

# Scaling Force

## *dynamic decision-making under threat of violence*

How to stop violence before it happens

How to choose the right response level

How to avoid going to jail for defending yourself



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## Scaling Force: Dynamic Decision Making Under Threat of Violence



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that's not a technique. In *Scaling Drive* Kane and Miller introduce you to the full range of options, from skillfully doing nothing to applying deadly force. *Scaling Force* introduces the full range of choices, from skillfully carrying out nothing to employing deadly push. If you do not understand how to succeed at all six amounts covered in this book you can find circumstances in which you should have no appropriate options. Total version: Conflict and violence cover a broad selection of behaviors, from intimidation to murder, and requires an equally broad range of response. A kind word will not resolve all circumstances, nor will wristlocks, punches or even a gun. In case you are incredibly skilled at locks and takedowns, could it be even possible to apply a submission in an effort to get away a lethal threat? Should you have mastered punching and kicking, what skills must you safely end two friends from fighting? If you are an expert marksman, what skills do you have to deal with an adolescent who wants to cut her very own wrists? Some people study fighting techniques for self-defense, yet nearly every style you can name focuses on a narrow selection of responses, typically empty-hands restraint or less lethal force. High-end skills only come into play in true self-defense circumstances. Unless you're the thief, that usually means you're losing. That is whistling in the dark. To go through existence with a narrow range of skills, hoping any emergency will just, simply by luck, happen to require the skills you have... Overview: Conflict and violence cover a broad range of behaviors, from intimidation to murder, and require an equally broad range of responses. And everything you know about timing, distance and power generation may not work. It's stupidity. A sort word won't resolve all circumstances, nor will wristlocks, punches, or even a gun. They realistically guide you through understanding the limitations of each type of force, when particular levels could be appropriate, the conditions under which you might need to apply them, and the potential price, legally and individually, of your decision. It's vital to have a holistic skillset for dealing with every level of violence. You mustn't only understand how to enter this level at the proper level, but also be able to articulate why the quantity of pressure you used was appropriate. Use too much and you are looking at prison time; use inadequate you are set for a world of hurt. You will understand the limitations of each type of force, when particular levels could be appropriate, the conditions under which you might need to apply them, and the potential costs, legally and personally, of your decision. More often than not, that will end badly.



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Great Primer on Pre-Assaultive Behaviors and How to Avoid Violent Confrontations First of most, I may have given the reserve a 5-star rating but also for some editing errors that became distracting to this reader. There must be the ability to give a 4.5 star rating, as this book could have landed there. The best book I've found on the various scales of .g., people that just obtained their CCW or those simply wanting to be considered a safer citizen) and professionals (police officers and also military members operating in an uncertain battle space). So far the most useful book I've found for summarizing the various aspects of self-defense. Having taught and operated in these realms, I appreciate their ability to communicate these principles to the "good guys" out right here ... a definite read for people who have to professionally cope with the violent side of our culture. Self-defense instructors, martial arts instructors who think they are teaching self-defense, or individuals who practice self-defense but don't train it. Excellent Framework for Evaluating or Arranging Self-Defense Training It took me a while to get Scaling Power. Gave great insight for confrontations. But I recently got my practical the Scaling Force Dvd movie (review just around the corner), and I figured I will browse the book for a complete comparison. I'm really glad I did so... You might not value filling them, but it's better to know they're there ahead of time than to ignore them and discover later. You don't focus on level one if level six is normally what you need. Or for example wait around on a bell to begin with their evil intent. Since I don't need to repeat what other reviewers have previously said, I'll just say this: 1. The author states he's always looking to learn from a good instructor. FINISHED . Itself I read this book on Kindle, therefore i can't comment on what the hard copy version is like. The kindle format generally is effective. My only complaint (in fact it is a minor one) is usually that the kindle version seems to think that each and every section is a fresh chapter, which meant that the little ticker at the bottom continuously said "one minute remaining in chapter" or "chapter complete". Rory's composing in the self-defense community is highly commended by .What's Inside Scaling Drive begins with a synopsis of some fundamental self-defense principles. Rory's breakdown of sociable and asocial/predatory violence appears here, as does some information on situational consciousness, the IMOP principle and additional legal niceties, and an explanation of what the Scaling Push... I believe if anyone is seriously interested in self defense they want this book. It's an easy read with easy to get at information. I understand better now. The idea the authors are making here is that the scale isn't something you move up through throughout a confrontation--you simply enter at the particular level that's suitable. In talking about self-defense with martial artists, I've noticed that there are frequently two big gaps in their training.) This is all very great information, though long-time readers of Rory's work will find a few of it (particularly the social/predatory violence info) familiar, and possibly repetitive. Personally, I look for a good review of good information always helpful. If you are reading Miller for the first time, this stuff is invaluable. The rest of the book is six chapters, each specialized in a stage on the force scale. Each chapter provides a breakdown of the drive level: how it operates, what the main element concepts are, and some tips for drills and teaching at each level. The legal areas of self-defense have to be one of the most overlooked regions of self-defense training. Yes, there is a Castle Doctrine and sometimes Stand Your Floor, but if you unleash a set hand to the nasal area because you didn't like the look of someone, the police will view you because the bad guy, also if the assailant switched victim has a criminal record dating back again to the womb. What's Good The entire thing. The information here's all very detailed, but it's offered in a way that's easy to get at for a general audience. Possibly even more so than the psychological aspects (which at least get some good lip service). Scaling Pressure offers a solution for that. More importantly, because the information is shown in a nonstyle specific way,

