

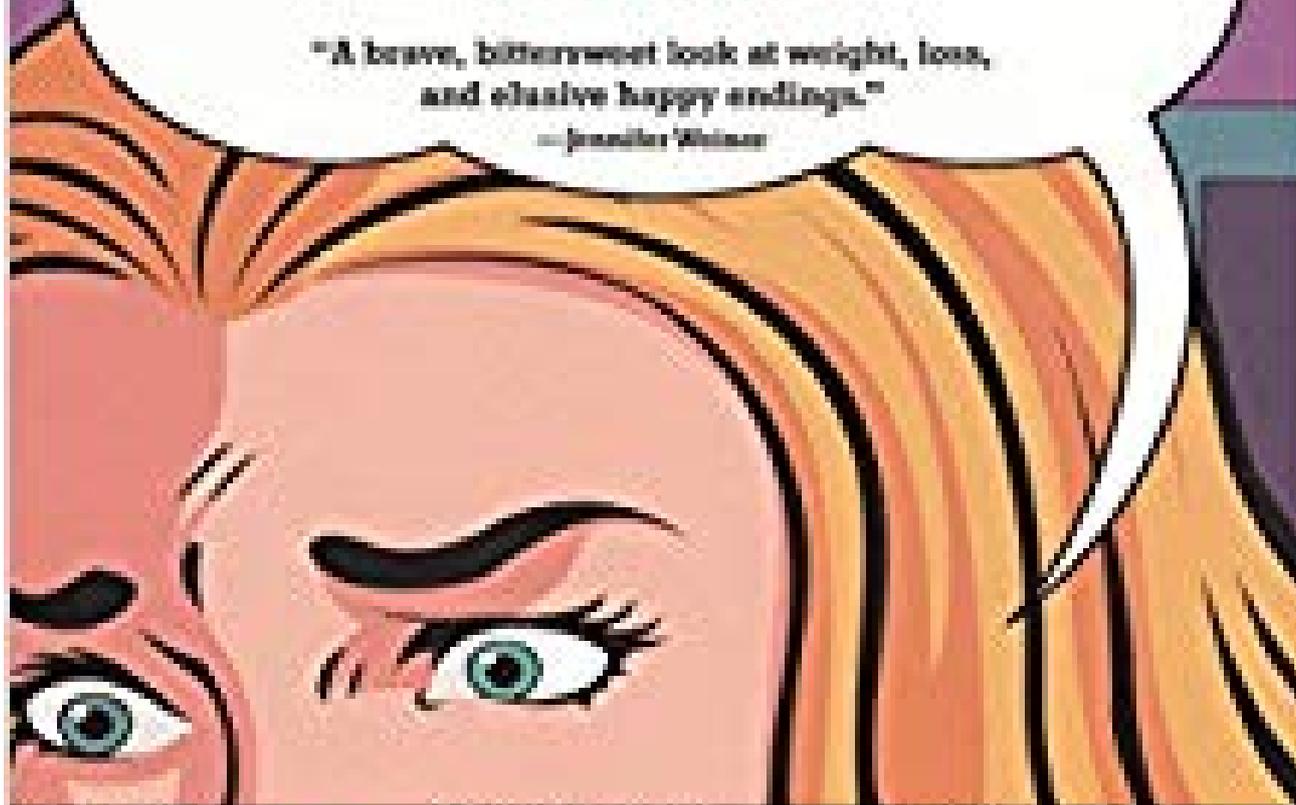


I'm Not the New Me

IT MEMOIR

"A brave, bittersweet look at weight, loss,
and elusive happy endings."

—Jennifer Weiner



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WENDY McCLURE

Wendy McClure

I'm Not the New Me



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I'm Not The New Me personally is about arriving at conditions with a family heritage of fat and drastic surgeries, and about self-esteem conditions that are nobody's business but your own. A hilarious and sometimes poignant consider the absurdities of weight-reduction culture from an attractive and original voice. It's wondering what's still left of yourself after you lose weight-and simply who the hell you are in the event that you gain it back again. It's about the absurdities of on-line identities and fat female clichés, and the sheer terror of appearing live and in person in your own life.



