

# THE HOME APOTHECARY

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Cold Spring Apothecary's Cookbook of  
Hand-Crafted Remedies and Recipes  
for the Hair, Skin, Body & Home

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## The Home Apothecary: Cold Spring Apothecary's Cookbook of Hand-Crafted Remedies & Recipes for the Hair, Skin, Body, and Home



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An apothecary is a skilled craftsperson who compounds natural mixtures that enhance health insurance and beauty. Put aside the modern world of tricky marketing and harmful chemical compounds and create your personal apothecary solutions. They' Plus, get influenced at your farmers'and many are made from the wholesome ingredients already in your kitchen and backyard.Inside you' market and explore seasonal quality recipes for a Pumpkin Mask, Cucumber Toner, and even more! Skin Care 101: Steps to make cleansers, scrubs, lotions and lotions, tonics, and toners for oily, dry, sensitive, or combination pores and skin— Body care dishes for homemade body scrubs, massage oil, body powder, and toothpaste· along with acne treatments, organic sunscreen, lip balm, and more· add shine, get rid of dandruff, and control thinning and volume· Locks care recipes for dried out, normal, or oily hair— Remedies for what ails you, including healing cough syrups, compresses, teas, and tinctures· ll find:· Dishes for the home, including Kitchen Sink Scrub, Drawer Refresher, and Fly Deterrent· re fresh, safe, and effective—



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This book wasn't what I was expecting, but I'm ... This book wasn't what I was expecting, but I'm still finding it very enjoyable and instructional. It was shorter than I expected, but great recipes. If you are searching for a book exclusively about essential natural oils/blending or you will want more technical/advance method of home-herbal natural treatments, then this book is not for you. Some of it really is fairly basic, but also for someone just starting out as a "Home Apothecary," that is a great choice. All of the natural elements which were found in items our ancestors utilized, with a modern day convenience. no where near possible without having to purchase some elements online. No regrets! Worth it. Beautiful book! It in fact doesn't cover just as much as I was wishing it would, but using their recipe with a few tweaks of my very own, I got a lotion to emulsify flawlessly for the first time ever! Really helpful to have a real book rather than my smartphone sitting next to the stove while I make concoctions. Suitable for a lot more than beginners This book is fantastic! Stacey has taken all the unwanted fat out of traditional organic/apothecary books and I greatly appreciate her effort. I used highlighters to tag my book up, and today quickly can find all I need to whip up a batch of whatever :) this, and the Valerie Ann Woodward reserve are my favorite essential oil books! Lots of excellent information in here Lots of excellent information in here. Think of it as today's apothecary guide. Not too bad. I had bought this along with several books on important natural oils and their uses, and expected it to become of the same variety. I was very impressed with the images in the book and some of the stage by methods make it really worthwhile. Great content Viewed at library first, great info I was looking to begin apothecary but a lot of the recipes listed are like.. not a fan. Stacey will a significant job explaining herbs, their uses and sharing her recipes with the organic community. It really is everything a beginner must understand the practical fundamentals of apothecary.. Some quality recipes will take more time to create than others, and some ingredients you'll probably have to purchase online, but there's nothing overtly complicated about anything in this book. Not what I wanted. This is a good starter book in order to make your own ... You can read with photos and explains a whole lot about making your own healthy skin care products. This is a good starter book in order to make your own recipes for skincare. like a whole lot I have a lot of herbal/apothecary books, such as a whole lot. I purchased this publication from a local spiritual/holistic bookstore near me and I am simply in love with it. This book is certainly a wonderfully thoughtful apothecary publication that I reference often, even as a seasoned apothecary. I was looking to start apothecary but most of the recipes outlined are like. I could apparent my shelves of many herbal/apothecary books to create room for this one book because of all of it's resources and information. I really like how all of the uses for each gas are shown out. I recommend this reserve to seasoned herbalists, fresh herbalists and fledgling herbalists. Done well Stacey! Ideal for Apothecary enthusiast and newbies! I am often frustrated with how they are arraigned, created and sourced.. It isn't. But for me, a relative beginner ( I really do therefore self research as a hobby but need to further educate myself more medicinally and technically), this book is the greatest of both worlds.It really is simple yet effective, addresses the basics without having to be to vague, and products actual recipes to use while a base for home projects. I became released to apothecary via the glorious wonder that is tea tree essential oil and my curiosity to understand other natural oils grew but as I did research and read additional books, a lot were too specialized with out explaining the jargon or very vague and didn't offer further information for treatments. Five Stars An excellent read. Plenty of information. Five Stars Great book Five Stars Very instructive.



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