

DIGESTIVE WELLNESS FOR CHILDREN

How to Strengthen the Immune System &
Prevent Disease Through Healthy Digestion



Natural remedies for attention deficit disorder, constipation,
chronic ear infections, recurrent abdominal pain, irritable bowel
syndrome, asthma, food sensitivities, and more.

ELIZABETH LIPSKI, PH.D., C.C.N.

Elizabeth Lipski

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An ideal primer for all parents who are interested in learning about, and helping, their children's digestive health.



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The reserve did give the right tips about overcoming it. Lot's of good basic here is how the gi tract functions and how this may cause/affect additional health issues. It's funny because we spend alot of period on researching what kind of carseat to get or what type of educational activities are best for our child, yet we appear to not think twice about their gi tracts until it turns into a significant issue. My kid is dealing with autism thanks to lots of dietary study and the precise Carb Diet(and help from all his therapists and teachers). I take advantage of it for my kids and for us as adults. I'm recommending it to anyone I know who has gi trouble or autoimmune problems. Like any holistic type reserve it recommends all kinds of supplements, but I found that does not seem to take away from the book at all. Allergies I bought this reserve for my Grandchildren. My child has felt so much better when I did the study in this reserve and discovered what I could do to help her. Great details for parents that have kids with digestive problems. Thank you! Perfect product for kids with tummy problems. I'm hoping their allergies will be in order.. Such a different view on human health! loving this!! Lipski established fact for her reasonable cutting edge medicine. Many thanks Liz Lipski for placing so much useful details together in one place. I am not quite done with it yet, but pleased I purchased as I'll use a reference for many years to come! Just what I was looking for. Dr.. Loving this book!! I wish this may be needed reading for all parents! How can I help my unwell xhild Very informative and an easy task to follow suggestions Four Stars Great deal all around Five Stars must have for all family members. This book seems to have a good overview of everything I've read. We am both a mother and a nutritionist and I actually enjoyed it. I am a nutritionist and I actually purchased this publication with a home study test for professional continuing education credits from Helm Publishing. I have browse 100's of books on nutrition and I would not have read this easily didn't get credit for it since it didn't strike me as anything fresh or innovative but I in fact enjoy it. I am a mom and I've a son who has issues with Thrush (he is two and I am still breastfeeding).Plenty of good basic information Equally as good for adult tummies mainly because is for children's! It was not really a all inclusive list by any means and the author left out a possible cause of yeast (the reason my boy has it) and that is steel toxicity. At 7 months, they must be able to breakdown lactose but until age group three no various other sugars are digestible. Also in the publication, she claims, that until age 7 months, infants can't break down any sugar besides breasts milk. I understand she can't cover everything nonetheless it is actually a really common reason behind yeast and I was surprised it wasn't tackled. She never extended on what she designed by that. Does she mean kids can't break down fructose or sucrose, therefore they ought to avoid them, or as long as they have enzymes to greatly help. It was an extremely odd misplaced reality and I just wish she described it better.



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