

A doctor and caregiver discovers a  
high-energy fuel that nourishes the brain

# ALZHEIMER'S DISEASE

*What If There Was a Cure?*



**The Story of Ketones**  
MARY T. NEWPORT, M.D.

Mary T. Newport

## Alzheimer's Disease: What If There Was a Cure?: The Story of Ketones



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Functioning on new research displaying that medium-chain fatty acids, which take action like an alternative gas in the insulin-deficient Alzheimer's brain, will often reverse or at least stabilize the condition, author Dr. Newport offers demonstrated through her care for her spouse that there surely is hope, relief, and perhaps a cure. Mary T.



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A Must-Go through by everyone who has a loved one with Alzheimers Dementia! She did something about it, by researching the net and learning about any therapys that were being developed. This is essential read by everyone. Well crafted, heart-string tugging story of a health care provider who almost lost her partner to A.I cut back the carbs in my diet and added 4-7 tablespoons of coconut oil into my diet. They both had been treated for high cholesterol for many years, most likely with statin medications, which research now displays destroys brain cells and is probably a main cause of brain diseases. When you have someone you care about with A.D. Dr. This is a really important work and I wish I'd come across it before my father, who had Alzheimer's, died. This book information how wish was discovered, how the disease could be turned around (there is no money in it for Big Pharma so they aren't interested - surprise, surprise). Excellent! It was very interesting. Turning the disease around is treating it - when was the last time you heard about a cure from a doctor outside of treating an contaminated hangnail? I wasn't sure if this is menopausal, or due to having cancer 3 years ago - but it certainly made me worried. Thank you Thank you Five Stars Great reading ! Everyone should browse this reserve! This book changed how I practice drugs in relation to patients with Alzheimer's Disease. Mary Newport's tale is certainly of her husband's early onset of Alzheimer's disease which progressed extremely rapidly to a point where his end was apparent, He was in his mid 50's when this happened. you NEED this reserve. Do your own research into body fat and health insurance and you'll find that a lot of what you believed to be true has shown wrong. As she learned even more, she chanced on a niche site that informed of a ketone regimine that was displaying promise. She knew that ketones were stated in the body naturally by the liver's transforming medium chain fatty chains into ketones which in turn traveled to all parts of the body and to the brain, displacing the use of sugars in the cells and mitochondria. Mary understood that coconut essential oil is mostly manufactured from medium chains essential fatty acids and made a decision to give her spouse the essential oil in his foods. The results were actually miraculous, as right here husband's Alzheimer's symptoms lessened and he returned from the brink of full breakdown. Newport tells of her efforts to inform the world of this discovery, giving the experiences of her own hubby and those of many other people who also benefited. In another part of the publication, Dr. The last area of the book would be to much of the research being completed on causes and treatments of Alzheimer's using ketone therapy, and also research on possible factors behind the diseas - the misunderstanding of the complete carbohydrate and unwanted fat debate and how our modern society of de-natured foods and the consuming of low-fat diets, along with eating huge amounts of prepared sugars is likely the cause of numerous modern illnesses of the brain and body. This publication was the clincher for me, as my mother and sister both had Alzheimer's., but was able to bring him back from the brink with the strategies she describes in the publication. I've started taking coconut oil daily, along with cutting out all prepared carbohydrates and am already noticing some positive adjustments and results. I say Thank You, Dr. Newport! Coconut essential oil cleared my brain fog A friend told me concerning this book when We told her I was worried about brain fog, storage reduction and inability to remember people's faces. There is hope here for Alzheimers and various other type dementia victims as well as other neuropathies like Parkinsons (I know a case personally where the disease is normally turning around from a multi-calendar year downward improvement) and ALS.D. Following a week I noticed that using the Nintendo Human brain Trainer my memory check rating showed my highest score ever - a 20% improvement on earlier measurements. My brain feels clearer and I feel less spaced out. Hope established One cannot appreciate the pain and hopelessness associated to the caregivers of the victims of Alzheimers. It's becoming so crystal clear that so much disease can be resolved just by improving your diet plan. The vendor described it accurately and shipped it

promptly. Including essential fats (coconut essential oil and fish oil) and several portions of vegetables daily, and eliminating sugar and trans fat can make a big difference to your wellbeing. The very long held truth that low fat is the way to health is now being found to be completely incorrect. Your brain is made of fat and the sheaths that surround your nerves are constructed with fat, and if you are not eating any excess fat, how can they become repaired!! The wrong fats have given the good fats a poor press. We're hopeful of comprehensive recovery; Cool Pressed Extra Virgin Olive Oil is good, but most other vegetable oils are very processed and not good for your health. There exists a belief that coconut oil is bad for you - but again this is an outdated information that has been proven incorrect. The medical profession know this as premature infants are fed on supplements created from coconut oil and so are patients in intensive treatment unit who can't eat. Newport, however, couldn't simply sit by watching him disintegrate. The brand new paradigm can be that too many carbohydrates and particularly an excessive amount of refined sugar, or refined flour, is the reason for the upsurge in illhealth that people see around us. A diet plan full of fresh food - lots of portions of fruit and veggies is the way to go for improvement in wellness. Understand this book and utilize it to help others. A great book in regards to a possible cure This is a GREAT BOOK that should be read by everyone with aging family. I buy it to give away to people I care about. People do not grow healthy and strong consuming pizza, pasta and Cola. Life-changing information proves knowledge is power Existence changed from dreary outlook because of a family member's Parkinson's disorder to very much brighter outlook due to the details in Dr. Mary Newport's book about ketones for not merely Alzheimer's disorder but Parkinson's, ALS, Huntington's, and perhaps others. Several days on high quality coconut essential oil worked wonders and continues to function. Margarines, trans fats and hydrogenated natural oils are bad - which is why manufacturers are now removing them from items. knowledge is power. Excellent!.. moving story about overcoming the ravages of Alzheimer's -- GREAT information! Such a moving story about overcoming the ravages of Alzheimer's -- GREAT information!! . Have recommended this book to many so I ... There is true hope and the turning around of the disease through a common food - eliminated incidentally by the advertising of Crisco post-WW2 - coconut oil. Have recommended this reserve to numerous so I will keep mine! everybody is different. Alternative it in cooking food where additional oils are called for - consume two tablespoons a time, minimum (initially - boost intake dependant on severity of the condition but you can use it as a preventive if there's dementia in your family background) and read this reserve for guidance. However the coconut oil can not work for everybody. Actually enjoyed material, but book pages started falling out in clumps Really enjoyed material, but book pages started falling out, and I was earlier return date.



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