

ADVENTURE MEDICAL KITS

# WILDERNESS & TRAVEL MEDICINE

A Comprehensive Pocket Guide

4th Edition

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- Prepare for adventurous travel
  - Learn over 50 improvised techniques
  - Be safe—and confident!

Eric A. Weiss, MD



THE MOUNTAINEERS BOOKS

*Eric Weiss*

## **Wilderness & Travel Medicine: A Comprehensive Guide**



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JUST CLICK HERE to download the section from Wilderness & Topics covered include everything from CPR, shock, and fractures to head, eye, and dental injuries, poisonous reactions, frostbite, hypothermia, heat illness, and far, much more. Abdominal Injuries"\* Writer is a nationally known expert in wilderness medicine\* Covers both illnesses and accidents\* Includes improvised approaches for when medical items aren't on hand\* Every section offers been updated and brand-new illustrations added to this editionFirst released in 1992, Wilderness & Travel Medicine is a staple of the emergency first-aid kits sold worldwide by Adventure Medical Kits. With this fourth edition, Mountaineers Books and Adventure Medical Packages have partnered release a an up to date, standalone reference for anyone who ventures from civilization. Travel Medication on "Chest & Furthermore, there is "When to Worry" guidance explaining how to tell if a personal injury is advancing in intensity, despite tries to arrest or decelerate dangerous symptoms. Throughout the text, sidebars offer useful and improvised techniques for specific injuries.



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