

The background of the cover is a dark purple. It is adorned with numerous colorful paint splashes in shades of blue, green, yellow, pink, and red. In the bottom right corner, a close-up of a hand holding a paintbrush is visible, with the brush tip pointing towards the center. The title 'You're Doing What?' is written in a large, white, serif font at the top. Below it, the subtitle 'Older Women's Tales of Achievement & Adventure' is in a smaller, white, sans-serif font. At the bottom, the text 'Edited by Marjorie Penn Lasky' is written in a white, sans-serif font.

You're Doing *What?*

Older Women's Tales of
Achievement
& Adventure

Edited by **Marjorie Penn Lasky**

Marjorie Penn Lasky

You're Doing What?: Older Women's Tales of Achievement and Adventure



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Tales of creative, daring older women have existed for generations." You can find (relatively) youthful elders - the writer/teacher/poet grappling with her legacy - and older types - the non-agenarian New Englander trading (monetarily) later on. In this book, you will see females of different races, classes, and sexual orientations face various challenges and choices as they age. This wonderful assortment of first-person accounts will encourage you, regardless of age or gender, to take into account how you need to live as you get older. Luckily, unlike the ancient Athabascans, we live in a time of much longer lives and expanding opportunities for women although, certainly, many barriers persist. Like the legend, the tales in this book remind us: we tell our tales to make sense of our experiences and to point the best way to others. A loving child recounts how her mom relocated beyond a "bare and unadorned" Mississippi upbringing. A California Chicana counters her mother's denial of her Mexican heritage. A bisexual polyamorist rejects a real life her mother's. Overcoming the terrors of starvation and loss of life, the ladies survived by depending upon their discovered but previously unused abilities in hunting, fishing, and shelter-building. And there are women who refuse to succumb to disabilities - just like the retired background professor, with arthritis rheumatoid, now writing poetry. All are embracing fresh adventures and changing what this means to be an "old woman. A historical Athabaskan legend tells of two elderly females abandoned by their migrating tribe.



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Kilimandjaro. started treatment centers, learned photography, tapDancing, joined the peace corps or thought we would care for loved one. Daring, yes! Surprising and inspiring Marjorie Lasky has assembled a wonderfully diverse assortment of stories! What a pleasure to learn these women's voices, insights, and wisdom---and to find their passions and their paths. Each is surprising and inspiring. I liked this reserve and suspect you will, as well! Some launched into prison teaching, one educated herself to swim simply because a mermaid-with her legs tied jointly- for a film; Edited simply by Marjorie Penn Lasky Regent Press Berkeley, Ca There is a brand-new volume on the bookstore shelves, known as, 'You're Doing What? If I could meet up with these twenty-three, I would embrace each one warmly And if you are young, wondering about what path to take, you need to go through this to know that it isn't all mapped out and you have the wheel in your hands. These twenty-three females all possess goals, and reveal, in several pages, how they go about achieving them. Some goals revolved around overcoming a fear of a male boss, or the prevailing attitude that women should not, cannot, enter the fields of regulation, engineering or art because those belonged to males. Older women left house to find Russia, Bolivia, Senegal. Others rethought the strict definition of the word family, and place their convictions into practice, to the dismay of parents and family members. A Joyous Special event of Courageous Living If you are an older woman, you will admire, respect, laugh with, and love these women. older women empowerment Review of YOU'RE Performing WHAT? some learned to play the trumpet, the saxophone, painting or sculpting. One launched into improvised theater. Some women defied traditions and religious dictates; If you are in mid-lifestyle and feeling trapped or wondering when there is much joy or adventure forward, you need to examine this for some ideas about how exactly to shake loose and experience fulfilled. One conquered a concern with climbing Mt. Yet each of them experienced it was the right move to make. I cannot, in several paragraphs, do justice to all or any these splendid people, but I have to mention the older women involved in political activism who earned and gain battles for us. This book is wonderfully invigorating, erasing the picture of nodding granny in a rocking chair with a cat on her behalf lap, letting the world turn without noticing. It presents rather energetic, determined older females enriching their lives and improving our world. I'd welcome a volume #2, since we only met twenty-three older women who, regardless of grief, exhaustion and diminishing strength, live constructive, full lives. I'm sure there are lots of more. It's perky, eye-opening, compiled by and about daring previous women.



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