

the Second Half of Life



OPENING *the* EIGHT



GATES *of* WISDOM

*Angeles
Arrien*

WITH A NEW FOREWORD BY JOHN O'DONOHUE

Angeles Arrien

The Second Half of Life: Opening the Eight Gates of Wisdom



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Your character is opened, deepened, strengthened, softened."?Jack Kornfield, PhD, writer of A Route with Heart"The Second Half of Existence is a wise, exclusive, and beautifully created guidebook for individuals who wish to live each day of their lives. A reserve for everyone who plans to grow old."?Rachel Naomi Remen, MD, writer of Kitchen Table Wisdom and My Grandfather's BlessingsWhen you discover the courage to change at midlife," Angeles Arrien teaches, a miracle happens."There exists a grace in this book, an invitation to beautiful, deep wisdom, a banquet to refresh your spirit for the years forward. You return to your soul's highest values. By mastering their lessons and gifts, you harvest this is and purpose of your life, and enter into spiritual maturity. Arrien introduces us to the Eight Gates of Initiation.Working with images, poetry, metaphors, and other forms of symbolic language from diverse globe cultures, Dr. You are now prepared to create your legacy: an imprint of your dream for our world?a dream that may fully become a reality in THE NEXT Half of Life. With THE NEXT Half of Existence, she takes you step-by-step through each gate to deepen your most valuable human relationships, reclaim your untended creative talents, and shift your concentrate from ambition to indicating to grow in to the remarkable elder you've constantly imagined you'll one day become.



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It was just the right book because of this particular time in my entire life. I am this when you see these things and are searching for answers. I read the book very gradually so I could understand what she was stating. I don't know easily have 10 or twenty years remaining of activity, or time to change my exterior options. Thank you so very much. Profound We took an online class using this book and I learned much from accepting this process of bringing jointly all the different however completely related stages of my entire life. I am happy I bought a hard duplicate. The author looks at lifestyle as a legacy, which it must be, and how to review the importance of your respective life - and to continue to grow spiritually. If this really is the second fifty percent I am loving the process and my spiritual link with God. Desire I had known after that what I understand now but then I would not be where I am would I?? A Guide To New Directions "THE NEXT Half of Life" can be used for those of us in the iffy third, as well as quarter tiny bit of existence. I have already been questioning a lot of things recently but I have today discovered that I am pretty normal. Awesome Awesome integration of so much is available! Great book! I keep ordering copies for friends who need this knowledge. I'm reconsidering, and believe it might be to embrace contemplative and crazy options. I give this as a gift for 2nd marriages, 50/60+ birthday presents, and folks facing the adjustments brought by grief, reduction, and pension. As a therapist and author, I encourage the fact that we are able to draw wisdom from smart sources. Embracing True Prosperity: Guided Visualizations & I've it on my kindle and provided the hard copy to the girls. At 66 years old it is lovely to start to see the fair young maiden alive and well within me developing to pick roses, and also the seasoned wise women navigating husband, family and friends with acceptance and love. When it comes time to be a mentor to others, this reserve will give you an easy task to follow measures to deepen interactions and purpose.. Peace in the World Begins With Each One of Us! I'll read anything written by Angeles Arrien—she actually is one of my most profound and appreciated wisdom teachers. Author shows us how.. Great person with exceptional teaching stories Great person with excellent teaching stories. I have attended her seminars also. Her function remains with you. You will not end up being sorry you listened. Insightful piece of work on midlife and beyond dynamics A gem for all those in the midlife and beyond trip and also those journeying with them. The book shares insightful cognitive maps on the struggles and gifts at different levels of the trip in a vocabulary that's both poetic and mythological. Jean Five Stars Great book! I really like her knowledge, understanding and interest for posting what she is aware of ways each one of us can help bring peace to our world by first bringing it "home" into our minds, hearts and souls.. I am nearly through second fifty percent of life at 88. My two daughters are starting at 55 and 57. I thought it had been valuable enough to have them read it. Practical Tools TO UNDERSTAND Your Deepest Dreams The Courage to Trust: A Guide to Building Deep and Lasting Relationships Feel Wiser and Life Savvy A wonderful read for those considering how to overcome the second portion of their lives as they mature. I am almost through second half of life at 88 . Too often we believe of goal setting as a contact to crazy and crazy. Five Stars Very helpful read Keep it simply by my bedside And go back to it periodically. Useful, wonderful, underlined, well used and suggested to other women "of a certain age" and introspective type. Wonderful book! It's the kind of publication where . You'll charge wiser and prepared to boost your significance to personal and others.. Or, perhaps, to drop the mask and go through brand-new gates, embracing maturing as a period for calming down. It is the kind of publication where one must consider their time to read and believe and journal, one page, one chapter at a time. Slow Read Title caught my eyesight. But Angeles also encourages the reader to consider inward change,

picking up old suggestions and operating with them. This book is crucial for anyone over 50.



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