it's info that can be built-into any training technique that's concerned with self-defense. Just reading the reserve will most likely illuminate some holes in your training. 2. It is value noting that whilst every chapter contains some drills and principles for focusing on that particular degree of force, engaging in any level in more detail requires going beyond the scope of the publication. Chapter Four, for example, contains a nice debate on the mechanics and tactics of joint locking, but obtaining really good at joint locks is going to require some time on the mat, and most likely some hands on training with someone who is proficient at that type of thing. Rory's composing in the self-defense community is highly commended by many. Who Is This For? I also appreciate having less false bravado that lots of authors bring to the conversation. Basically, in case you are interested in self-defense in any way, this book is crucial read. The best book I've found on the various scales of force and the effects of their use. This is another gem from Rory. Essential (but scary) information for anybody who plans to guard him/herself. Excellent and comprehensive coverage of an often overlooked part of martial arts and self-defense training: matching the scale of your response to the attacker's approach. None of it is particularly design or system specific, & most of it could be integrated into just about any training system with out a lot of strain. In addition, it emphasizes that even if the criminal system does not come after you (or disgorges you), you still face what could be time-consuming, expensive and intensely stressful civil proceedings. All you have to do is look at the news nowadays to see what the attitude is definitely towards cops doing their duty; now consider that it's you and you also don't have your law enforcement union, a badge and uniform, and a band of brothers looking out for you. Caveat Defensator! Everyone must read this book. This book got me thinking in a completely different direction than I'd ever considered. I have dabbled in fighting techniques for several years and believed I knew what my teachers were attempting to tell me. (I should expand on that, actually. Another book by Miller much like Miller's other books I know that sounds elementary but they don't value your teeth, your reconstructive surgery, or your family. One is the psychological aspects of self-protection (what we call Battle One in the PDR/SPEAR System). Level (it's not a continuum, the authors reveal) is. And that is just one little nugget of information you will discover in this publication. Sure it's all about "scaling pressure" but I'd wager the book would have sold better if it had just been entitled "On Self-Defense." Clearly I think it's a valuable book. The various other, and honestly, probably the most often ignored, is the legal aspects of self-defense (what we call Combat Three in the PDR/SPEAR system). As it is created, there are a great number of great written scenarios included rendering it a decent reserve worth the purchase price and time to read. Scaling Force presents something and way for martial artists to handle combat three in a fairly comprehensive fashion. And it occurred to me that lots of instructors have very little experience with real-life violence. Of course, maybe your instructor is exceptionally good at awareness and avoidance or existence and verbal sparring. He may also simply lead a charmed life. In fact putting this stuff into practice will fill up those holes properly, and expand all your abilities as a martial artist (or as a human being). I have often thought that Audie Murphy was our most decorated WWII hero. Scaling Force Interesting book. 196! Both Murphy and Urban received 29 decorations including the Medal of Honor. But Urban's paperwork was dropped and he did not have the CMOH until 1980. He was an incredible soldier! Another Title may have been Meditations on Self-Defense And maybe even simply On Self-Defense. Ought to be required reading for all Police Academies and the ones who carry Practical experience-structured information for those in Law Enforcement and the civilian world who, when attacked, both want to remain alive AND out-of-jail. But there is an anecdote about Matt Urban on p. I'm not completely sure why, except that

Rory has a large amount of stuff out there, and I could only read so fast. With that said, I recommend the reserve for both novices (E...If you are a martial artist who ISN'T interested in self-defense, this book might be worth reading, just to understand where the gaps in your teaching are. I have periodically described it as I've watched the news headlines. Like I said, minimal complaint... That isn't a complaint--going in depth on every section of this publication would make the reserve so enormous as to become unwieldy. What he puts8 in some recoverable format in this book and others will go quite a distance in helping you understand the usage of force and not really to get rid of up on the incorrect end of an assault charge. It's a straightforward read with easily accessible information Whoever has done any schooling or taken any training course in self-defense should go through this book. The level offers six phases of potential responses to a confrontation: Presence, Voice, Touch, Empty Hands Restraint/Physical Control, Much less Lethal Force, and Lethal Drive. The authors neatly set out the various types of violence - interpersonal and predatory - and explain how exactly to better identify them, avoid them and, if necessary, deal with them. Great information but zero real scenario photos like on the cover. Great details but lacks scenario images similar to the cover which would have taken the reserve to the next level. This is actually the first time it occurred if you ask me to look at the "hole" in the instructor's experience. To place it bluntly criminals will not stop when you tap on the shoulder.



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