

"[AN] ENGROSSING INVESTIGATION INTO ENDURING MARRIAGE."

— *The New York Times Book Review*

# SEPTEMBER SONGS

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THE GOOD NEWS ABOUT MARRIAGE  
IN THE LATER YEARS

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Maggie Scarf

*New York Times* Bestselling Author of *Intimate Partners*

Maggie Scarf

## September Songs: The Good News About Marriage in the Later Years



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By giving voice to both their struggles and their triumphs, these husbands and wives reveal how they've well balanced their psychological and physical requirements with those of their partner's, and the way the lessons they've learned as time passes have helped them find new opportunities to like, cherish, and live alongside one another in the extra years they have jointly. In *September Music*, the follow-up to her bestselling *Intimate Companions*, Maggie Scarf investigates the astonishing and profound evolution relationship has undergone in these "bonus years." In a series of intimate and provocative interviews, she delves into the lives of couples married for more than 2 decades and uncovers the welcome news that most couples are more satisfied within their marriages today than in their early years collectively. Since the start of the twentieth century, thirty years have already been added to the normal human life expectancy.



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Hold on; Lisa FrisbieThe Center for Relationship & I think that is the issue Maggie Scarf models out to solution. She finds a very up-beat group of solutions. This is a thorough study about "THE HUGE BENEFITS and Issues of Living an extended Life". It's called "staying jointly regardless of what" --- and these couples, married 40 or 50 years or longer, let you know exactly how they achieved it. She critiques what has been created on the subject and she conducted structured interviews, including queries about health, sex and money, with 75 couples. Most of the book, most likely its most readable component, consists of descriptions of six of these interviews.. Suicide rates rise, specifically for old white guys, although there is evidence that ladies suffer less melancholy.I think this will be of curiosity to older married people. Amazing book that describes the cauldron of fire that is .There's nothing simplistic here, no formula, no program. This book provides recommendations for choosing how to live a happy, meaningful, life." Making Marriage More Meaningful Maggie Scarf provides an excellent review about the many techniques marriages change through the years. She blends figures for many marriages with illustrations extracted from comprehensive interviews with six lovers.That's why September Songs is a must-read reserve.Judging by what we go through, hear, and discover, the organization of marriage appears to be fading. The author describes the "U Shaped Curve" which refers to our level of excitement about relationship: The left part of the U represents the initial passion and underneath of the U describes the difficulties of the obligations and of all the miscommunications caused by our lack of hard work.Other books I love about the overall topics covered in "September Songs" are:1. Now we have the opportunity to understand more about our spouse once we live the bonus years. The right side of the U was lacking completely before 1900 because we died too youthful. "The Longevity Revolution", By Robert Butler. Just hold on in there and it won't be as poor as you imagine.2. "Happiness is usually a Serious Problem", by Dennis Prager. filled with adverbs and phrases such as for example "both members of the set nodded in energetic contract. Five Stars Excellent reports on decided on couples who've been together through "thick and thin" and what they've discovered. Fun My husband and I have enjoyed functioning through the questions. As you read the interviews, you'll feel that you are having an individual visit with each few. Family members StudiesDel Mar, CaliforniaAuthors of ten books, including: Needless to say we can't understand how objective she was, and perhaps she would experienced trouble finding a publisher for a reserve that simply said we get more miserable once we get older.. Fills a useful gap in the literature about the ever-developing cohort of seniors who are now in their "reward years". Encouraging, enlightening, positive. For professionals in neuro-scientific geriatric mental health it is without scientific rigor... Fantastic book that describes the cauldron of fire that's marriage and how , if you can, operating at it creates so much sense in the long run (Assuming its no abusive situation or something in any other case unacceptable). I've bought the book for myself, friends and family, sometimes get responses and know it provides inspired many marriages to be appreciated and "proved helpful" better and provided clarity on their romantic relationship in a balanced way to many. Reassuring Message About the worthiness of Marriage These are the thirty years added to our average lifetime since 1900. Its future appears doubtful.The "bonus years" will be the 50s, 60s, and 70s. Maggie Scarf does an excellent job of speaking with long-term married people, who concur that marriage doesn't have to be ideal to become long lasting. Many mornings we get a good chuckle when we review our answers. Equally as important, you will discover that the marriage problems you have confronted, are facing now, and can face aren't unique. And you'll discover workable solutions.One great contribution of the reserve is the debate about divorce, often seen as a sure stage toward happiness for fighting couples. Research of divorced lovers five years later show

that the serenity they envisioned has been elusive. Not merely is September Songs a fit for married couples, teenagers considering marriage will benefit as well. Rather, there's the sage guidance of 'the greatest generation' and others --- showing us the virtue and worth of maintaining your promises and keeping together. Closer, Deeper, Stronger Here's the blueprint for a content, lifelong union. Her methods are in least partly scientific. Author Maggie Scarf has written a wonderful treatise on fulfillment in relationship, and shows us the way you get there: going through hard occasions, and continue with courage and dedication to a better tomorrow. The writing is certainly clear but klunky; The Complete Communicator: Switch Your Communication-change Your Life! A great gift for a marriage or anniversary --- and a great browse for yourself. Dr. David & it could get better If a relationship is very poor and the kids are out from under then why do people stay married? Fills a useful gap in the literature about the ever-developing cohort of . The Soul-Mate Relationship: The Spiritual Journey to become One



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