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I highly recommend this book! After much experiencing McClure's humor in that reserve, I purchased "I'm Not the brand new Me". I felt a kindredship with McClure in "Wilder Existence" as she goes looking for her childhood thoughts via her reference to Laura Ingalls Wilder. Overall, I thought it was a somewhat entertaining read; In fact the book ends as McClure comes to terms with her excess weight issue and her mother's excess weight struggles during McClure's childhood and how that affected her in adulthood. I have also generally had a weight problem and I am presently in the Fat Watchers plan, as was McClure at the time of this story. While I enjoyed a lot of the humor here also, I found a very different McClure than the one who results in in "Wilder Life". This book was written about six years earlier, so most of us change and grow in that kind of time span. Wonderful. I loved this publication. I don't feel like her personality actually arrived through. This is not a motivation weight reduction journey. When I came across her 'weight reduction memoir' I was interested. McClure actually begins getting some weight back by the close of the story. I'd like to think that the main point is that she is okay with that but I'm not really clear if that is the case. Still I find Wendy McClure a relatable, likeable person and I flew through the tale in a couple of hours. The writer writes beautifully and I felt so many of the issues that she has gone through. Terrifically Funny! Wendy McClure entertains and charms her audience with a assortment of witty, beautiful, and funny tales regarding her personal weight reduction fight in "I'm not the New Me." McClure begins by telling her audience that each fat girl has a fat story about the trauma that triggered the fats, but that she'll extra us that recollection. She said several funny things, but overall, she comes off as inscrutably significant and amorphous, as though she's afraid to talk about too much of herself, which is not appealing to me at all. I came across "I'm not the brand new me" to end up being delightful. McClure's writing is very similar to Laurie Notaro, of whom I am an enormous fan. "I'm in Vegas due to a website. I do hope that McClure writes extra functions, because I am really deeply in love with her humor and writing style. Sort of an ANTI-Weight Loss Memoir I read McClure's newest reserve, "A Wilder Lifestyle" that can't possibly rate less than five superstars in my opininon. Not only another funny fat-girl book This is a fast-moving, laugh-out-loud-even-when-you're-the-only-one-in-the-house book. But it's a lot more than simply another funny fat-girl publication. It's the story of a smart, iconoclastic, girl making her way through the shoals of the post-university years when everyone, including her, is looking forward to her to "live up to her potential." It's about dating, karaoke, close friends, therapy, parents, work--all discussed with insight, honesty and humor. That is also among the best books I've seen about the relationship between internet relationships and "true to life. You don't have to worry about her pretending to be something she's not because she isn't. I thought this reserve was engaging and personal, while being funny and vulnerable. I got here through the Internet. Wendy McClure includes a good sense of humor and isn't therefore arrogant that she won't make a joke at her own expenditure. I tried on two different occasions to find yourself in this memoir but I gave up each time." "I have no idea where McClure will go from right here (see, even when you "live up to your potential" and write an excellent book it only adds to the pressure), but I know I'll want to learn about it. I did still have some good chuckles with this book and I certainly linked to her self esteem struggles combined with her weight reduction efforts. It's funny that most of individuals leaving negative reviews appear to mention that they are close friends of someone McClure apparently slighted in her book. I'm sorry to say I purchased this one. I've loved reading her blog for a few years now, and was not disappointed by the publication. It's a little hard to explain that to other folks.. Just OK I wanted to provide 2 1/2 celebrities, as this book really was only a straight "OK, not really particularly great nor particularly bad". I needed to enjoy it and believe it had potential, but

when I was done I was just kind of apathetic. There have been definitely some sweet passages, but general I didn't feel just like the writer let any real personality come through. I sensed like she kind of meandered along, informing us about her lifestyle a bit, but hardly ever really getting to the idea. I don't believe everything necessarily has to have a grand stage or meaning, however in general I love to obtain at least something out of what I'm reading. Towards the finish I just wanted to surface finish it up so I could read something more interesting. Different This book differs from other weight loss memoirs. It's different because it's anti-inspirational. I understand that appears like a bad factor, but maybe it isn't. Wendy McClure is definitely honest, she's real." My 1st laugh-out-loud instant came on page 7. An engaging memoir The theme of weight loss is just the automobile for Wendy McClure's sharp and funny, and occasionally moving, observations on social interactions, the significance of friendships, and the absurdity of everyday life. But for me, humor doesn't come in the proper execution of crudeness, or belittling others so the a couple of laughs didn't overshadow the even more frequent cringes. Entertaining enough, but ultimately just left me feeling empty. Inspiration might have it's place, but so does this publication. Wendy McClure is not going to give you one. And?. I love memoirs; I've been reading them for years. I just really enjoy getting into another person's head, learning about different circumstances, finding solidarity, etc. To me, the best memoirs will be the ones where in fact the authors are vulnerable and open, and you also finish the reserve feeling like you know them, at least relatively. But I didn't get that sense at all with this reserve. I have also had an obsession with everything Laura Ingalls Wilder since childhood. nothing too interesting, but it was a quick, easy read with some interesting bits. However the whole method through, Wendy constantly felt so.. Loved this. Loved it! I just never actually got a sense of who she was. Its about her dating existence throughout that period and how that affected her. Most of the enthusiast mail she contained in the book implied that her blog is actually hilarious (and I devoid of browse it before, I can't say one way or another) but I feel like *that* Wendy was not within the book. Rather, McClure treats us to a bevy of hysterical anecdotes about her personal pounds struggles, love life problems, and family dysfunction. Because I wasn't feeling like I was getting to know her, I experienced a harder and harder time caring because the book went on.. However this book really is a memoir about that time of her lifestyle where she began her journal-blog and linked to others via the web. The Pounds Watcher's receipe cards from the 70's were quite gross and funny and probably those alone were worthy of the cost of the publication, although I desire there were more of these.. She's hilarious and pretty much rules.vague. She's going to end up being herself actually if it pisses you off. I anticipate reading more of her work, on any subject that catches her imagination. Plain and simple I didn't like this book I thought this publication would be good--but We was very frustrated by this book. You begin telling someone, 'Okay, so there's this site,' and that you know some individuals through it, and as you're talking he or she will tilt his/her mind like a puppy who's noticed something you can't hear, and apparently, that something is certainly your own voice stating La, la, la, I have a magical pretend existence. I know I will not try once again that's for sure. One New Me to Be Skipped After viewing all the reader opinions, I was eargerly anticipating the arrival of this book. I don't think she painted anyone in a poor light, if anything, displaying her moments of insecurities about her interactions makes the reserve honest and genuine. For anybody who can tolerate frequent (not uncommon or even occasional) profanity in the form of "f" this etc. She spoke about what she really felt, not really what she was supposed to feel..this book is one you can get through. This browse more like a edition of "Bridget Jones Diary" with occasional references to the weight loss journey. The author uses humor to poke fun at her experiences and, I believe we are able to all find things to

heartily laugh at in this reserve.If you are looking for an inspirational weight reduction story, have a look at Chantal Hobbs, Jennette Fulda, or Shauna Reid. I don't doubt some will love this book. But also for others, please understand that if you're searching for a clean read, full of insights and exploration of a weight reduction journey, it isn't really one for you.



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