



Dress to Fit Your
Unique Figure with the
Style System That Works for
Every Shape and Size

THE SCIENCE OF SEXY

BRADLEY BAYOU

"Bayou celebrates the beauty of all women in his book *The Science of Sexy*."—PEOPLE

"...good advice...The best aspect is Bayou's acceptance that most women
are not six-foot, 140-pound supermodels with breast implants..."—USA TODAY

Bradley Bayou

The Science of Sexy: Dress to Fit Your Unique Figure with the Style System That Works for Every Shape and Size



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Each fitting room has Bradley?with tailor-made strategies for forty-eight body types.s specific suggestions on the clothes and components to wear and prevent, and how exactly to create stability using color, scale, proportions, and fabric.A. designer Bradley Bayou provides dressed women of most shapes and sizes and knows that every woman has her own natural mix of silhouette shape, elevation, and weight.fitting areas? In The Science of Sexy, Bayou helps readers identify their silhouette form (triangle, inverted triangle, rectangle, or hourglass) and combines that information with a height/excess weight chart to find out which of the forty-eight ? Style is not about fitting into the size you imagine is sexy, it is about picking clothes that fit the body correctly and that induce balance. to visit in the book.A celebrity fashion designer gives every woman the red-carpet treatment in this foolproof information to choosing clothes that make you look fantastic? From Oprah to Eva Longoria, top L.



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Seriously, don't bother I wish I'd considered this before We wasted my money: In the event that you match one or maybe two of the ***forty-eight*** body types, that means that MOST of the information in this book will not apply to you! Out from the remainder of the information, some of it really is meant to connect with almost everyone. I recommend it to every girl! You can explain, to friends, family members, and the ever useful store workers, that an item will or won't look great based of the information you learned in the Research of Sexy. The ideas for my body type were generic at best. I have found better, more detailed advice online - free of charge. And frankly, some of the recommendations in this publication were significantly unattractive. Also, if you get a possibility, have a look at the celebrity photos. Exactly what will you see? Five Stars Probably the most concise and accurate book of body types and clothing I have found thus far. 2 Thumbs Up! Buy this book! It will change everything about the way you dress and purchase clothes. I am in my 30s. I know what looks great on me, but this reserve explained why and taught me a couple of things I did not know. The additional 85% covers everyone who's not you. There is a certain amount of confidence that comes with walking right into a store, rather than even bothering to put on the items that won't look good. Maybe. It does not try to transformation who you are or make you feel uncomfortable. There is always that super insistent person that really wants to you try or buy this one thing you know will not look good. You can now explain exactly why it will not function, and why you are not even wasting your time on it. You will also end up assessing the clothing options of individuals around you. It had been not predictable but it was an easy task to follow, and extremely easy to apply! The only things in my closet at this time are items which fit well, will last ages, and looks very good on me.P. I know exactly what to look for the present time, and I understand how to make certain the purchase will probably be worth it. For those who have a short thick waist the last thing you wish is usually a belt around it and Mr. I examine "my chapter" prior to going searching for new clothes.Warning: Only about 15% of the book will apply to you.S I discarded/donated half of my closet within 8 weeks of purchasing this book. There was hardly any reason to keep anything that did not work. Others will make you would like to photocopy the webpages relevant to their body type, and slip it under their door. Such great, timeless advice Such great, timeless advice. I had used this book out of the library so often, I finally decided to buy it and I still examine it all enough time. This book is a disappointment. I absolutely loved this publication. Bayou seems quite sincere in his desire to create all women look and feel sexy no matter what the raw material. It offers great ideas to use and clearly explains out to use them. If anything, you can become the resident design guru of your cultural circle. After the first-time, I walked in to work and everyone was really impressed how good my clothing looked! I gained excess weight and changed shape and have been struggling to figure out which kind of clothes would appearance good on my fresh physique. This reserve was the answer! That leaves just a few pages that will connect with you.I assume I'm just a hopeless non-style case. Not your goal you, the you at this time! I put the easy steps into action using what I currently had in my closet and began becoming complimented the first day time. Have you lost weight? Not my style I am beginning to think that fashion books are just not for me. big girls aren't in the back few pages, petite isn't always in the front of the reserve.) this book, "How Not to Look Old", "Nothing at all to Use" & "Style Rx". None of them seem very useful to me personally.The good points of the book is that Mr. It really is just what the everyday girl needs. He does deal with the issues of fitting plus size females. He functions from the presumption that the hourglass is the most desirable physique and demonstrates how to create that illusion.He breaks females down into 4 body types; rectangle, inverted

triangle, triangle and hourglass. Then expands these types with the addition of in height and weight to generate "dressing rooms" where you can appear at what you should be wearing to look similar to the desirable hourglass shape. I finally looked at the recommended clothes types for all your body types in my own height and fat category and understood I wasn't likely to wear a lot of anything shown. I've always considered myself as an inverted triangle/rectangle. I was in trouble at the start as we was stuck between two different and contradictory styles - rectangle and hourglass. Don't let that deter from buying the book. Bayou LOVES belts. Very useful here is how to dress to fit your total. The same corset-like waistband on dress after gown after dress, even though the celebrities will vary body types. Five Stars great book Highly Recommend when you can handle hearing, "PERHAPS YOU HAVE Lost Excess weight?" Apply this book to your life and you will hear it! Love this reserve! I always feel clueless when I go shopping and also when I dress myself. This reserve was a God-send out. It is laid out in steps that support you in finding the very best wardrobe for your current size and shape... I had so many people say, "Wow! Very useful information on how to dress to suit your total shape - not only to cover up your perceived flaws.", we began feeling self-conscious because we was thinking "How terrible do I actually look before?". I recommend this book. Anyone who has been buying with other folks knows how rough that moment can be. It aids you in shopping and dressing. The sections are blended, which makes it fun and random, i.e. I recently bought (utilized thank heavens! Some individuals will be i'm all over this.



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