

REVISED & EXPANDED

LOVE FIRST

A FAMILY'S GUIDE TO INTERVENTION

Updated Tools and Techniques
to Help Loved Ones Heal from Addiction

SECOND EDITION

JEFF JAY
DEBRA JAY

with a foreword by George McGovern

Jeff Jay

Love First: A Family's Guide to Intervention



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This revised and extended edition increases the core materials in this classic reserve with the most up-to-date scientific details and new intervention techniques for alcohol and other drug addictions--and a range of disorders. A standard-setting book on intervention, Love First has helped thousands of families, friends, and experts develop a loving and effective plan for helping those who suffer from addiction. This revised and expanded edition of the very most popular and effective book on intervention features enhanced tools and techniques to help loved ones face addiction.



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Must Read for the loving family members with an addict Outstanding publication for a family struggling to know how exactly to respond to someone you care about with an addiction issue. It provides detailed step by step guidance on how exactly to execute an intervention to find the addict the help that he or she requires. We followed the instructions cautiously, bought books for everyone on our intervention group, and watched the videos on their website. We bathed your time and effort in prayer and God answered those prayers in a mighty way. Unlike many help books, that one is not very repetitive and will be offering many insights as well as a thoughtful plan and guidance from start to finish. It's intensely extensive with the latest up-to-date scientific info in neuro-scientific addiction treatment. Hugs and tears throughout and the whole team accompanied her to the procedure center... Outlines and defines enabling and lets you know what to look out for as the prepared intervention proceeds. It gives types of sample letters and finding your way through all areas of the intervention, including the possible objections. Required reading for Families I didn't understand how to "Love Initial" because I was thus resentful and angry within my brother for his horrible options. According to the authors of "Appreciate First: A Family's Instruction to Intervention", Jeff and Debra Jay, one of the primary myths regarding addiction is the belief that you can't help an addict until he's prepared for help. I'm guilty of believing that myself, together with the belief that an addict must reach bottom. It's about using love as the most powerful tool we have to defeat addiction. Intervention is certainly a means of raising the bottom. Interventions work through the power of the group. One-to-one confrontations with addicts are often ineffective. Addicts are competent manipulators and will even manipulate well-trained addictions counselors. Interventions could be tough, so the authors stress the significance of love initial. This reserve was a godsend, many thanks so much! Underneath for most addicts, however, is likely to be loss of life. "Love First" is usually a step-by-step guidebook to intervention for the family members. When the last intervention letter was go through and we asked our loved one if she would go to the treatment that we had arranged, she stated YES! For those who have a member of family or friend who wants help with regards to addiction, then you must read Love First to learn that right now there is something that can be done besides remaining helpless and hopeless. Portions include how exactly to write the letters to be read to the addict, who to have remain quiet, and what things to have ready if the addict agrees to keep for treatment. When you have watched it series Intervention it shows close to the end interventions being conducted, but that portion of each present is short, limited..David Allan Reeves Author of "Running Away From Me" Superb book I'm teaching a course at a college (Great Northern University in Spokane, WA). Gives good suggestions. Letters should not be more than one ... Gives good recommendations. Letters should not be more than one page. Better yet each intervention participant should speak from their heart rather than letter. I'd still recommend the publication but a professional should be the intervention leader. It takes special skills. PRICELESS! It was an excellent guide and luckily, we've not had to utilize it yet. The former involves years and years of struggling, and the latter just takes a couple of weeks of preparing.. I was helpless to know how to help. Great reserve. If you have a family member or friend caught in addiction. Very good information on addiction;.. There are actually two types of intervention for drug abuse. My family is definitely a well educated, upper-middle class family and I acquired no previous contact with drug addiction...We urge you to read this. You will swear it had been written about your beloved, for they ALL say the same factors, do the same issues and live for his or her addiction and you also won't see that until you examine. My heart goes out to anyone reading this review... Two types of intervention one is an organized loving action performed by family and friends! It offers very specific way to accomplish an

intervention, the before, during and after. explains it perfectly for close friends & This reserve goes in great depth the background and preparation had a need to conduct effective interventions.it is the hardest matter I've ever done. Enormously helpful information Well written and hugely beneficial to anyone desperate to do an intervention for a loved one with addiction problems. Everything fell into place, a wonderful testimony to the power of pray and like in action. In addition, it explains addiction in clear terms and gives you the confidence to help make the difficult actions to intervention. Love First has trained me how exactly to detach, like my brother-hate his DISEASE and move in a positive direction. Covers ALL OF THE Bases Love First emphasizes using love seeing that your bases for intervening in another's existence.. It covers everything, even age sensible and different addictions. I'm reading it for information on how to do an intervention with someone you care about and his wife. The other type can be an organized loving take action performed by friends and family. I think it might be helpful to anyone who is concerned about someone you value. Five Stars Excellent Eyebrow Raiser I haven't read the book, but We've thoroughly enjoyed positioning it out in casual places when relatives go to for the holidays. Five Stars Really excellent information for NON alcoholic addicts! Step-by-step guidelines for an intervention.) Amazing As a friend of someone who elect to head to treatment it's a great book to understand what goes on there and what we have to do here We used it. It worked well! (Who would like to help an addict or alcoholic!.. groups of the addict. One type includes divorce, job loss, economic ruin, domestic violence, kid neglect, jail, cirrhosis, insanity, and ultimately, death. Very helpful advice in a difficult time This book gave some helpful tips for a family who might be considering having a family group intervention. Many thanks Jays for helping conserve lives. We used it to program an intervention for our cherished one and it worked This is the perfect book. We utilized it to program an intervention for our loved one and it worked well! An intervention isn't about begging, pleading, threatening, placating or bargaining;



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