



The Awakening of a Surgeon

A Life of Prevention, Health, and Hope

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a giant on the front lines of health-care delivery

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Nearly two million accidental injuries will maintain recreational softball games and baseball video games. The Awakening of a Doctor outlines 20 strategies that can be implemented atlanta divorce attorneys community to drastically reduce the possibility of injury and loss of life.Sports-related injuries have grown to be a open public health epidemic. Nearly all these accidents are preventable. Twelve million student athletes are affected a sports-related injury this year.



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His book is easy to read, extremely interesting and insightful into big problems in health care, and is definitely 100% from the heart. From Dave Janda's spiritual awakening as he holds the limp body of his girl in his arms, Janda makes a deal with higher powers to pursue preventative sports activities medicine in exchange for the recovery of his daughter. Countering the frustration Janda faces in his advocacy and coping with HMO's, Janda proposes an 8 point national health care reform highlighted by his radical proposal of medical savings accounts. Janda reveals the astounding issue of convincing the establishment to adopt preventative measures based on the independent study and data from scientific studies developed by his institute. atonish others Dr Janda performed medical procedures on my should a year or two ago. Janda's encounters with public numbers and his humorous anecdotes, which reveal both the character and support of his close knit family members and provide an insight to the dedicated surgeon's drive to advantage mankind, illuminate the data he reveals in his research. The Awakening of a Cosmetic surgeon details the development of Janda's vow to research and promote sports damage prevention, reports his studies, and an inspirational and witty chronicle of this dedicated physician's endeavors to spread his avoidance message to policy makers: politicians, educators, sports equipment manufacturers, health care providers, insurance executives, and most importantly, the common man and soccer moms. Anyone frustrated with the limitation of his very own current HMO will benefit from considering Janda's solutions. When the reader places the book down, they have gained details to empower themselves and their communities to significantly reduce unnecessary injuries that are happening in epidemic proportions in the united states. good overview of the sports world I was very surprised to learn so lots of the sports companies are positioning stumbling blocks before those who want to prevent injuries. As you experience Dr. Glad he is a Dr in Michigan. David vs. I expected The Awakening of a Cosmetic surgeon: A FAMILY GROUP Guide to Preventing Sports activities Injuries and Death by Dr.. Goliath This true to life David versus Goliath story can make you cry, laugh, and then MAD! He teamed up with a manufactuer who then didn't promote the product. All doctors should be like him. The awakening of a surgeon I thought the reserve was extremely inspirational, it really shows us what accurate passion and dedication to your ideals can bring. Janda happens to be my doctor. I've always enjoyed and respected him, after reading his publication, I respect him even more. It has potential... He had a group of volunteers record the accidents due to sliding over a two calendar year period.. David H. Don't get me incorrect, there are some quite interesting topics he discusses (ie, dealing with lawsuits and the struggles of conducting brand-new prevention analysis), but there's irrelevant details that drag on and nearly ruin his stories.As a physical education teacher of 31 years and somebody who coached varsity sports activities for 24 of those years, I cannot recommend The Awakening of a Cosmetic surgeon enough.. This book provides insight to Dr. Liked the book. Janda's trip of establishing his prevention research clinic. Janda to become technical, dry and boring. Roger spent another eight years attempting to create a breakaway base that could reduce the chance of injury.While doing his residency in orthopedic surgery, Dr. Janda found that nearly all baseball and softball accidents came about by players sliding into bases. Many of these injuries were due to stationary bases. It is one of the hardly any independent research groups that focus solely on prevention and is not funded by sporting great companies. He convinced the University of Michigan to displace six of their fields with stationary bases, and the various other six with the brand new breakaway bases. I purchased this publication for a course assignment, and that would probably end up being the only way I'd read it again. Often there is a conflict of interest.! This helped result in his founding The Institute for Preventative Sports activities Medicine. He

researched various breakaway bases, and found a arranged that he thought would end up being very much safer. What I get alarming is Janda's conviction that nobody is much thinking about preventing sports activities injuries--from sporting good companies to insurance companies to schools and communities. Amazingly, most baseball and softball leagues (from professions to amateurs) refused to start out utilizing the breakaway bases despite Janda's research. By the end, the outcomes were amazing! "The National Operating Committee for the Protection in Athletic Equipment (NOCSAE), [is] a business funded by the shoe manufacturers." Needless to say they're not going to rule against equipment manufactured by their sponsors. Janda ponders that unsafe and defective automobiles are required to be recalled, but "Why aren't shoe manufactures at the mercy of the same standards?" Janda also provides plenty of autobiographical information about his childhood, his schooling, his family members, and how he became interested in medication. He also spends enough time discussing his efforts in the area of prevention. There are also several appendices at the end that are helpful to parents by covering such topics as Preventing Soccer Injuries, Playground Security, Dehydration, Swimming and Water Protection, Preventing Baseball and Softball Injuries, and a Avoidance Checklist--just to mention a few. Engaging, readable, but very alarming. Always do ideal. This will gratify some & From research of the extremely effective break-away bases, moderately effective helmets and face guards, and the harmful heading practices in children's soccer, to the actually dangerous gentle baseballs and upper body protectors, Janda's info and suggested solutions are invaluable understanding for every responsible parent with a child interested in sports. He's a remarkably talented and caring specific who's extremely passionate about helping others by avoiding sports activities injuries. Sports Injury Avoidance: Empower Yourself! The tale of Roger Hall (inventor of the Lego type breakaway baseball / softball base) is normally amazing for both his difficulties and persistence. Roger dropped a friend following a freak sliding injury resulted in death (because of complications). Well, was I amazed to get it engaging, very readable but also, extremely alarming. When he finally acquired a working design, he found he could not manufacture and marketplace the bottom himself. worth the browse. I about next time I discover him: initially entertaining the idea for even a short second that he previously a prayer of taking sliding out of softball. Awakening of a Surgeon This is an important book for parents and weekend sportsmen, an inspirational book for anybody who has ever believed in or fought for a cause, and an excellent story for almost everybody. It is also a good mystery: why haven't the recommendations of Dr. Janda and the Institute for Preventative Sports activities Medicine been widely implemented nationally? It seems like a smart choice: the recommendations don't appear to hinder the pleasure of the sports, they have been which can dramatically reduce injuries, and they greatly reduce health care costs. The recommendations seem to make everybody happy. What's the issue? Read the book to find out. I might be prejudiced because Dr. Janda saved my arm, but I loved this book and so provides everyone to whom I've given it. I even have something to tease Dr. Then broke ties with this producer and tried to really have the bases produced overseas, however the original manufacturer blocked the tooling to generate the bases. Wish he continues his function and may make progress.. Accidents were reduced by 96% and cost of treatment reduced 99% with the breakaway bases. Very interesting lifestyle and research. Janda's lifestyle from that minute in the emergency with his daughter's life on the line, through the formation and development of the Institute for Preventative Sports Medicine, you will feel his intense passion for preventative measures in every sports related actions. Your anger will type through his dealings with sporting goods manufactures and insurance firms to implement precautionary measures. Being a former employee of a large HMO insurance

company, in addition to a two-time individual of Dr. Janda's, this book details the struggles that I have experienced individually in fighting the bureaucracy with incredible accuracy. Dr. Dr. Janda has worked tirelessly for a trigger he believes deeply in and his enthusiasm rings out in every chapter.



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