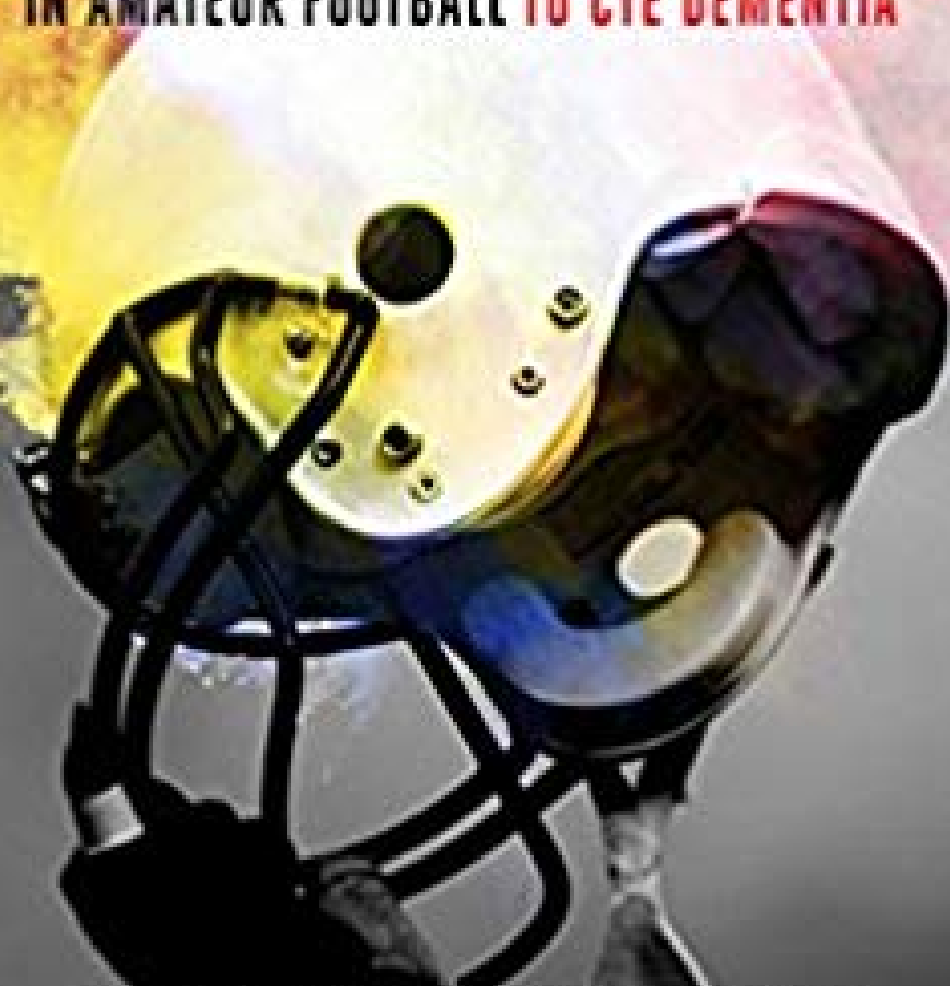


UNINTENDED IMPACT

ONE ATHLETE'S JOURNEY FROM CONCUSSIONS
IN AMATEUR FOOTBALL TO CTE DEMENTIA



JIM PROEBSTLE

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Jim Proebstle

Unintended Impact: One Athlete's Journey from Concussions in Amateur Football to CTE Dementia



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After suffering concussions in high school and college, Dick struggled unknowingly with the onset of Chronic Traumatic Encephalopathy (CTE) dementia. For many years, he fought the demons trapping him in an ever-shrinking globe: diminished short-term memory, limited executive working, interpersonal shortcomings, paranoia, and failed physical capabilities. Nobody will remember a backup university quarterback, but Dick's story bridges the glamour of NFL football--its high-profile athletes and the preliminary \$765 million settlement for CTE dementia--with the harsh truth that millions of former amateur players could be suffering anonymously with the same concussion-induced devastation of CTE dementia. As an athlete, he was revered, yet success turned traitor as obtaining his "bell rung" in football resulted in an environment of confusion and confinement.



