



Creating a Spiritual Retirement

*A Guide to the
Unseen
Possibilities in
Our Lives*

- Letting Go of Who We Were
- Finding Out Who We Really Are
- Connecting with Spirit

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Creating a Spiritual Retirement: A Guide to the Unseen Possibilities in Our Lives



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In the last third of life, it is an opportunity to focus on the goals that are most important for you. Where perform I go from here?What now?In many elements of the world, pension from the daily workforce is a door you walk through to discover your soul.Learn how retirement can lead to new spiritual possibilities. This is a time and energy to care for unfinished business.With creative exercises and warm, useful advice, this book is a helpful tool for anyone on their pension journey.This unusual "guidebook" helps you deepen your relationship with the unseen but no less real presence of spirit in your life. Each chapter focuses on a particular idea for thought from a spiritual perspective, and concludes with a reflection and questions made to help you explore your thoughts during this important time in life."Retirement can be a time rich in understanding of ourselves and others. This is a time and energy to collect the wisdom we have gained over time and make it our very own.Creating a Spiritual Retirement invites you to examine your spiritual life and explore means of rendering it more meaningful, from 3 different perspectives:"THE AVERAGE PERSON Spirit"?Contemplate the possibilities for spiritual development that come with retirement from the daily place of work"THE FANTASTIC Spirit"?Discover how to look for the sacred in this lifestyle, in both regular and extraordinary ways"Practical Spirituality"?Create your way to more fully develop a spiritual practice that will provide support, strength, challenge, and comfort in the later years of life. It is truly a time to connect with our own internal spirit or soul and with the Great Spirit that animates all existence. It is a time to look beyond the top of our lives to the deeper internal meaning that is a part of each folks."?from the IntroductionSupportive, insightful and inspiring, Creating a Spiritual Retirement can help you make another stage in your life a meaningful one.



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The author sees retirement as an opportunity to "strip away the many faces of the functions we've played, and understand who we really are".. Although this reserve tells the author's story as a nun young, it is so much more and is definitely no endorsement of organized religion. It is a direct in growing to be a even more compassionate person with a more fulfilling life. Much more than I expected The title of this book caught my attention. That rings most evident for me personally as I embrace the freedom that pension has provided me. I do not normally enjoy poetry, however the Reflections at the end of each chapter of this publication touched me deeply. I'll read this book over and over. Most of the articles and books I got seen about retirement focused on the aspects of work that might be skipped and the economic challenges of pension.. I hope to start out a Bible Study 1 day a week with one of these ladies. Retirement I ordered copies of the book as presents to my fellow teachers who are retiring at the end of the year. Five Stars great Facile no help This book is superficial and contains little help about spirituality in retirement. Inside our six-member reading group not one person derived significant learning from the book. Good read/Good advice Easy reading, good insights, just a little woo-woo in spots. Would recommend to anyone over 50. Probably should be read more often than once. Five Stars Superb book to start retirement!.



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