

Laurie Betito

The Sex Bible For People Over 50: The Complete Guide to Sexual Love for Mature Couples



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Sex post-50 could possibly be the best ever, but it requires a different skill-set -- more conversation, longer foreplay, different positions, sexual toys and helps -- to stay hot and exciting. It also must accommodate the many physical, emotional, and social changes that happen in late middle-age. It also shows readers how to build new sexual skills by providing exercises and new ways to enjoy sexual enjoyment on their own, and with their partner. The Sex Bible FOR FOLKS Over 50 addresses common physical and sexual issues that 50+ couples encounter, and tips and solutions that are fun and exciting, like modified positions or the usage of sexual toys and helps.



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Get's your motor running... Good book that can spur in conversation between husbands and wives and/or partners. I must include, however, that after reading something over fifty percent I did so not finish. Probably what I need may be the "over 60" edition. We've recommended this to good friends. It was just OK I was longing for more concepts on things to try from an older perspective. This book gives me an improved adjustment to sexuality. Hardly a "bible". Become warned: There are graphic photos but all depicted in great taste. Great choice for all those of us that even now want to enjoy the fantastic things of life Very well done and some great information. Also it gives hopes to make use of mature people there's still sex heading on and not all is lost. Five Stars Great if you are over 50! It appears to be tastefully completed, although some people may not really just like the partial nudity included. It also speaks about all the actions of heterosexuality that occur inside our day. This publication didn't have much to provide. Where will be the Older Women with Salt N Pepper Hair? This book is well written and tasteful, but I really wanted to see couples with a variety of body shapes and sizes. Where are the mature lovers of color? Five Stars Very informative supported by research. Five Stars informative Extremely informative Devote lay men's conditions all of the queries if sex at this age and how exactly to be sensual even when the body doesn't always cooperate. We found that it had been repetitive and centered on why sex is good for older people rather than giving any new information. We have chosen to learn from the book jointly which can lead to great discussions and _____! Images also well done although some people might not like the partial nudity included This book includes a lot of information for those who want or should try to learn more about human sexuality. Thank you Thank you Four Stars Informative Repetitive filler. Or is definitely that coming along in another book?



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