



***The Little Red Book***  
*for Women*

Anonymous

## The Little Red Book For Women



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THE TINY Red Book For Women speaks directly to women of the 21st Hundred years who seek both restorative powers of Twelve Stage recovery and insights in to the time-honored traditions of Alcoholics Anonymous. Published in 1957, THE TINY Red Book is known as the foremost study guide to the Big Book, Alcoholics Anonymous. It features the original text of THE TINY Red Book alongside annotated passages addressing problems linked to how women encounter addiction and recovery. That's why Hazelden's fresh edition is created expressly for women. However, the initial volume, filled with practical advice for sober living, was written by two anonymous men who, presumably, regarded as their audience to be comprised predominantly, if not completely, of men. We hope THE TINY Red Book for Women opens new avenues of thought and helps the AA member arrive at his or her successful interpretation of the program. The annotations, compiled by best-selling writer Karen Casey, introduce women to the extraordinary camaraderie of Alcoholics Anonymous and the restorative powers of Twelve Stage recovery. The Little Red Book for Ladies makes frequent mention of basic matter in Alcoholics Anonymous, fourth edition.



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Wonderful book! This little book was a significant help within my step work. It blends an easy style of writing to describe the spiritual and physical disease. GOOD READ. This book is quite easy to read and in addition has some side notes for .. For Ladies in Recovery For any woman who finds the "Big Book" just a little sexist and out of date (e. There are numerous, many, many books out there about recovery by method of the 12 Steps, like the Big Book of Alcoholics Anonymous, the essential text. I've recommended it to many women, and most of my sponsees. Love it This book was just what I needed!. This book is quite easy to read and in addition has some aspect notes for females that explain or "notice" what's different for us women. It's insightful, useful and reassuring.! great recovery tool I discovered this book in a mtg in Cleveland when visiting . WHY DIDNT ANYONE TELL ME BEFORE! For me, and I get that recovery is a personal journey, this reserve is easy to identify with. Each step has a summary of the problem as well as a alternative.. thoughts about women &and then recovery.The sidenotes for women are an added bonus..), this companion book calls for her through the Twelve Actions with a more open mind and a woman's voice., "Chapter for Wives" and "women can be alcoholics, too"!g.A must-have! This book is indeed ideal for women working the 12 steps. Regardless of the program, this is very useful in understanding addiction and progressing in recovery as a woman. I recommend this book. Thanks! Reflections & great looking book Brand new, great looking book. Five Stars Useful in AA meetings for women. Very helpful Very helpfull This little may be the ideal companion to the Big Book ... This little may be the ideal companion to the Big Book. Excellent resource to use together with the Big Publication.. addiction have become helpful. I use this book a lot for reference.



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