

Over 250,000 in Print!

4- to
13-year-olds

**The Revolutionary
"Executive Skills" Approach to
Helping Kids Reach Their Potential**

SMART *but* SCATTERED

Boost Any Child's Ability to:

- ✓ Get Organized
- ✓ Resist Impulses
- ✓ Stay Focused
- ✓ Use Time Wisely
- ✓ Plan Ahead
- ✓ Follow Through on Tasks
- ✓ Learn from Mistakes
- ✓ Stay in Control of Emotions
- ✓ Solve Problems Independently
- ✓ Be Resourceful

Peg Dawson, EdD, and Richard Guare, PhD

Peg Dawson

Smart but Scattered: The Revolutionary "Executive Skills" Approach to Helping Kids Reach Their Potential



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There' Small changes can add up to big improvements--this empowering book shows how. Your " The latest research in child advancement shows that many kids who have the brain and heart to achieve success lack or lag behind in crucial " child might also have trouble coping with disappointment or handling anger. Drs.--the fundamental habits of mind required for getting organized, staying focused, and controlling impulses and emotions.s a lot you can do to help.sensible but scattered"executive skills" Peg Dawson and Richard Guare possess very good news: there' Learn easy-to-follow steps to recognize your child's strengths and weaknesses, use actions and techniques which can boost specific abilities, and problem-solve daily routines.s nothing at all more frustrating than viewing your bright, talented son or daughter struggle with everyday tasks like finishing homework, putting away toys, or following instructions in school.



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Easy to read, well organized, and provided a huge amount of IEP suggestions. You can find all kinds of helpful assessments and tables, that don't arrive correctly on a kindle. This book FINALLY shed light on the challenges my boy faces in the home and school. Organized in an accessible way and clear to see. I have three highly gifted children who nevertheless seem struggling to accomplish simple tasks. Seems to be much longer and wordier than required. Sure, I've had trouble staying organized, I begin duties only to leave them half-finished, and Personally i think like I have a lot more potential than I produce." Because they *aren't* like other kids. Autism help Using as mention of lesrn to help grandchild with behavior, asberger characteristics...! My husband had taken the quiz and -- not surprisingly -- his EF (executive function) skills are nearly off the charts on the additional end. I am excited to read more! Suddenly, I am aware why a disastrous home sends me into tears, but he is able to get to function and make it spotless in a few hours. But this reserve also showed me that it's no inherent personality failure on my part -- it's that I under no circumstances learned these skills properly!! Organized within an accessible way and easy to understand A helpful resource so you can get tools to help my child.? If your kids are also very intelligent, I also *highly* recommend reading this book as well as: Living With Intensity: Understanding the Sensitivity, Excitability, and the Emotional Development of Gifted Children, Adolescents, and Adults Provides excellent insight into why ADHD children learn and respond differently than kids without these difficulties. Provides excellent insight into so why ADHD children learn and respond differently .This book isn't an instantaneous silver bullet solution, but it provides new ways of thinking and conceptualizing about your children's (and your own) strengths and weaknesses. But until I required the inventory for parents in this book, I didn't recognize how truly weak my own executive skills are all around (unless I'm motivated, and then I'm a machine! They are shooting stars who will problem but delight and amaze you! I find this difficult to learn. Why are *MY* kids -- who are otherwise therefore bright and capable -- therefore sensitive/dramatic/disorganized/fidgety/distractable/noisy/rebellious, etc...When you understand low and evolving EF abilities in combination with overexcitabilities/intensities, you can finally stop asking, "What have I done wrong? Excellent assistance and parenting methods that actually work. If you are tired of repeating the same factors over and over again to really get your child to accomplish something or everything, go through this book. Smart but Scattered The title describes my child to a T. This book has been incredibly helpful in learning how to work with her in a confident way and help her to take advantage of all the wonderful reasons for having her. Smart but scattered kids can be hugely frustrating and as parents we all too often let the frustration guideline us. This book really helps to better understand this child and therefore keep carefully the frustration from producing the parenting decisions. This is an excellent book for any parent This is a fantastic book for just about any parent, with plenty of targeted and practical strategies that can be helpful for any child, not merely people that have ADHD tendencies. So helpful Really needed this book and it is helping me parent a very smart but distracted small boy. Maybe I'm Scattered as well? And the _Wise but Scattered_ book will help them manage those overexcitabilities through developing better executive skills. A friend recommended this publication, and it's forcing me to endure a total paradigm shift, not only about my objectives for them, but of my very own weaknesses in this area. Perhaps my brain is becoming twitter adapted? Maybe my kids get their executive function problems from me? I believe the could accomplish the same goal in fewer, better to read pages. (book is highly regarded and I'm sure the materials is great - I just have a hard time reading it because of the writing style) Updates! Plenty of strategies and modeling scenarios!? Some resources are nonexistent or dated.? It would

be great if the authors would tamp away a more current edition Great for Parents I noticed that a lot of testimonials were written by particular ed teachers and psychologists, and wanted to add mine as a mother or father. I ended up buying the book too. It not only gave me concrete tools and suggestions to help him improve his executive abilities, but also an understanding of what was going on, which resulted in more endurance on my part. Nagging him to get organized and constantly reminding him to remain on task was not assisting. His executive skill weaknesses were beginning to lead to low self-esteem and a "better not to try than to fail" attitude. This reserve has helped me to begin with turning that around. It had been recommended to me by a psychologist. If anyone offers ever hinted that your child might be ADHD-- go through this reserve before accepting any labels. It's also the head to book for any professional who works with children and wants to help parents or teachers to greatly help children develop constructive behaviors for success in school, in the home and eventually at the job. Fantastic Among the best books on executive function We've read.Don't buy the Kindle version-buy the book This book is in fact really helpful as long as you buy the book and not the kindle edition. I purchased extra copies for our school's special ed division. helpful book Useful series for understanding ADHD/executive function with some practical tips to try. Great product! exactly like my daughter). Great product! After just a weekend of talking about some issues collectively, my daughter (8) and I've created ways of help us with our organizational skills. . A teacher recommended it A therapist recommended it to me and as a fresh teacher We recommended it to me. The first tale was one I could relate with. He laughed just a little as he said he wondered how honest I was going to be, but he agreed with my self-assessment. Blank pages in book Several of the webpages in the book are blank. I'm also staying more individual with my 5-yr-old son, who's pretty much a 1 on emotional control (but quite great with organization). Facing my very own weaknesses in helping my children Another parent here.



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