dr. We are fortunate to have Dr. Khatri! I am truly blessed to know him and his personnel and to have the ability to contact him my neurologist for over 20 yrs. Khatri simply because my MS neurologist. I've been coping with MS for 10 years and I still live on my own, still and function reasonably well with just a cane. Amazing for just one with Principal Progressive MS. I am hoping this will get me some answers to whatever life holds for me personally. Ultimately, the book transcends its instant subject matter, as it engages the reader in reflections on the meaning of life, our obligations to society and one another, and the challenging choices we often confront. @ Mayo Clinic in Rochester Minn.. 8-11. So glad he's part of my medical team! What she wanted, came quickly too. Wonderful book! Khatri had written his book from an individual vantage point in that all of the people mentioned had been his personal patients over the years. Definitely a must-read. Five Stars excellent - have met the physician and a family member of mine is normally his patient Great Book!! I highly recommend the book to all looking for a unique method of the benefits of positive thinking. Very Inspiring and Encouraging! This book brings everything into prospective. Many thanks Dr. Amazing and terrifying I would recommend everyone using the medical field to read this book. I simply read the book in-may. The federal government intervention is terrifying. Book Ordered for my wife. Healing your Soul Dr Khatri is actually a healer and a selfless man. general practitioner, Reiki treatments, Craniosacral periods, still No Diagnosis. I have been viewing Dr Khatri for days gone by decade, I'm very confident that if it wasn't for his help, that I wouldn't be alive to create this review. Dr Khatri acquired dedicated his life to helping others, I understand that this book will help you as well Sincerely Nick Argeroudis Inspirational, awe-inspiring stories! "The stories in this book are wonderful and remarkable and feel even more genuine approaching through a doctor's perspective. Dr. Dr. Throughout the reserve, Dr. Khatri balances traditional medicine and complementary (in this case, mental) medicine gracefully. He is inquisitive and insightful throughout the medical journey the publication brings us through and it business lead me to think that he is probably a believer of the word "everything occurs for a cause". Each and every one of these stories shows the power of our soul, that I think can easily get lost in everyday activity. Dr. Khatri has known this part of our getting and encourages most of us to perform so as well. The stories that he shares are the evidence he uses showing us what's possible by simply hearing our soul. electric impulses head to toe). This is an extraordinary reserve, on par in its own way with those of additional great physician authors, such as for example Oliver Sacks and Atul Gawande. Dr. Khatri brings out the fundamental humanity of medical practice, with numerous good examples from his own encounters that produce the book come alive. He's also an astute commentator on the many obstacles nowadays of "Managed Care," and conflict of curiosity concerns, that come between the physician and his/her ability to do the very best by their individuals. Khatri's philosophy of incorporating healing methods that extend beyond traditional medicine. Just how Dr. Healing the Soul by Bhupendra O. Khatri MD. I purchased the book within my appt. with Dr. Khatri on Dec.. Francis Hospital. The tales of the soul are amazing. Upon the outcomes he set me up with an appt. Back Milw. Also dysphasia, poor swallow & 2 other neurologists , 2 ophthalmologists, chiropractor & The tales that he writes about have become inspiring and helpful. He examined me thoroughly and delivered me for bloodwork & EMG check. I feel honored to get a signed copy from this genuine, caring doctor. Anyone with MS or any other chronic disease will significantly benefit for Bhupendra's reserve. Dec. If you in fact incorporate his suggestions into your life you will have more functional time and a better standard of living. After many days of more tests etc. I still did not possess answers to my issues, Upon returning from winter season in Fl. today I am dealing with neuromuscular Dr. After 5 mths of several appts. which took 6 mths to find yourself in.

Part of that is Dr. I am lucky to possess lived to 64. Truly blessed! I am having my 3rd EMG (no enjoyable check needles &” in par in its way with those of other great physician writers I agree with all the testimonials here. My eyes do not close, poor blink, lagophthalmos. I take advantage of eyes drops 4x a time & night eyesight gel with eyesight mask to sleep. With throat Drs. choke on supplements & some foods. Eating is an extremely slow process. However, after reading several stories I recognized that Dr. You have to read this reserve to comprehend the power of your own mind! ' Healing the soul' by Dr. Khatri is a source of inspiration, strength, understanding and hope that helps you tap into the extraordinary inner power that can help us overcome the most difficult times in our life. Medical treatments could cure you of your bodily diseases but how do you deal with the harm caused to your internal self (your soul trapped within your body) during these hard times? Through several real-life examples of patients dealing with several levels of MS , the book shows us how we can influence our mind , and soul to interact to deal with difficult and unforeseen situations and develop a life worthy of living, worthy of sharing and be useful.



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