

VIRGINIA SATIR

YOUR
MANY
FACES

THE
FIRST STEP
TO BEING
LOVED

New Foreword by Mary Ann Norfleet, PhD

Virginia Satir

Your Many Faces: The First Step to Being Loved



[continue reading](#)

Every one of us has a medley of "faces" that composes our individual character: intelligence, anger, love, jealousy, helplessness, courage, and more. This new edition also includes a compelling foreword by Mary Ann Norfleet, PhD, which explores Satir's pioneering methods to psychology and her enduring legacy in neuro-scientific family therapy. Originally created in 1978 by renowned psychotherapist Virginia Satir, the timeless classic *Your Many Faces* provides been up to date and reissued—and in doing so, open up an environment of options for ourselves. In a refreshingly candid style, Satir will take us on a lively and insightful journey of self-discovery and transformation. We figure out how to acknowledge, understand, and manage our many faces—and is really as relevant today as ever. We're frequently quick to judge these characteristics as either positive or unfavorable, without recognizing that we need all of them to be remembered as fuller, more balanced humans.



[continue reading](#)

We loved how Satir told about the faces we've in a theatrical character! they could prevent so much misery later in lifestyle by learning early on how to end up being themselves responsibly and with contentment. Her "People Making" might be a better choice. Your Many Faces I am building a library and I love to study about people which means this book was a must for me. In the World of Virginia Satir If you are looking for a brief book to understand about Satir's theories, that is it. but this may not be the best place to start This book was skimpy and the information provided was not out of the ordinary. This book rocks !! Everybody should browse this book! Her vibrant wording and inventive ideals on family therapy is actually shown in this publication. An excellent read for someone entering counseling. A.S Loved it. I would recommend everybody to learn it. Four Stars Good book Excellent This brief book has an excellent framework for diving into the many sides of our self identity and initiating a process of self acceptance. Playful writing style. Easy to read. This book gives a nice picture of her work. It's short and readable. Her writing style here's playful and an easy task to follow and understand. Should be read by everyone! We instructors tend to inform the coachees about the faces we've but this theatre is an extremely good metaphor to embrace all. Really hit home about how exactly we each possess different faces for particular people, places, etc. Clear to see, and I'm sure everyone who reads it will have their own "aha!". The wonderful illustrations have been removed from this edition The wonderful illustrations have already been removed from this edition.." second! Virginia Satir is really worth reading and talking about, but it isn't really the best place to start out, among her functions. This would be great for senior high school seniors to read. The book is usually awful without them. So unfortunate. Don't purchase this edition! I especially liked what she said about stopping becoming people pleaser and become true to yourself.



[continue reading](#)

download free Your Many Faces: The First Step to Being Loved e-book

download Your Many Faces: The First Step to Being Loved mobi

[download The Cancer-Fighting Kitchen: Nourishing, Big-Flavor Recipes for Cancer Treatment and Recovery djvu](#)

[download The Gluten-Free Almond Flour Cookbook e-book](#)

[download The Allergen-Free Baker's Handbook fb2](#)