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A worthy quick read! It is worthy of your time to learn this book. It is well written, evocative, and educational. The story is approximately a brother who suffered repeated concussions and eventually developed CTE dementia. Nobody was aware of the problem when Jim and Dick played football. Must read for athletes This is a must read for anybody playing sports as well as for their loved ones. Trauma to the mind at any age and level shouldn't be taken lightly which book provides good details to help us realize why. It's a publication about football concussions and how Dick Proebstle proceeded to go from being wealthy to having nothing all due to the impact of concussions over the years. Attending the same college as Jim & He makes a strong case for the upside of football, especially the ideals that it teaches young players. It clearly shows the near and future ramifications of concussions, and without producing excuses explains better most of the poor options made by Dick. The writer in story form tells the how many football concussions had such an awful long-term effect on his brother and man This is a very powerful story on the critical problem of concussions in sports. The writer in story form tells the how many soccer concussions had such an awful long-term influence on his brother and several other football players. An eye-opening and unfortunate book. This suggestion isn't to scare them, but to create them aware. We understand how his CTE manifested itself and how tough it is to diagnose, manage, and treat. However, the facts shown in this book and many other resources out today make those details available--if parents elect to heed them. I thank Jim Proebstle and the entire the Proebstle family for sharing their story. We hear about the effects of repeated concussions at the professional level but our kids and grandchildren who play contact sports may also experience them. It really is both a loving tribute from the author to his brother in addition to a wake up contact for anyone involved with a sport where head injuries may appear. The book is exceptionally well researched and shown so that even the lay person can understand the problems.. The answer isn't to give up sports as the benefits outweigh the risks. The answer is shield yourself (as I do with a helmet when skiing) and acknowledged the indicators so clearly identified in this easy browse. Jim Stoppert I felt We was reading about me. Simply finished Jim Proebstle's book and my enthusiasm for its content and design of writing is growing. It's interesting that the writer doesn't advocate the end of football but instead its evolution. Dick I came across it brought back many memories, recognized many brands and places, and however sensed the sadness and pain that Dick and Jim both suffered. The book can be a compelling story of how families cope with crises and the way the character of people gets amplified (both good and bad) in such settings. Sorrows. IMO, a must read for any contact sport athlete, their parents and folks who love them. Sympathy for the Proebstles Excellent written and very detailed. I would highly recommend all parents who have kids in high influence sports read this. A emotional story that needed to be told, by .. As the author states mind injuries aren't just related to football but can occur in almost all sports. A emotional story that needed to be told, by a brother that experienced the tragedy first hand. Must Read For Athletes, Coaches and Parents I met the author Jim at an area book fair. The first step is to recognize the issue and Unintended Influence helps in that goal. Hopefully, the author and his family's lack of Dick can educate long term athletes and their families. While my fear that the continuing future of football may be in danger, my hope is that this reserve will enlighten us to seek the solutions. A great guy. The story is as tragic since it is compelling and the composing excellent. I played 10 years of old school football in high school , taking and delivering impacts now illegal in the overall game. Well worth the examine. Frankly, after reading about his brother Dick, I dread for myself and for several people I used. A must read if you know someone who's had several concussions A complete great book! Coaches as well. Five Stars Great Five Stars Well written and a significant story. Soccer - The Joys & Perfectly done. Jim has captured the ethos of living in northeast Ohio, the part that football played in how we played, considered ourselves.. His chronicling of his relationship with his brothers, their family members, and his own personal thoughts and feelings is very powerful. I recommend this reserve to anyone. Simply finished Jim Proebstle's book and my enthusiasm because of its .., and what we understood because the "way the overall game" was

supposed to be played. It will get your soul and make you wonder if you are next if you have had your "bell rung many times in highschool and university" A thought-provoking look at America's most popular sport This is an alarming story of the insidious, long-term consequences that can arise from playing America's most popular sport. It really is timely, true to life and provided in a way that ties the topic together unlike any other resource I have seen. Add six years of high school wrestling.



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