

Mandy Aftel

Scents & Sensibilities: Creating Solid Perfumes for Well-Being



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Explore the world of natural aromas and find out their profound influence on emotional wellobtaining, from relieving stress to improving sensuality.aftelier. Aftel has generated custom made scents for top celebrities like Kate Hudson and Madonna, and offers been featured in periodicals such as Vogue, O and Vanity Good.com. Mandy Aftel may be the founder of Aftelier, through which she creates one-of-a-kind perfumes for folks and personal labels. Aftel also tells how to pick the right containers to shop scents, from classic boxes to jars. "Smelling her extraordinary assortment of natural oils had taken me to beautiful locations... the fragrance that Aftel blended solely for me is full of citrus and natural fragrances that complement my culinary lifestyle. Her website can be found at www. Step-by-step instructions along with helpful photographs get this to book simple and easy to make use of, and explain basic tools necessary for getting began, such as beeswax, a sizzling plate, and a grater. Ms. Aftel is also a counselor and the writer of three previous books, including Essence and Alchemy. She lives in Berkeley, California." -Alice Waters, owner of Chez Panisse restaurant in Berkeley. Renowned perfumer Mandy Aftel shares everything you need to know to create individualized handmade solid perfumes. She explains the science of "top," "middle," and "foundation" notes, and discusses the subtleties of fragrances that will unlock the secrets to locating the ideal perfume for each and every individual.



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Its alright Mandys other book is a 5 celebrity read, but this book is sub par. Yes, and. But I believe this just must have been published as a pamphlet or an e-reserve. I gave it 3 stars because it may have value to a newbie. Cute book but. Basically, you don't need an enormous collection of eos and ab muscles to complete these quality recipes. Fine, but very brief This is an extremely small book. It's 93 pages (not counting a list of merchants in the trunk), with large margins, fairly large print, plenty of large illustrations, and the pages are just about 5 or 5 . 5 inches square. It's type of such as a novelty child-sized espresso table art publication. Alchemy. I examine it in one short sitting, and even though I consider myself a beginner where natural perfumery can be involved, pretty much everything in this publication l had already found online. If anyone knows of any books that are full of great perfume dishes please share!That said, there's certainly nothing wrong with the book's contents or the quality of the editing and binding, and I will have a look at Mandy Aftel's other books hoping of getting a more substantial meal. And it's really my fault that I didn't focus on the info on dimensions, web page count, etc. I like this little publication. If you're new to natural perfumes and have no idea how to make a solid perfume, you might find this book helpful. Once you learn anything about aromatherapy or perfumery, its not necessary these recipes, so buy the book for its wonderful aesthetic graces, rather than its formulae or other content. A Charming but REALLY SMALL Book For those who have Essence & Alchemy, you do not really need this book, although I'm happy to personal this one, as well. I love the countless photos and the lush binding and the overall aesthetic disposition of the publication.. Alchemy, but it's provided somewhat differently in this book). Great to begin with rather than overwhelming. However, the book is badly edited. Alchemy, but in it she still advises the use of of cold-pressed citrus oils (I'm guessing Mandy Aftel hadn't, at that time her books were written, heard about phototoxicity), so before you use any of the recipes in this book, research your options and find out about the cautions connected with essential oils. As for the perfume recipes, there aren't that lots of of them, and the essential recipe for the beeswax and jojoba base is equivalent to the one given essentially &The content is fine, and the book was priced inexpensively, but I wish I had realized just how small and brief this book was. If you literally know nothing about perfumes and are averse to using the internet, this book will be good for you. One thing I have to mention, if you are a newbie and have only a little collection of the basic essential natural oils and absolutes, you'll be happy, as the substances utilized are few, and each recipe could be tweaked.. Information in this publication is useful. This is a cute little book but I was hoping for some great perfume recipes. I wish someone would make a reserve that has only recipes and instructions in it. This is actually the third book I've bought hoping of it being truly a recipe reserve. I'm pleased I didn't spend a lot of money on it. There is a section on the history of solid perfume that is ridiculously brief.! Might have been worthwhile to have had a quality editor. This is a little book, but includes a lot of good inforamtion for a beginner to start making solid perfumes, We haven't MADE anything from it yet But I plan on making a few of the dishes! It's a great short read, in the meantime, and the instructions SEEM an easy task to follow, and are really common-feeling. Plus it's such a adorable tiny book, I can't help but love it! Five Stars an extremely pretty book Well done A charming little book that is ideal for the budding perfumer. It goes over what the different 100 % natural ingredients are and where they're in nature. Still I loved it. Have a look at her other publication, Essence and Alchemy. Scents &.. that Amazon provides. It had been a bit simplistic for me personally at this point with time having taken Mandy's in studio workshop. It also tells you step by step instructions on how to make your personal solid perfumes to put them in lockets, or whatever

container you need to use. Simple, to the point, with websites in the back of the reserve on where to order things. Also has great photos to help you out. Three Stars good tips on solid perfume and a little history introduction. But too short. Basic information that may be found quickly online and as a skilled perfumer I found absolutely nothing new... I also enjoyed the annals sections, where she speaks of balms and perfumes in antiquity (some of which is essentially & Sensibilities is slightly more safety-conscious than Essence & small book but super informative!



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