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FOURTH REVISED EDITION

Attention Deficit Disorder In Adults

A Different Way of Thinking

LYNN WEISS, PH.D.

Best-selling author of ADD on the Job

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Lynn Weiss

Attention Deficit Disorder in Adults: A Different Way of Thinking



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Since its last revision in 1997, a large number of new treatments and philosophies about ADD and ADHD have met with storms of controversy and great mass media attention." Lynn Weiss cuts through the noise and gets right down to the point in a individual, caring, and professional way. Could it be an allergy? People convert to the Weiss library for a breath of fresh air on the ADD turmoil. A genetic factor? A chemical imbalance? Lynn's solution: "Who cares? Dr. The new edition not only touches on and dispels the newest clinical findings, in addition, it emphasizes the larger perspective, focusing on the humanitarian, financial, empowerment, and diversity problems facing most of us on the ADD continuum today.



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Good book THE INFO is great Good! Great Book!Lynn Weiss Ph... It ought to be noted that, in cases like this, the patient was a well educated, successful, retired 79 year old male, who had been advised, following a rather extensive check, that he had two or more traits which were attritable to Add more. You will encounter people in your life who are wired in this manner, you will have to know how to relate to them. A different way of thinking that everyone must understand.D. looks at the whole ADD issue from a new point of view. There are descriptions (and some self tests), background, medicine, options for coping with your very own, or family members' human brain wiring. It is highly interesting, but light and readable and fun.And incredibly very positive. She points out that we need to stop contacting it a "disorder" and begin thinking of it as an alternative brainstyle, one that increases results than the "normal wiring" in many situations, and is part of our species' survival diversity. I didn't get much into the book before I had been uninterested in it. Some opted for accomodation to the mundane, some opted to find where their inherent talents could business lead them without changing something about who they are. Three Stars Got this for my boy and I'm uncertain he's read it. Simply read it. Book ordered for another person Book was ordered for another person. Her points are drawn out, longer, and wordy. Anything less than that, and you can practically feel Weiss giving you sympathetic, condescending pats on the hands. Slow reading . . The hyperlink between heightened levels of creativity and several mental disorders has been made again and again - should we encourage sufferers of bipolar disorder or schizophrenia to drop their meds and rather go on a advertising campaign to educate the public about those varied lines of thinking? It generally does not read well, doesn't catch the readers interest (and really should since it's aimed at folks with interest deficit! Suggested by professional and also have not really read it myself. She presents up case histories of individuals who used various methods to match their brainstyle right into a clockwork post-industrial age group world that doesn't fit their inherent way of dealing with the universe. "Interest Deficit Disorder in Adults" for patients. Interest Deficit Disorder in Adults is a reasonably good general reference on the subject. Save your money. It does not supply the adult individual a basis for evulating path for seeking treatment. This, and Lynn Weiss's other books certainly are a must for everyone, not just those who have an ADD brainstyle. Badly written, doesn't offer very much. The author uses too many case summaries and they tend to end up being too long. I found this book to be very poorly written. The author claims to have ADD herself, however the way she writes isn't for an ADD reader.). She outlines scientific flaws in the research used to conclude ADHD is normally a neurological disorder and debunks the myths promulgated by the American Psychological Association within their ADHD pamphlet that was funded by Celltech Pharmaceuticals. Lacked real advice. Essentially it says there's nothing wrong with you when you have ADD, and that the world really should adapt to you. Not likely to happen in real life. Don't waste your money.It is thorough, insightful, rather than at all a heavy slog of a "self-help" book. Offensive and Dangerous Sure, you possess a choice, but Weiss helps it be absolutely clear what choice she would perhaps you have chose. She gives people that have ADHD a choice, permitting them to decide how they'll watch themselves and their particular style. No feed back as yet from person share with. Poor dear, you just haven't broken free of the disorder idea. Sure, ADD can have advantages. She outlines positive features of this brain style including getting "cross-disciplinary and interdisciplinary", "perceptually acute", "empathetic with the feelings of others". . Probably what this author has experienced and can be speaking to is what I'll call "ADD lite" - people that are perhaps a little rowdy, have some difficulty fitting in, but Are basically good eggs that, with a little acceptance and structure, have the desired effect. I'm not a drug pusher. A great alternate view Lynn Weiss presents a controversial but invaluable and refreshing understanding of ADHD as a different method of processing information, a unique brain trend that is neither a disability nor a medical disease. This seemed like the author's biography more than anything else - very self-indulgent. That is, to free of charge yourself from the label of disorder, and from medication, to accept the present of a nonlinear "brain style" that you've been given, and to thrive with your new attitude. They could choose to use medication or even

to invoke the People in America with Disabilities Act to allow them to thrive in conditions that aren't conducive with their global thinking design. Or they could choose to educate people that have a more linear mode of thinking, to consider and create circumstances better suitable for their way of processing information. She actually is careful never to denigrate the former choice, putting the energy back into the hands of those with ADHD. So can bipolar disorder.



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